

5-Year Crop Rotation

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Compiled from Eliot Coleman.

Planting Beds by Families

H = heavy feeder L = light feeder

H	brassicas: Brussel sprouts, cabbage, broccoli, cauliflower, kale, radish
L	root crops: carrots, parsley, celery, parsnips
H	onion crops: onions, leeks, garlic, scallions, shallots
L	legumes: peas, beans
H	fruit crops: tomatoes, peppers, eggplants, potatoes
H	vine crops: melons, cucumbers, squash, pumpkins
L	beet crops: beets, chard, spinach
L	greens: lettuce, pak choi
H	grains: corn

Yields Are Improved When:

- potatoes are followed by corn
- corn is followed by cabbage family crops
- cabbage family crops are followed by peas
- peas are followed by tomatoes
- tomatoes are followed by beans
- beans are followed by root crops
- root crops are followed by squash/potatoes
- onions are followed by squash

Five Year Rotation of Vegetables

