# Purpose

University of Idaho Extension offers the Master Food Safety Advisor Program (aka Master Food Preserver) to teach participants how to safely preserve high-quality foods. After completion of the coursework, participants work with the community to complete their volunteer time (see Phase 2 – Volunteer Service). This is a great opportunity to share your knowledge.



# Who Can Apply?

- Anyone with an interest in food preservation and food safety
- Anyone with little to no food preservation experience
- Anyone interested in expanding and sharing their knowledge with others
- Anyone who enjoys being involved in their community
- Residents who live in Ada, Adams,
   Canyon, Elmore, Gem, Owyhee, Payette,
   Valley, or Washington Counties

# Training Phases

Phase 1 – Attend Each Educational Session
Bridget Morrisroe, Family & Consumer
Sciences Extension Educator, and Nikki
Telford, Family & Consumer Sciences Program
Coordinator, will teach the 7-week course in a
lecture format using videos and hands-on
preservation labs to enhance your learning
experience. Demonstrations are taught by our
Advanced Master Food Safety Advisors.
Homework and readings are assigned to
prepare you for the following session.

### **Topics include:**

- Canning Acid Foods (Fruits and Tomatoes)
- Canning Low-Acid Foods (Meats and Vegetables)
- Jams, Jellies, and Preserves
- Pickling
- Dehydration
- Food Safety
- Freezing Methods
- Teaching Tips and Aids

### Phase 2 – Volunteer Service\*

Participants are required to complete 30 hours of volunteer service, which can be completed in their county of residence. Opportunities include answering food safety questions via phone, assisting with and/or teaching classes, staffing booths, and making displays.

Where and When: The course is offered weekly on Tuesdays at the UI, Ada County Extension office. Classes start end of January.

# Certification

Participants are certified as University of Idaho Extension Master Food Safety Advisors when they have completed the 7- week course and 30 hours of volunteer service. Participants can recertify for the Advanced Master Food Safety Advisor Program in January of the following year.

# When Should I Apply?

A limited number of applicants are accepted each year on a first-come, first-served basis. An application will be mailed or emailed to those who complete this form.

### **Application deadline:**

January 6th 2026



Cost – \$95 (with volunteer time)

\$95.00 fee includes a handbook, additional reference materials, food, lab supplies, and 40 hours of instruction time with hands-on labs

\*If participants are unable to complete the 30 hours of volunteer service or if you choose to complete only phase 1, participants will be charged an additional \$300.00 (\$395.00 total). Preference will be given to individuals interested in completing both phases.

# Please send me an application for the Master Food Safety Advisor Program. Class fee is collected after your application has been submitted and your application has been approved.

Name	Day Phone
Address(	CityZip
Email (please print clearly)	
Mail, call or email us to request a MFSA Application:	
Mail: Master Food Safety Advisor Program	Email: ada@uidaho.edu
University of Idaho Extension, Ada County	<b>Phone:</b> (208) 287-5900
5880 Glenwood Street	
Boise, Idaho 83714	
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## **Questions? Contact Us**

**UI Extension, Ada County** Nikki Telford **FCS Program Coordinator** 5880 Glenwood Boise, ID 83714 (208) 287-5900 ntelford@uidaho.edu

The University of Idaho is an equal opportunity/affirmative action employer and educational organization. Persons with disabilities have the right to request and receive reasonable accommodations. Please complete this form to assist in evaluating the request at least two weeks prior to the event. Accommodation applications cannot be approved without supporting documentation. Submit this electronic request form by sending the application (https://bit.ly/UIExtensionRequest) and documentation to Center for Disability Access and Resources, 875 Perimeter Drive Moscow, ID 83844, cdar@uidaho.edu,

Phone 208-885-6307, Fax 208-885-9404.



# Learn or Enhance Your **Food Preservation Skills**



### Taught by:

**Bridget Morrisroe, FCS Extension Educator** Nikki Telford, FCS Program Coordinator

Education Outreach through Volunteers