

CURRICULUM VITAE

University of Idaho

NAME: Johnson, Shelly L.

DATE: November 1, 2022

RANK OR TITLE: Professor/Family & Consumer Sciences Extension Educator

DEPARTMENT: University of Idaho
College of Agriculture and Life Sciences
Northern Extension

OFFICE LOCATION: University of Idaho Extension,
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DATE OF FIRST EMPLOYMENT AT UI: September 1, 1999

DATE OF TENURE: July 1, 2005

DATE OF PRESENT RANK OR TITLE: July 1, 2015

EDUCATION BEYOND HIGH SCHOOL:

Degrees:

M.S., 1998, Health and Human Performance, Health Promotion, University of Montana - Missoula, Montana.

B.S., 1995, Health and Human Performance, Exercise Science, University of Montana - Missoula, Montana.

Additional Coursework for Credit:

Food Preservation, FCS 404, University of Idaho, 1 credit 2006.

Certificates and Licenses:

National Institute of Health, Protecting Human Research Participants Certification (#764078), 2005-current.

Tufts University StrongWomen™ Stay Young/Strong Bones Program certified instructor, 2007-current.

Fit & Fall Proof Training and Certification, 2007-present.

ServSafe Instructor for National Restaurant Association Education Foundation, 2005-2009.

EXPERIENCE:

Teaching, Extension and Research Appointments:

Extension Professor, University of Idaho. Major responsibilities include nutrition, obesity prevention, health, wellness, and food safety educational programming. This includes assessment and development of programs within Kootenai County and Northern District. District responsibilities include Eat Smart Idaho administration. 2015-present.

Extension Associate Professor, University of Idaho. Major responsibilities include nutrition, health,

wellness, and food safety educational programming. This includes assessment and development of programs within Kootenai County and Northern District. District responsibilities include SNAP-ED Administrator, Senior Extension Nutrition Program Administrator and EFNEP Administrator. 2005-2015.

Extension Assistant Professor, University of Idaho. Major responsibilities include nutrition, health, wellness, and food safety educational programming. This includes assessment and development of programs within Kootenai County and District I. District responsibilities include SNAP-ED Administrator and Senior Extension Nutrition Program Administrator. 1999-2005.

Graduate Research Assistant, Physician Compliance to the American Diabetes Association's Standards of Care, University of Montana, Missoula, Montana, 1997-98.

Graduate Research Assistant, Effects of Physical Exertion on Bone Density in Wild-land Firefighters, University of Montana, Missoula, Montana, 1997.

Graduate Teaching Assistant, Health and Human Performance, University of Montana, Missoula, Montana, 1996-97.

TEACHING ACCOMPLISHMENTS:

Areas of Specialization:

Nutrition,
Physical Activity and Health,
Health Promotion

Interns Advised:

University of Idaho Dietetic Student, 180 hours, Jessica Carter. Fall 2022.

University of Idaho Student, Summer Intern – Jenna Gardiner. Summer 2022.

North Idaho College Student, Summer Intern – Emma Hoit. Summer 2022.

University of Idaho Dietetic Students, 125 hours each – Rebecca Klæui and Jenna Ostrom. Fall 2021.

University of Idaho Dietetic Students, 30-60 hours each – Moscow and Coeur d'Alene based students, Fall 2021.

University of Idaho Dietetic Student, 400 hours – Anna Humphrey, Summer 2021.

University of Idaho Dietetic Students, coordinated community nutrition presentations for 11 students, Venture High School, Boys and Girls Club CDA and Post Falls, in person, videos and zoom presentations, September 8-November 20, 2020.

University of Idaho, Community Nutrition Supervised Practicum, 80 hours each– Emily Maus and Sarah Michaels, Fall 2020.

Eat Smart Idaho Summer Intern, CALS Funding, 400 hours each – Kara Story and Kantrell Fulton, Summer 2020.

University of Idaho Dietetic Students, coordinated 70 community nutrition presentations for 8 students, September 3-November 21, 2019.

University of Idaho, Community Nutrition Supervised Practicum, 80 hours each– Kayla Lutz and Kayla Patarini, Fall 2019.

Eat Smart Idaho Summer Intern, CALS Funding, 400 hours each – Kara Story and Kantrell Fulton, Summer 2019.

University of Idaho Dietetic Students, coordinated 77 community nutrition presentations for 10 students, September 5-November 16, 2018.

University of Idaho, Community Nutrition Supervised Practicum, 80 hours each– Katie Akin & Dana

Kujala, Fall 2018.
Eat Smart Idaho Summer Intern, CALS Funding, 400 hours each – Kara Story and Sophia Dunlop, Summer 2018.
Eat Smart Idaho Youth Intern, 100 hours – Blake Presnell, Summer 2018.
University of Idaho Dietetic Students, coordinated 62 community nutrition presentations for 9 students, November 6-17th, 2017.
University of Idaho, Community Nutrition Supervised Practicum, 80 hours each– Patrick Anderson & Cady Hunt, Fall 2017.
Eat Smart Idaho/4-H Food Smart Families Program, National 4-H Council, 375 hours each – Colin Whitaker and Cady Hunt, Summer 2017.
Horticulture, Eat Smart Idaho, & 4-H Internship, 360 hours, - Mikaya Owens, Summer 2017.
Eat Smart Idaho/ 4-H Food Smart Families Program, National 4-H Council, 200 hours – Blake Presenell, Summer 2017.
Coeur d’Alene High School, Senior Project, 40 hours – Lexie Bond, 2017.
University of Idaho, Community Nutrition Supervised Practicum, 80 hours each– Annette Anderson & Becky Garrison, Fall 2016.
4-H Food Smart Families Program, National 4-H Council, 375 hours each – Liz Bumstead and Maranda Helland, Summer 2016.
4-H Food Smart Families Program, National 4-H Council, 80 hours – Blake Presnell, Summer 2016.
Coeur d’Alene High School, Senior Project, 40 hours – Kelsie Mattis, 2016.
University of Idaho, Community Nutrition Supervised Practicum, 45 hours each– Angelina Ely & Shae Carson, Fall 2015.
4-H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, 375 hours each – Shae Carson and Christy Johnson, Summer 2015.
University of Idaho, Community Nutrition Supervised Practicum, 45 hours – Kimi Packer, Fall 2014.
4-H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, 375 hours each – Ashley Eachon and Jackie Amende, Summer 2014.
University of Idaho, Community Nutrition Supervised Practicum, 45 hours each – Alicia Willms and Rebeka Hampton, Fall 2013.
University of Idaho, Community Nutrition Supervised Practicum, 45 hours – Rebecca Slagg, Fall 2012.
University of Idaho, Community Nutrition Supervised Practicum, 90 hours each – Alex Kolva and Kelsey Vaughn, Fall 2011.
University of Idaho, Community Nutrition Supervised Practicum, 90 hours each – Elizabeth Beechler and Candace Epps, Fall 2010.
University of Idaho, Community Nutrition Supervised Practicum, 90 hours each – Michelle Alexander and Whitney Ferhinger, Fall 2009.
University of Idaho, Community Nutrition Supervised Practicum, 90 hours each – Sarah Hansen and Clare Zamzow, Fall 2007.
University of Idaho, Community Nutrition Supervised Practicum, 90 hours – Tarah Boerner, Fall 2006.
University of Idaho. Community Nutrition Supervised Practicum, 90 hours – Katie Forsmann, Fall 2005.
University of Idaho. Community Nutrition Supervised Practicum, 90 hours – Emilee Kulin, Fall 2004.
University of Idaho, Community Nutrition Supervised Practicum, 90 hours – Tamara Smith, Fall 2003.

Counseling:

Diabetes Management, eight one-on-one consultations with 3 participants totaling 16 hours. Coeur d’Alene, ID. 2014.
Homebound Senior Assistance, three one-on-one consultations with 3 participants totaling 6 hours. Coeur d’Alene, ID. 2013.
Diabetes Management, twenty-five, one-on-one consultations with 8 participants totaling 48-hours. Coeur d’Alene and Post Falls, ID. 2011.
Diabetes Management, twenty-three, one-on-one consultations with 7 participants totaling 46-hours. Coeur d’Alene and Post Falls, ID. 2010.

Diabetes Management, six, one-on-one consultations with 2 participants totaling 12-hours. Coeur d'Alene, ID. 2009.

Diabetes Management, twelve, one-on-one consultations with 6 participants totaling 30-hours. Coeur d'Alene, ID. 2008.

Diabetes Management, twenty-three, one-on-one consultations with 9 participants totaling 40-hours. Coeur d'Alene, ID. 2007.

Diabetes Management, thirteen, one-on-one consultations with 9 participants totaling 30-hours. Coeur d'Alene, ID. 2004.

Materials Developed:

Workbooks, Manuals:

Johnson, S. and K. Gardiner. Revised 2005. "Building a Healthy Me" curriculum for K through 6th grade youth– adapted from USDA's TEAM Nutrition Curriculum, the Idaho Dairy Council, and Wellness in the Rockies curriculum. Educator background information, class design and hands-on teaching activities developed to be used as District 1's Extension Nutrition Program's Youth Curriculum.

Gardiner, K. and S. Johnson, 2005. "Eating Right Is Basic" Michigan State University curriculum revised to adapt USDA's MyPyramid and 2005 Dietary Guidelines for Americans. Curriculum has been submitted to Michigan State University.

Johnson, S., J. Peutz, and M. Raidl. 2003. "Healthy Eating with Diabetes" curriculum adapted from American Diabetes Association handouts, the Idaho Plate Method, and University of Idaho's The Healthy Diabetes Plate curriculum.

Video Productions:

Johnson, S., Ginis, M., and Valtierra, C. TikTok Eat Smart Idaho Recipe Videos, 90 created, 2021.

Johnson, S. E. Maus, J. Jensen, and A. Shaw. Think your Drink.

<https://www.youtube.com/watch?v=5fQ-eIX-CQU>

Johnson, S. S. Michaels, K. Story, and N Goetz. Eat to Compete. <https://youtu.be/LttAV5RQLN0>

Johnson, S. J. Dunham, E. Khoj, and K. Story. Careers in Dietetics.

https://youtu.be/NBQd5_OgR4M

Johnson, S. E. Maus, and S. Michaels, *Eat Smart Idaho in the Kitchen*, 18 TikTok recipes videos to coordinate with Change for Change projected an Firefighter Wellness Calendar, posting monthly, 2020.

Johnson, S, E. Comer, B. Garrison, A. Roe, K. Gardiner, *Eat Smart Idaho in the Kitchen, Jicama Salad*, May 2018, <https://www.youtube.com/watch?v=mpEonm2SZYA>.

Johnson, S, E. Comer, B. Garrison, A. Roe, and K. Gardiner, *Eat Smart Idaho in the Kitchen, Family Taco Night*, May 2018,

<https://www.youtube.com/watch?v=7jQQmAXZbIA&t=12s>.

Johnson, S, E. Comer, B. Garrison, A. Roe, and K. Gardiner, *Eat Smart Idaho in the Kitchen, Roasted Asparagus*, May 2018, <https://www.youtube.com/watch?v=of8Q7picWj0>.

Roe, A, E. Comer, Johnson, S, E. B. Garrison, and K. Gardiner, *Eat Smart Idaho in the Kitchen, Eat Smart Idaho is Here For You*, May 2018,

<https://www.youtube.com/watch?v=4qvmTunIHK4>.

Roe, A, E. Comer, Johnson, S, E. B. Garrison, and K. Gardiner, *Eat Smart Idaho in the Kitchen, Why Eat Smart*, May 2018, <https://www.youtube.com/watch?v=L3NMBd5rjbs>.

Johnson, S, E. Comer, B. Garrison, A. Roe, K. and Gardiner, *Eat Smart Idaho in the Kitchen, Roasted Broccoli*, May 2017,

<https://www.youtube.com/watch?v=Cuw2IMJ3FW8&t=19s>.

Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge All-School Assembly. May 30, 2014.

Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge Promotional iMovie Trailer. All-School video. May 2014. Five videos for 1-5th grade. April 2013.

Displays and Posters:

- Johnson, S. A. Shaw. The Health Benefits of Probiotics. University of Idaho Dietetics Project. 2020.
- Johnson, S. N. Goetz. Fast Food Eating, Comparing the Choices.. University of Idaho Dietetics Project. 2020.
- Johnson, S. J. Jensen. Division of Responsibility. University of Idaho Dietetics Project. 2020.
- Johnson, S. J. Dunham. How to Choose the Best Cooking Oil. University of Idaho Dietetics Project. 2020.
- Johnson, S. S. Michaels. The Latest on Sugar Substitutes. University of Idaho Dietetics Project. 2020.
- Johnson, S. K. Story. Are High Protein Diets Safe?. University of Idaho Dietetics Project. 2020.
- Johnson, S. E. Khoj. Do Fasting Diets Really Work? University of Idaho Dietetics Project. 2020.
- Johnson, S. K. Story. Plant Based Diets. University of Idaho Dietetics Project. 2020.
- Johnson, S. E. Maus. Mindful Eating. University of Idaho Dietetics Project. 2020.
- Johnson, S. Think your Drink Display, Murray Group, July, 2019, John Brown Elementary, October 9, 2019.
- Johnson, S. Healthy Food Drive Display, Ponderosa and Mullan Trail, May 2019.
- Johnson, S. Healthy Food Drive Display, Hayden Meadows Elementary, November 2018, 2017, November 2016, November 23, 2015, November 25, 2014, November 26, 2013.
- Johnson, S. Day of Hope Poster on Eat Smart Idaho, September 6, 2014.
- Johnson, S. Back to School: Breakfast, developed for Quick WIC, 2013.
- Johnson, S. Back to School: Lunch, developed for Quick WIC, 2013.
- Johnson, S. Meals with Help from Kids, developed for Quick WIC, 2013.
- Johnson, S. Eating Outdoors: Handling Food Safety, developed for Quick WIC, 2013.
- Johnson, S. Healthy Meals in Less Time, developed for Quick WIC, 2013.
- Johnson, S. Now Serving Slow Cooker Meals, developed for Quick WIC, 2013.
- Johnson, S. Fast Food vs. Scratch Cooking, developed for Quick WIC, 2013.
- Johnson, S. Microwave Cooking: Fast & Nutritious, developed for Quick WIC, 2013.
- Johnson, S. Spend Smart, developed for Quick WIC, 2012.
- Johnson, S. Rethink Your Drink, developed for Quick WIC, 2012.
- Johnson, S. Food Safety for Seniors, Loyaltan Retirement Village, February 17, 2011.
- Johnson, S. Germ City Display. Coeur d'Alene High School Safety Fair, Coeur d'Alene, ID., April 18, 2009; Mullan Trail Elementary Family Fun Night, Post Falls, ID., February 20, 2009; Day of the Child, Harding Center, Coeur d'Alene, ID., April 26, 2007; Safety Day, Coeur d'Alene High School, Coeur d'Alene, ID., March 10, 2007; Mountain States Early Head Start, Coeur d'Alene, ID., November 14, 2006; Noxious Weed Department, Coeur d'Alene, ID, May 24, 2006; UI Coeur d'Alene Center, ID, December 19, 2005; Kootenai County Wellness Fair, Coeur d'Alene, ID, September 14, 2005; North Idaho Fair, Coeur d'Alene, ID, August 24-28, 2005; Post Falls Middle School Health Fair. Post Falls, ID, March 23, 2004; Kootenai County Wellness Fair, Coeur d'Alene, ID. September 10, 2003.
- Johnson, S. Managing Diabetes, Coeur d'Alene Tribal Wellness Fair, Plummer, ID., March 5, 2009.
- Johnson, S. Osteoporosis Prevention. UI Research Park Wellness Fair, Post Falls, ID., November 4, 2007; Kootenai County Wellness Fair, Coeur d'Alene, ID., August 17, 2006.
- Johnson, S. Spring into Wellness Diabetes Display. Coeur d'Alene Tribal Wellness Center, Worley, ID. April 5, 2007.
- Johnson, S. Do You Know Your Serving Sizes. Kootenai County Wellness Fair. Coeur d'Alene, ID. September 14, 2005, September 14, 2004.
- Johnson, S. Why is Fiber Important to the Diet. University of Idaho Research Park Health Fair. Post Falls, ID. 2004.

- Johnson, S. Comparing the Foods We Eat. Kootenai County Wellness Fair, Coeur d'Alene, ID. 2003.
- Johnson, S. UI Extension FCS Programs. University of Idaho Coeur d'Alene Center Open House, Coeur d'Alene, ID. 2003.
- Johnson, S. Using the Plate Method to Manage High Blood Sugars, University of Idaho Research Park Health Fair, Coeur d'Alene, ID. 2002.
- Johnson, S. Safe Preservation = USDA Approved. North Idaho Fair, Coeur d'Alene, ID. August 2001, 2002, 2004; University of Idaho Research Park Health Fair, Coeur d'Alene, ID. 2001.
- Johnson, S. Food Safety in Your Home. Safety Fair at Coldwater Creek, Coeur d'Alene, ID. July 19, 2001.
- Johnson, S. Sports Nutrition. University of Idaho Research Park Health Fair, Coeur d'Alene, ID. 2000.

Courses Developed:

Non-credit classes, presentations, workshops, seminars, invited lectures, etc.:

Diabetes Education:

- Johnson, S. Preparing for summer, healthy recipes all summer long. Diabetes Prevention Program, Panhandle Health District, May 31, 2022.
- Johnson, S. and T. Begg. How to meal plan and prepare recipes for managing diabetes. Diabetes Prevention Program, Panhandle Health District, September 14, 2021.
- Johnson, S. and T. Begg. Taking the guess work out of healthy recipes. Diabetes Prevention Program, Panhandle Health District, August 17 and 24, 2021.
- Johnson, S. and T. Begg. The taste of summer, tasty recipes from the garden. Diabetes Prevention Program, Panhandle Health District, July 27, 2021.
- Johnson, S., Health Benefits of Cooking Healthy, the "How Tos," Diabetes Prevention Program, Panhandle Health District, October 23, 2019, April 18, April 25, 2018.
- Johnson, S., Health Benefits of Cooking Healthy, the "How Tos," Diabetes Prevention Program, Panhandle Health District, April 18, 2018.
- Johnson, S., P. Anderson, and C. Hunt, Health Benefits of Cooking Healthy, the "How Tos" Diabetes Prevention Program, Panhandle Health District, September 14, 2017.
- Johnson, S. Health Benefits of Cooking Healthy, the "How Tos" Diabetes Prevention Program, Panhandle Health District, June 14, 2017.
- Johnson, S. Managing Heart Disease with Diabetes, North Idaho Home Healthy, November 13, 2016.
- Johnson, S. Diet & Diabetes, North Idaho Home Health, 40 participants, November 8, 2016.
- Johnson, S., and Colla, N. Managing your Diabetes through Healthy Eating Habits, Cooking Demonstration, 5 participants, Hayden, ID. September 12, 2016.
- Johnson, S. How to Choose Foods at the Supermarket for Diabetes Success – Kroc Rx, Kroc Center, 10 participants, Coeur d'Alene, ID. November 10, 2015.
- Johnson, S. Heart Health and your Diabetes – Kroc Rx, Kroc Center, 6 participants, Coeur d'Alene, ID. October 20, 2015.
- Johnson, S. Managing Diabetes Using the Idaho Plate Method – Kroc Rx, Kroc Center, 8 participants, Coeur d'Alene, ID. October 6, 2015.
- Abate, J., Johnson, S., and Kreider, K. Diabetes Forum – Kroc Rx, Kroc Center, 22 participants, Coeur d'Alene, ID, September 15, 2015.
- Abate, J., Johnson, S., and Kreider, K. Diabetes Forum – Kroc Rx, Kroc Center, 22 participants, Coeur d'Alene, ID, June 11, 2015.
- Johnson, S. Healthy Eating with Diabetes, two 6-hour workshops in a 3 part series, taught at Salvation Army Ray and Joan Kroc Community Center, 18 participants, Coeur d'Alene, ID, 2014.

- Johnson, S. Healthy Eating with Diabetes, three 8-hour workshops in a 4 part series, taught at Dirne Community Health Center or Salvation Army Ray and Joan Kroc Community Center, 19 participants, Coeur d'Alene, ID, 2013.
- Johnson, S. Healthy Eating with Diabetes, four 9-hour workshops taught in a 3 part series, 4 different locations, 4 different locations, 35 participants, Coeur d'Alene, ID, St. Maries, ID., Fernwood, ID., 2012.
- Johnson, S. Healthy Eating with Diabetes, five 12-hour workshops taught in a 4-part series, 4 different locations, 62 participants. Coeur d'Alene, ID. Spirit Lake, ID., St. Maries, ID., Osburn, ID., 2011.
- Johnson, S. A Night of Healthy Recipes for the Person with Diabetes, 3-hour workshop, 20 participants. Coeur d'Alene, ID. 2011.
- Johnson, S., Cooking Demonstration for Dirne Clinic Patients, 3-hour workshop taught in conjunction with Dirne Chief Medical Officer and Certified Diabetes Educator, 12 participants. Coeur d'Alene, ID. 2010.
- Johnson, S., Diabetes Nutrition Education for Dirne Clinic Patients, two 4-hour workshops taught in conjunction with Chief Medical Officer and Certified Diabetes Educator for a comprehensive diabetes management approach, 13 participants. Coeur d'Alene, ID. 2010.
- Johnson, S. Healthy Eating with Diabetes, four 12-hour workshops taught in a 4-part series, 4 different locations, 84 participants. Coeur d'Alene, ID., Post Falls, ID., St. Maries, ID., 2010.
- Johnson, S. Healthy Eating with Diabetes, six 12-hour workshops taught in a 4-part series, 5 different locations, 81 participants. Coeur d'Alene, ID., Post Falls, ID., St. Maries, ID., Osburn, ID. 2009.
- Johnson, S. Healthy Eating with Diabetes, four 12-hour workshops taught in a 4-part series, 3 different locations, 73 participants. Coeur d'Alene, ID., Post Falls, ID., St. Maries, ID., 2008.
- Johnson, S. Healthy Eating with Diabetes, five 12-hour workshops taught in a 4-part series, 4 different locations, 104 participants. Coeur d'Alene, ID., Post Falls, ID., Plummer, ID., St. Maries, ID., 2007.
- Johnson, S. Healthy Eating with Diabetes, seven 12-hour workshops taught in a 4-part series, 5 different locations, 126 participants. Coeur d'Alene, ID., Post Falls, ID., Spirit Lake, ID., Osburn, ID., Bonners Ferry, ID., 2006.
- Johnson, S. Healthy Eating with Diabetes, three 9-hour workshops taught in a 3-part series, 3 different locations, 34 participants. Coeur d'Alene, ID., Osburn, ID., 2005.
- Johnson, S. Healthy Eating with Diabetes, six 12-hour workshops taught in a 4-part series, 3 different locations, 72 participants. Coeur d'Alene, ID., Bonners Ferry, ID., Osburn, ID., 2004.
- Johnson, S. Healthy Eating with Diabetes, seven 12-hour workshops taught in a 3-part series, 4 different locations, 92 participants. Coeur d'Alene, ID., Bonners Ferry, ID., Osburn, ID., 2003.
- Johnson, S. Review of the "Healthy Eating with Diabetes Workshop," 23 participants. Kootenai Medical Center, Diabetes Coalition Group Meeting. Coeur d'Alene, ID. 2003.
- Johnson, S. Healthy Eating with Diabetes Workshop, six 12-hour workshops taught in a 3-part series, 3 different locations, 82 participants. Coeur d'Alene, ID., Bonners Ferry, ID. 2002.
- Johnson, S. Healthy Eating with Diabetes, three 12-hour workshops taught in a 3-part series, 3 different locations, 44 participants. Coeur d'Alene, ID., Sandpoint, ID., Bonners Ferry, ID. 2001.
- Johnson, S. Healthy Eating with Diabetes, four 10-hour workshops taught in a 3-part series, 1 location, 45 participants. Coeur d'Alene, ID. 2000.

Health Promotion, Obesity Prevention and Nutrition:

- Johnson, S. & K. Gardiner, Harvest for Healthy Kids, Lakes Middle School, October 13, 21, 26, 2022.
- Johnson, S. & S. Bradbury, Bringing CDA Backpack Program to CDA School District High Schools, October 18, 2022.
- Lee, E., Carter, J. & S. Johnson, MyPlate, Smart Size Your Portions, Think your Drink, Venture High School, October 11, 18, 26, 2022.
- Jensen, K. & S. Johnson, Five for Five: What it is and how to use this new curricula, University of Idaho, Family and Consumer Sciences, 120th Symposium, September 16, 2022.
- Johnson, S. Engaging elementary age youth, healthy recipes taste testing and education, July 28, 2022.
- Johnson, S. Soccer for Success, 3 hours each day, Soccer Training, Nutrition Education, Healthy Harvest, School Lunch, Coach mentoring opportunities, CDA4Kids: June 20-30, 2022, Boys and Girls Club CDA and Post Falls locations: June 27-July 22, 2022, Borah Elementary Summer Plus: June 11-29, 2022.
- Johnson, S. & K. Gardiner, Healthy Harvest for Kids, Lunchtime education on 13 fruits and vegetables (variety and growth), sample offer to entire student body (349), tomatoes, winter squash, carrots, purple cauliflower, apples, cabbage, cucumber, beans, melons, pineapple, potato. March 3, 7, 14, April 7, 13, 21, 28, May 4, 11, 18, 25, June 1, 7, 2022.
- Johnson, S. Mindful Eating, 6 – 1 hour classes, Canfield Middle School 7th Grade Health, Semester 1 & 2, January 11, 2022, May 16, 2022.
- Orchard, K & S. Johnson. Working with Youth in Trauma, June 15, 2022.
- Johnson, S. Young Living Middle School Curriculum Food Safety & Nutrition, 3-weeks of daily classes, Canfield Middle School, Woodland Middle School, Lakes Middle School, 1st and 2nd Semesters, November 29 – December 17, 2021, January 3-January 28, 2022, March 9-18, 2022, April 18-May 6, 2022, May 9-May 27, 2022, June 1-10, 2022.
- Johnson, S. Soccer for Success, What is it and What are the expectations? May 31 & June 2, 2022
- Johnson, S. 52 Nudge Food Pantry Nutrition Education, June 3, 2022.
- Johnson, S. Hayden Meadows Nutrition Day in the Park, 4 consecutive presentations, MyPlate, Physical Activity, How things grow, taste testing, June 2, 2022.
- Johnson, S. Soccer for Success Presentation to Families at Boys and Girls Club, May 24, 2022.
- Johnson, S. Canfield Healthy Food Drive, May 2, 2022.
- Johnson, S. Sources of Strength Healthy Food Drive Kick Off, Why donate healthy? April 11, 2022.
- Johnson, S. Boys and Girls Club Christmas for Kids December 21, 2021.
- Johnson, S. Hayden Meadows Healthy Food Drive, December 20, 2021
- Johnson, S. and S. Lilyquist, Food and Farming Mesopotamia Times: MyPlate Education, 16 classrooms, 14 separate 1-hour presentations to 6th grade students, Canfield Middle School (201 youth), Woodland Middle School (245 youth), November 11 & 16, 2021.
- Johnson, S. Go, Glow, Grow Curriculum, 6 Part Series, Genesis Prep, 2 1st Grade Classrooms, November 16, 2021, January 18, 2022, February 15, 2022, March 16, 2022, April 19, 2022, May 17, 2022.
- Johnson, S., Klauui, R., Jordan, A., Manal, S. and J. Ostrom. Go, Glow, Grow, 6 lesson series, 2 Classrooms, Borah Elementary. October 6, 13, 20, 27, November 3, 10, 2021.
- Johnson, S., Hoit, M., Klauui, R. and J. Ostrom. Eating Smart, Moving More. 6 part series. Venture High School, October 7, 14, 21, 28, November 4, 18, 2021.
- Johnson, S., and M. Hoit. Go, Glow, Grow Curriculum Review. UI Dietetic Students Train the Trainer. September 14, 2021.
- Johnson, S., Ginis, M., and C. Valtierra. Go, Choose Health, Food, Fun and Fitness Curriculum Review. UI Dietetic Students Train the Trainer. September 15, 2021.
- Johnson, S. and M. Ginis. TikTok Training and Recipe Creation. September 22, 2021.
- Johnson, S. and A. Humphrey. Go, Glow, Grow Lessons. Ray and Joan Kroc Center. June 21, 28, July 5, 12, 19, 26, August 2, 9, 16, 2021.
- Johnson, S. and A. Humphrey. Choose Health, Food, Fun and Fitness Lessons. Ray and Joan Kroc

- Center. June 21, 28, July 5, 12, 19, 26, August 2, 9, 16, 2021.
- Johnson, S. Eat Smart Idaho. Idaho School Nutrition Association State Meeting. 3-1 hour sessions. June 17, 2021.
- Johnson, S. and K. Gardiner. Smarter Mealtimes and Head Start, Harding Center, May 3, 6, 7, 2021, Sandpoint, May 4, 2021, Lakeland, May 4, 2021, CELC Site, May 7, 2021
- Johnson, S. Hand Hygiene Education. Two 1st grade classrooms, Genesis Prep. May 19, 2021.
- Johnson, S. Why your role in your schools healthy food drive makes a difference. Canfield Middle School Sources of Strength Classrooms, April 21, 2021.
- Johnson, S. Food Insecurity and the Connection between Low-Income and School Readiness. Canfield Teaching Staff, April 12, 2021.
- Johnson, S. Preparing to Launch a Healthy Food Drive, Why it makes a difference. March 24, 2021.
- Johnson, S. Meredith, J. and E. Ducar. Think Your Drink, Fernan Elementary, 14 classrooms, November 17, 19, 20, 2020.
- Johnson, S. and N. Hammons. Christmas For Kids, Boys and Girls Club of Kootenai County, December 22, 2020.
- Johnson, S. and K. Gardiner. Hayden Meadows Giving Back Food Drive, Coeur d' alene School District, December 17, 2020.
- Johnson, S. Blasick, T. and T. Hildenbrand. Families in the Kitchen, Encouraging Success with Healthy Recipes. 18 Elementary Schools, Hayden Meadows, Dalton, Northwest Expedition Academy, Atlas, Skyway, Ramsey, Sorenson, Fernan, Borah, Bryan, Winton, Ponderosa, Prairie View, Greensferry, Seltice, Mullan Trail, West Ridge, Treaty Rock, and John Brown. Individual classroom presentations were not allowed due to Covid 19. December 10-17, 2020.
- Johnson, S. Carter, K., Taylor, J., Maus, E., Shaw, A., Story, K., Dunham, J., and J. Jensen. Mindful Eating, Canfield and Woodland Middle Schools, 12 classrooms, teaching via screen. November 12, 19, 2020.
- Whitaker, C. & S. Johnson, Eat to Compete Train the Trainer, UI Dietetic Students, November 6, 2020.
- Johnson, S. E. Maus, and S. Michaels, TikTok Training and Protocol, UI Dietetic Intern Final Project, October 29, 2020.
- Buck, J. S. Johnson, and L. Sant. NEAFCS Water Bottle Poster, Virtual Event, September 15, 2020.
- Johnson, S. M. Hoit and K. Story. Curriculum Review of Choose Health, Food, Fun and Fitness, 6 lessons. September 15, 2020.
- Johnson, S. M. Hoit, M. Ginis, and J. Nixon. Curriculum Review of Eating Smart, Moving More, 6 lessons. September 8, 2020.
- Johnson, S. Smarter Mealtimes and Head Start, September 1, 2020, Assessment March 12, 2020..
- Johnson, S. Eating well with managing gout, telephone presentation, March 31, 2020.
- Johnson, S. Change for Change, Heritage Health, Murray Group, Super 1 Foods. February, 19, January 22, December 11, November 13, October 24, 2019, October 20, 2019, October 18, 2019, September 14, 2019, September 12, 2019, August 23, 2019, August 21, 2019, July 19, 2019, July 17, 2019, June 21, 2019, June 19, 2019, May 17, 2019, May 15, 2019, April 5, 2019, April 4, 2019, March 8, 2019, March 7, 2019, February 25, 2019, February 15, 2019, February 14, 2019, January 24, 2019, January 22, 2019, January 18, 2019, December 4, 2019, December 4, 2019.
- Johnson, S. Donating Healthy Foods, How to's for Middle School Students, Canfield Middle School, March 11, 2020, May 6, 2019.
- Johnson, S. Making your recipes healthier, TOPS Weight Loss Group, February 3, 2020.
- Johnson, S. Eating more fruits and vegetables, TOPS Weight Loss Group, January 13, 2020.
- Johnson, S. Water Bottle Intervention Group, How to Properly Clean your Water Bottle, Canfield Middle School, 6th Grade Science Classroom 29 students), December 18, November 6, 2019.
- Johnson, S. Change for Change Presentation, TOPS Weight Loss Group, December 11, 2020.

- Johnson, S. Donating Healthy Foods on MyPlate, Hayden Meadows Elementary, grade level presentations, 22 classrooms, 45 minutes each, 495 youth, December 5, 2019, December 4, 2018, Hayden Meadows Elementary, grade level presentations, 45 minute presentations, 526 youth, 27 classrooms, November 29, 2017, Hayden Meadows Elementary, grade level specific presentations, 45-minute presentations, 676 youth, November 28-December 2, 2016, 24 classrooms, Hayden Meadows Elementary, grade level specific presentations, 45-minute presentation, 589 youth, 22 classrooms, December 4, 3, 2, 1 & November 30, 2015.
- Johnson, S. Ducar, E., Elmore, B., Jones, S., Clark, D., and T. Blasick. Healthy Changes One Meal at a Time Recipe and Calendar Launch, Coeur d'Alene and Post Falls School District Wellness Campaign. Winton, Sorenson, Fernan, Atlas, Skyway, Hayden Meadows, Northwest Expedition Academy, Bryan, Borah, one day delivery, (4496 youth), Ramsey Elementary (714 youth) October 25, 2019, Dalton Elementary (462 youth) October 22, 2019, Seltice Elementary (341 youth) October 22, 2019, West Ridge Elementary (451 youth) October 17, 2019, Mullan Trail Elementary (411 youth) October 17, 2019, Prairie View Elementary (451 youth) October 9, 2019, Ponderosa Elementary (443 youth) October 3, 2019, Greensferry Elementary (408 youth) October 2, 2019.
- Johnson, S. Healthy for the Holidays, TOPS Weight Loss Group, November 25, 2019.
- Johnson, S. Diabetes Day, Recipe Demonstration with UI Dietetic Students, Diabetes Alliance, Kootenai Health, November 14, 2019.
- Johnson, S. and S. Lilyquist, Food and Farming Mesopotamia Times: MyPlate Education, 29 classrooms, 19 separate 1-hour presentations to 6th grade students, Canfield Middle School (240 youth), Lakes Middle School (240 youth), Woodland Middle School (285 youth), November 5, 8, 12, 2019.
- Ducar, E. & S. Johnson, Elementary Harvest of the Month: Rainbow Carrots, Promoting Students to be Well Rounded Eaters. Coeur d'Alene School District, Sorenson Elementary (314 youth). October 3, 2019, Fernan Elementary (414 youth), September 25, 2019.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Obesity Prevention Program, Hayden Meadows Elementary, 15 offerings, May 13-31, 2019 (526 youth), 14 offerings, May 14-31, 2018 (526 participants), 13 offerings, May 15-June 2, 2017 (576 participants), 15 offerings, May 16 – June 6, 2016 (500 participants), 12 offerings, May 11-May 28, 2015 (550 participants), 12 offerings, May 12-May 29, 2014 (504 participants) & 15 offerings, April 22-May 23, 2013. (520 participants). Borah Elementary, Jog-A-thon, September 27, 2016, May 18-28, 2015 (110 participants).
- Johnson, S. Girl's Night Out, Preparing for Healthy Eaters in 6th Grade, Hayden Meadows Elementary, 200 participants, Hayden, ID. May 29, 2019, April 25, 2018, April 20, 2017, April 21, 2016 & April 23, 2015.
- Johnson, Donating Healthy Foods on MyPlate, Post Falls School District District-Wide Food Drive Contest to Support the Post Falls Food Bank, six 45 minute-grade level presentations, Prairie View Elementary (467 youth), May 9, 2019, one school-wide assembly, Mullan Trail Elementary (411 youth) May 10, 2019.
- Johnson, Meal Planning in 2019, two 1.5 hour trainings, Murray Group, May 2 & 9, 2019.
- Johnson, S. Willy, D., E., and T. Blasick, Promoting the Benefits of White Milk (6-hour one-on-one or small group interactions). Seltice Elementary, April 2, 2019, Mullan Trail Elementary, April 3, 2019, Dalton Elementary, April 4, 2019, West Ridge Elementary, April 5, 2019, Prairie View Elementary April 5, 2019, Ponderosa Elementary, April 24, 2019.
- Johnson, S. Choose Health Food Fun and Fitness, A-STEP After-School Program, January 28, February 4, 11, 25, January 22, 29, February 5, 12, 2018, January 23, 30, February 6, 13, 2017.
- Ramsrud, J. and S. Johnson. Change for Change, Ramsey Elementary, All Teacher's Meeting, February 25, 2019.
- Ramsrud, J. and S. Johnson. Change for Change Program, Morning Show Interview, KREM 2

- News, January 29, 2019.
- Johnson, S. Change for Change in Kootenai County, Bonner County Health Coalition, January 15, 2019.
- Johnson, S. Donate Healthy, Why Work with Schools and Youth? Hayden Meadows Elementary, December 10, 2018.
- Johnson, S. Ducar, E., Jones, S., Clark, D., and T. Blasick, Fire Up Your Day with Color Recipe Book and Calendar Launch, Role Models for our District, Coeur d'Alene School District Wellness Campaign and Post Falls School District Wellness Campaign. 247 classroom presentations, Coeur d'Alene, Dalton, Post Falls, Hayden, ID. Northwest Expedition Academy (334), Bryan Elementary (426), Hayden Meadows (546), Prairie View Elementary (447 youth), Seltice Elementary (341 youth), Ponderosa Elementary (443 youth), Mullan Trail Elementary (411 youth), West Ridge Elementary (451 youth), Greensferry Elementary (388 youth), Dalton Elementary (437 youth), Ramsey Elementary (714 youth), Borah Elementary (365 youth), Fernan Elementary (410 youth), Winton Elementary (500 youth), Sorenson Elementary (314 youth), Skyway Elementary (619 youth), October 1-November 1, 2018.
- Johnson, S. Elmore, B. and C. Grubb. Mindful Eating and Nutrition Support for your Elementary Age Student, University of Idaho Physical Education Course, Keri Schwenke, October 29, 2018.
- Johnson, S. Ducar, E., Elmore, B., Lilyquist, S. Johnson, C., Akin, K., Kujala, D., & T. Jenkins, Food and Farming Mesopotamia Times: MyPlate Education, 30 classrooms, 19 separate 1-hour presentations to 6th grade students, Canfield Middle School (232 youth), Lakes Middle School (270 youth), Woodland Middle School (252 youth), October 18, 23, & 25, 2018.
- Ducar, E. & S. Johnson, Elementary Harvest of the Month: Kale Chips, Promoting Students to be Well Rounded Eaters. Coeur d'Alene School District, Winton Elementary (500 youth). October 22, 2018.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Obesity Prevention Program, Hayden Meadows Elementary, 14 offerings, May 14-31, 2018 (526 participants), 13 offerings, May 15-June 2, 2017 (576 participants), 15 offerings, May 16 – June 6, 2016 (500 participants), 12 offerings, May 11-May 28, 2015 (550 participants), 12 offerings, May 12-May 29, 2014 (504 participants) & 15 offerings, April 22-May 23, 2013. (520 participants). Borah Elementary, Jog-A-thon, September 27, 2016, May 18-28, 2015 (110 participants).
- Johnson, S. Preparing for Smarter Lunchroom at Prairie View Elementary, Prairie View Elementary, August 27, 2018.
- Johnson, S. Healthy Habits: A Review of Good Nutrition and Mindful Eating. Murray Group Health Benefits, February 14, 21, 2018.
- Youth Programming within Eat Smart Idaho, Healthy Eating, Active Living Meeting, January 10, 2018.
- Johnson, S. Changing the System: Food Donations to Local Families in Need, Hayden Meadows PTO, Hayden, ID. November 5, 2018, November 13, 2016, November 9, 2015 November 10, 2014.
- Johnson, S. Johnson, C., Anderson, P. & C. Hunt, Food and Farming Mesopotamia Times: MyPlate Education, 34 classrooms, 20 separate 1-hour presentations to 6th grade students, Canfield Middle School (216 youth), Lakes Middle School (245 youth), Woodland Middle School (295 youth), October 19, 24, & 26, 2017.
- Johnson, S. Ducar, E., Jones, S., Clark, D., Bringing Families Together Mealtime Recipe Book and Calendar Launch, What does it mean to eat healthy? Role Models for our District, Coeur d'Alene School District Wellness Campaign. 192 classroom presentations, Coeur d'Alene, Dalton, Hayden, ID. Dalton Elementary (444 youth), November 14, 2017, Ramsey Elementary (735 youth), November 7, 2107, Borah Elementary (397 youth), November 2, 2017, Northwest Expedition Academy (272 youth), October 23, 2017, Fernan Elementary (404 youth), October 19, 2017, Bryan Elementary (415 youth),

- October 17, 2017, Winton Elementary (480 youth), Hayden Meadows Elementary (539 youth), October 12, 2017, Atlas Elementary (608 youth), October 11, 2017, Sorenson Elementary (339 youth), October 10, 2017, Skyway Elementary (601 youth), October 9, 2017.
- Ducar, E. & S. Johnson, Elementary Harvest of the Month: Kale Chips, Promoting Students to be Well Rounded Eaters. Coeur d'Alene School District, Hayden Meadows Elementary (539 youth). October 12, 2017.
- Ducar, E. & S. Johnson, Elementary Harvest of the Month: Cranberries, Promoting Students to be Well Rounded Eaters. Coeur d'Alene School District, Winton Elementary (452 youth), Hayden Meadows Elementary (676 youth), Borah Elementary (399 youth). December 7, 8, 9, 2016.
- Ducar, E. & S. Johnson, Elementary Harvest of the Month: Brussels Sprouts, Promoting Local Farmers. Coeur d'Alene School District, Fernan Elementary School (475 youth), Dalton Elementary School (419 youth), Hayden Meadows Elementary School (676 youth), October 19, 2016.
- Johnson, S. Anderson, A. & B. Garrison, MyPlate in Mesopotamia Times, 3 1-hour presentations to 6th grade students, Woodland Middle School, October 27, 2016, Canfield Middle School, October 20, 2016.
- Johnson, S. Nutrition For Seniors, North Idaho Home Healthy Agency, Continuing Education, September 13, 2016.
- Johnson, S. Ducar, E., Jones, S., Clark, D., Promoting the Benefits of White Milk (2-hour one-on-one or small group interactions). Skyway Elementary School (629 youth), March 4, 2016, Winton Elementary School (328 youth), March 3, 2016, Dalton Elementary School (372 youth), March 2, 2016, Atlas Elementary School (538 youth), March 1, 2016, Hayden Meadows Elementary School (600 youth), February 29, 2016, Sorenson Elementary School (328 youth), February 28, 2016, Fernan Elementary School (380 youth), February 25, 2016, Borah Elementary School (349 youth), February 24, 2016, Bryan Elementary School (387 youth), February 23, 2016, Ramsey Elementary School (790 youth), November 5, 2015.
- Johnson, S. From Farm to Table, A-STEP After-School Program, February 29, 22, 8, 1 and January 25, 2015.
- Johnson, S., Ducar, E., & D. Clark. Wellness Campaign Launch for CDA School District, Coeur d'Alene City Council, February 2, 2016.
- Johnson, S. A Real Farmers' Market for Food Smart Families, Fernan Elementary, Borah Elementary, Mullan Trail Elementary, (335 youth) December 15, 2015.
- Johnson, S. Making Better Choices with Snack Foods, Lakes Middle School, December 11, 2015.
- Johnson, S. Creating a Double Up Food Bucks Program for Kootenai County Farmers' Market, Kootenai County Farmers' Market Board of Directors, November 17, 2016.
- Johnson, S. Ducar, E., Jones, S., Clark, D., Role Models for our District, Choosing Healthy Habits. Coeur d'Alene School District Wellness Campaign. Coeur d'Alene, Dalton, Hayden, ID. Dalton Elementary (14 classrooms, 369 youth), November 17, 2015, Sorenson Elementary (14 classrooms, 369 youth), November 13, 2015, Hayden Meadows Elementary (26 classrooms, 655 youth), November 12, 2015, Skyway Elementary (24 classrooms, 620 youth), November 9, 2015, Ramsey Elementary (28 classrooms, 770 youth), November 5, 2015, Bryan Elementary (19 classrooms, 480 youth), November 3, 2015, Atlas Elementary (19 classrooms, 620 youth), November 3, 2015, Fernan Elementary (17 classrooms, 454 youth), October 29, 2015, Winton Elementary (17 classrooms, 435 youth), October 29, 2015, Borah Elementary (14 classroom, 390 youth), October 23, 2015.
- Johnson, S., Jones, S., Clark, D., & E. Ducar. Coeur d'Alene School District Wellness Campaign for Elementary Youth. Coeur d'Alene City Council Meeting, November 3, 2015.
- Johnson, S. Coeur d'Alene School District Wellness Campaign, Ramsey Leadership Team, Ramsey Elementary, October 28, 2015.
- Ducar, E. & S. Johnson, Harvest of the Month: Carrots, Promoting Local Farmers. Coeur d'Alene

- School District (5,400 youth served). Dalton Elementary, October 28, 2015. Hayden Meadows Elementary, Atlas Elementary, October 27, 2015. Ramsey Elementary, Sorenson Elementary, Winton Elementary, October 21, 2015. Fernan Elementary, Bryan Elementary, October 20, 2015.
- Johnson, S. Launching District 271 Wellness Campaign, Borah Staff Meeting, Borah Elementary, October 22, 2015.
- Ducar, E. & S. Johnson, Harvest of the Month: Fresh Corn, Promoting Local Farmers. Coeur d'Alene School District (5,400 youth served). Winton Elementary, September 22, 2015, Fernan Elementary, September 21, 2015, Bryan Elementary, September 18, 2015, Atlas Elementary, Dalton Elementary, Hayden Meadows Elementary, Ramsey Elementary, September 17, 2015.
- Johnson, S, & C. Johnson. 4H Food Smart Families, Kids Day in the Park, July 11, 2015.
- Esperas, O. & S. Johnson. Preparing for a High School Food Pantry, Coeur d'Alene High School, Coeur d'Alene, ID. May 19, 2015.
- Johnson, S. Preparing for Pedometers, Borah Elementary Staff Meeting, Borah Elementary, May 7, 2015.
- Johnson, S. Kids in the Kitchen, ASTEP After-School Program, Hayden Meadows Elementary, Sports Nutrition. 16 participants. Hayden, ID. January 26, February 2, 9, 23, 2015.
- Johnson, S. Health GPS Events (4 total), Borah Elementary, May 27, February 10, 2015, Fernan Elementary, February 11, 2015, Lakes Middle School, February 17, 2015.
- Johnson, S. Nutrition Panelist on Cafeteria Man, Pilgrim's Market, Coeur d'Alene, ID. October 30, 2014.
- Johnson, S. Nutrition Tips in our Fight Against Over Weight and Obesity, TOPS Regional Fall Rally, Key Note Speaker, Post Falls, ID. September 20, 2014.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge All-School Assembly, Hayden Meadows Elementary, May 30, 2014 & May 31, 2013.
- Johnson, S. Review of 4H Food Smart Families Curricula with Borah Elementary Teachers, Borah Elementary, February 27, 2014.
- Johnson, S. What is Healthy Eating?, TOPS Group, Post Falls, ID. April 17, 2014.
- Johnson, S. Healthy Eating, Healthy Aging Series: 4-part series, The Nutritional Needs of Seniors, Including Fiber Rich Foods; Water – Does a Body Good, Making Your Kitchen User Friendly, Salvation Army Ray and Joan Kroc Community Center, February 5, 12, 19, 26, 2014.
- Johnson, S. Kids in the Kitchen, ASTEP After-School Program, Hayden Meadows Elementary, 14 participants. Hayden, ID. January 27, February 3, 10, 24, 2014.
- Johnson, S. Healthy Eating, Healthy Aging Series: 4-part series, The Nutritional Needs of Seniors, DASH Eating Plan; Heart Healthy Behaviors, The Importance of Mini-Meals, Salvation Army Ray and Joan Kroc Community Center, October 21, 28, November 4, November 11, 2013.
- Johnson, S. Nutritional Needs of Seniors, Friendship Corps Volunteers, Coeur d'Alene, ID. October 23, 2013, April 17, 2013, May 3, 2012, January 31, 2012, September 22, 2011, April 21, 2011, and February 17, 2011.
- Johnson, S. What is Healthy Eating? Wellness series for Esterline Advanced Input Designs, two-part series, July 15 and 22, 2013.
- Johnson, S. Healthy Cooking 2-Part Series: Focus on Summer, (77 participants) Salvation Army Ray and Joan Kroc Community Center, June 24 & August 19, 2013.
- Johnson, S. Kids in the Kitchen, A-Step Program, Hayden Meadows Elementary, 4-part series, January 28, February 4, 11, 25, 2013.
- Johnson, S. Nutritional Needs of Seniors with Cooking Demonstration, Post Falls Library, January 9, 2013.
- Johnson, S. Healthy Cooking for Diabetes, Dirne Community Health Center, January 8, 2013.
- Johnson, S. Healthy Cooking Series: Full Cooking and Lecture Series, 3-part series, Salvation Army Ray and Joan Kroc Community Center, February 11, 4, and January 7, 2013.
- Johnson, S. Aging Simulation, Post Falls Charter Academy, 5 Classrooms, (200 participants),

- December 14 & November 26, 2012.
- Johnson, S. Parent Nutrition Night: Lakes Middle School, CDA4 Kids, (62 participants), December 19, 2012.
- Johnson, S. Kids in the Kitchen Series: CDA4 Kids, Lakes Middle School, 4-part series, December 10, 17, 19, 2012 & January 14, 2013.
- Johnson, S. and W. Fehringer, Diabetes Day: Healthy Options for the Holidays, November 17, 2012.
- Johnson, S. Healthy Cooking Options for Diabetes, Dirne Community Health Center, November 15, 2012.
- Johnson, S. Parent Nutrition Night: Borah Elementary, CDA4 Kids, (125 participants) November 13, 2012.
- Johnson, S. Teaching/Demonstrating CDA4 Kids Youth Healthy Habits/Hands-on Cooking Experience, MyPlate, Dairy, Grains, Fruits & Vegetables, Borah and Fernan Elementary, (70 participants) October 15, 22, 29, November 5, & 12, 2012.
- Johnson, S. Healthy Bones?, Hayden Meadows Elementary School, (24 participants), October 30, 2012.
- Johnson, S. Nutritional Needs of the Aging Body/Aging Simulation, Post Falls Charter Academy, 5 Classrooms, (150 participants), September 26, 2012.
- Johnson, S. Healthy Cooking: Diabetes, First in a Series, Lake City Center, Coeur d'Alene, ID. August 22, 2012.
- Johnson, S. Disease Prevention: Healthy Cooking Class, Dirne Community Health Center, Coeur d'Alene, ID. (12 participants), August 16, (12 participants), May 17, 2012. (8 participants), April 26, 2012.
- Johnson, S., Gardiner, K., and L. Stolley. Preschool Initiative Nutrition Grant, Garden to Groceries, 3 Early Head Classrooms, 5-week session, Rathdrum & Coeur d'Alene, ID. July 10-August 7, 2012.
- Johnson, S. Strong Women, 6 –week class, June 26, 2012.
- Johnson, S. Heart Healthy Behaviors, Esterline Advanced Input Designs, two part series, June 26 and 23, 2012.
- Johnson, S. Healthy Eating, Healthy Aging, 8 participants, Coeur d'Alene, ID. June 18, May 21, April 16, March 5, February 27, 2012.
- Johnson, S. Harmony Health: Type 2 Diabetes, Employee Training Seminar, 12 participants, Coeur d'Alene, ID. June 11, 2012.
- Johnson, S. HealthFest: Healthy Cooking Demonstration, 30 minutes each recipe, 6 each, Dirne Community Health Center HealthFest Event, Kootenai County Fairgrounds, Coeur d'Alene, ID. June 9, 2012.
- Johnson, S. Diabetes: How do we prevent it? How do we treat it?, Kootenai County Risk Management, Coeur d'Alene, ID., May 10, 2012. Presbyterian Church, Rathdrum, ID., May 6, 2010.
- Johnson, S. How Things Grow, Hayden Meadows Elementary, 50 participants. Hayden, ID. April 27, 2012.
- Johnson, S. Disease Prevention: Type 2 Diabetes, North Idaho College Wellness Program, 20 participants, Coeur d'Alene, ID. April 9, 2012.
- Johnson, S. Kids in the Kitchen, ASTEP After-School Program, Hayden Meadows Elementary, 14 participants. Hayden, ID. January 23, 30, February 6, 13, 2012.
- Johnson, S. Exotic Fruits & Vegetables, How and Where are They Grown, How Do Cut Them, How Do They Taste?, Hayden Meadows Elementary, 50 participants. Hayden, ID. December 2 & December 9, 2011.
- Johnson, S. Smart Phone Applications for Counting Calories and Diabetes Management, 4 presentations, Eating Well with Diabetes Seminars, Coeur d'Alene, ID. November 8, 2011.
- Johnson, S. Nutrition for Seniors, Care-Net, July 27, 2011.
- Johnson, S. Managing Diabetes, Esterline Advanced Input Designs, two-part series, June 27 and June 30, 2011.

- Johnson, S. Diabetes Prevention, Esterline Advanced Input Designs, two-part series, June 20 and 23, 2011.
- Johnson, S. Introducing the Wyoming Menu Project, Area Agency on Aging Contracted Senior Meal Sites, March 24, 2011.
- Johnson, S. Don't Gamble with Your Health: Diabetes Seminar, Citi-Fit Wellness Program, City of Coeur d'Alene, ID. November 18, 2010.
- Johnson, S. Dietary Approaches to Stop Hypertension, Take Off Pounds Sensibly Group, St. Maries, ID. November 18, 2010.
- Johnson, S. Managing Type 2 Diabetes, Take Off Pounds Sensibly Group, St. Maries, ID. November 11, 2010.
- Johnson, S. Fit and Fall Proof, seven 6-week sessions taught once a week, Coeur d'Alene, ID., 2011, 2010.
- Johnson, S. Nutritional Needs of Seniors, Area Agency on Aging Education Update for the Five Northern Counties Senior Center Staff, Coeur d'Alene, ID. September 10, 2010.
- Johnson, S. Diabetes: Treating the Epidemic, Heron Baptist Church, Heron, MT. June 3, 2010.
- Johnson, S. Diabetes: How do we prevent it? How do we treat it?, Presbyterian Church, Rathdrum, ID., May 6, 2010.
- Johnson, S. Disease Prevention, County Wellness Presentation, April 29, 2010.
- Johnson, S, Managing Type 2 Diabetes, Heritage Place, March 18, 2010.
- Johnson, S. Hayden Meadows Diabetes Group, Hayden Meadow Elementary School, Hayden, ID. February 25, 2010.
- Johnson, S. and L. Kolenda. Lake City Senior Center Hemoglobin A1C Follow-up, Panhandle Health District, Hayden, ID. January 29, 2010.
- Johnson, S. Calcium Rich Foods, Kinder Magic Pre-School, October 28, 2009.
- Johnson, S. Reducing Heart Health Risk, Friends Church Group, October 24, 2009.
- Johnson, S. Reading Food Labels and Choosing the Best Foods, Kootenai County Wellness Fair, September 16, 2009.
- Johnson, S. Preventing Type 2-Diabetes, Small Steps, Big Rewards, two 2-hour classes, 2 locations, 25 participants, September 16 and June 4, 2009.
- Johnson, S. Nutritional Needs of Seniors, Area Agency on Aging Staff, August, 12, 2009.
- Johnson, S. Fit and Fall Proof, seven 6-week sessions taught once a week, Coeur d'Alene, ID., 2009.
- Johnson, S. Heart Disease and Stroke Prevention, Kootenai County Wellness Program, June 18, 2009.
- Johnson, S. Reducing Hypertension, Kootenai County Wellness Program, June 11, 2009.
- Johnson, S. Disease Prevention, Coeur d'Alene City Employees, June 11, 2009.
- Johnson, S. Meals That Appeal, Mountain States Early Head Start Employees Compressed Video Training, May 11, 2009.
- Johnson, S. Whole Grains, Mountain States Early Head Start Employees Compressed Video Training, April 27, 2009.
- Johnson, S. Benefits of Physical Activity, Take Off Pounds Sensibly, January 19, 2009.
- Johnson, S. Eating Well for the Holidays, Take Off Pounds Sensibly, December 15, 2009.
- Johnson, S. Fit and Fall Proof, three 6-week exercise sessions taught once a week, Coeur d'Alene, ID. 2008.
- Johnson, S. Senior Nutritional Needs. Certified Family Homes, May 13, 2008.
- Johnson, S. Preventing Type 2 Diabetes, Kootenai County Wellness Workshop, February 20, 2008.
- Johnson, S. Managing Type 2 Diabetes, Best Land Retirement, December 14, 2008.
- Johnson, S. DASH Eating Plan. Fit and Fall Proof Control Study Group, Trinity Lutheran Church, October 1, 2007.
- Johnson, S. Food Safety for Seniors. Fit and Fall Proof Control Study Group, Trinity Lutheran Church, September 24, 2007.
- Johnson, S. Preventing Type 2 Diabetes, Take Off Pounds Sensibly Fall Festival, Coeur d'Alene,

- ID., September 22, 2007.
- Johnson, S. Mental Aerobics for Keeping the Brain Active. Fit and Fall Proof Control Study Group, Trinity Lutheran Church, September 10, 2007.
- Johnson, S. Calcium Rich Foods, Nutrition Play Group, Mountain States Early Headstart, Coeur d'Alene, ID., September 7, 2007.
- Johnson, S. Healthy Aging. Fit and Fall Proof Control Study Group, Trinity Lutheran Church, August 13, 2007.
- Johnson, S. Hydration Needs of the Older Adult Fit and Fall Proof Control Study Group, Trinity Lutheran Church, August 6, 2007.
- Johnson, S. Fall Prevention. Fit and Fall Proof Control Study Group, Trinity Lutheran Church, July 23, 2007.
- Johnson, S. The Idaho Plate Method, Coeur d'Alene Tribal Wellness Center, July 12, 2007.
- Johnson, S. Healthy Snacks, Nutrition Play Group, Mountain States Early Headstart, Coeur d'Alene, ID., May 4, 2007.
- Johnson, S. Dinner and a Book: MyPyramid Relay and the Importance of Calcium. Twelve 30-minute presentations, 3 different locations. Borah Elementary, Coeur d'Alene, ID., April 26, 2007; Mullan Trail Elementary, February 15, 2007., Spirit Lake Elementary, Spirit Lake, ID., February 6, 2007.
- Johnson, S. Division of Responsibility in Feeding your Child. Parents As Teachers Group Meeting, Coeur d'Alene, ID., February 8, 2007., Winton Elementary PTA, Coeur d'Alene, ID., May 25, 2006.
- Johnson, S. Healthy Eating for Long-Term Health. Parkinson's Support Group, Coeur d'Alene, ID., February 2, 2007.
- Johnson, S. Reviewing the Idaho Plate Method. Dirne Clinic and Sage Center Clinic (two presentation to medical staff), Coeur d'Alene, ID., January 22 and 25, 2007.
- Johnson, S. Dinner and a Book: Healthy Snacks and Division of Responsibility. Nine 30-minute presentations, 3 different locations. Prairie View Elementary School, Post Falls, ID., January 11, 2007, Sorenson Elementary, Coeur d'Alene, ID., November 2, 2006, Betty Keifer Elementary School, Rathdrum, ID., October 19, 2006.
- S. Johnson. Holiday Cooking. Mica Grange, Coeur d'Alene, ID., November 17, 2006.
- Johnson, S. and T. Boerner. Packing a Safe and Healthy Lunch for your Child. Early Head Start, Coeur d'Alene, ID., October 12, 2006.
- Johnson, S. Division of Responsibility in Feeding your Child. Winton Elementary PTA, Coeur d'Alene, ID., May 25, 2006.
- Johnson, S. Preparing for Work in Cold Weather. Noxious Weed Department, Coeur d'Alene, ID., January 25, 2006.
- Johnson, S. Budgeting your Food Resources. Lakeland Head Start. Coeur d'Alene, ID. December 15, 2005.
- Johnson, S. Using the Idaho Plate Method, TESH. Coeur d'Alene, ID. December 8, 2005.
- Johnson, S. Healthy Snacks for your Children. Early Head Start. Coeur d'Alene, ID. November 10, 2005.
- Johnson, S. Healthy Eating for the Holidays and Beyond. Kootenai County Wake-Up to Wellness. Coeur d'Alene, ID November 10, 2005.
- Johnson, S. The Idaho Plate Method. Aging & Adult Services Senior Center Training, Coeur d'Alene, ID. October 25, 2005.
- Johnson, S. The New USDA MyPyramid. Early Head Start, Coeur d'Alene, ID. October 20, 2005.
- Johnson, S. Preparing for Work in Warm Weather. Noxious Weed Department, Coeur d'Alene, ID. July 8, 2005.
- Johnson, S. Senior Nutrition Needs for the At Risk Senior. Coeur d'Alene Homes. Coeur d'Alene, ID. 2004.
- Johnson, S. Take the 5-A-Day Challenge. Senior Widows Group. Coeur d'Alene, ID. 2004.
- Johnson, S. Promoting Healthy Behaviors. LDS Church. Coeur d'Alene, ID. 2004.
- Johnson, S. Using the Idaho Plate Method to Understand Carbohydrates. Take Off Pounds Sensibly. Coeur d'Alene, ID. 2004.

- Johnson, S. What is Good Nutrition? Cooperative Home-Health Care, Wallace, ID. 2004.
- Johnson, S. The Basics of Good Nutrition, taught three 1-hour classes. Advance Input Devices Health Promotion In-Service, Coeur d'Alene, ID. 2004.
- Johnson, S. The Health Benefits of Using Soy Products. Take Off Pounds Sensibly, Coeur d'Alene, ID. 2003.
- Johnson, S. Making Healthy Choices at the Supermarket, taught two 1.5-hour classes. Prism Weight Loss Group, Coeur d'Alene, ID. 2003.
- Johnson, S. Using the Idaho Plate Method. Take Off Pounds Sensibly, Coeur d'Alene, ID. 2003.
- Johnson, S. Feeding Young Children. Dad & Me Class, White Bear Lake, MN. 2003.
- Johnson, S. Using your 24-hour Food Recalls to Determine a Healthy Diet. Take Off Pounds Sensibly, Bonners Ferry, ID. 2002.
- Johnson, S. What is a Healthy Diet? Take Off Pounds Sensibly, Kellogg, ID. 2002.
- Johnson, S. The Health Benefits of Soy Products and How to Use Them in Your Diet. Take Off Pounds Sensibly, Coeur d'Alene, ID. 2002.
- Johnson, S. Heart Health & Your Diet. TOPS Fall Regional Rally, Coeur d'Alene, ID. September 14. 2002.
- Johnson, S. and V. Martin. Healthy Snacks for your Kids – Team Nutrition, taught four presentations. North Idaho Fair. Coeur d'Alene, ID. 2002.
- Johnson, S. Eating a Balanced Diet. Take Off Pounds Sensibly, Bonners Ferry, ID. 2002.
- Johnson, S. and V. Martin. Somethin's Cookin' at the North Idaho Fair – Team Nutrition, taught two presentations. North Idaho Fair, Coeur d'Alene, ID. 2001.
- Johnson, S. Preparing Healthy Recipes from Scratch. Habitat for Humanity, Coeur d'Alene, ID. 2001.
- Johnson, S. The DASH Diet – Controlling High Blood Pressure. Take Off Pounds Sensibly, Coeur d'Alene, ID. 2001.
- Johnson, S. The DASH Diet – Controlling High Blood Pressure. Lakewood Ranch Retirement Village, Coeur d'Alene, ID. 2001.
- Johnson, S. Heart Healthy. Lakewood Ranch Retirement Village, Coeur d'Alene, ID. 2001.
- Johnson, S. Introducing the Idaho Plate Method. Take Off Pounds Sensibly, Coeur d'Alene, ID. 2001.
- Johnson, S. Managing Diabetes Using the Idaho Plate Method, Homemaker's Council Fall Meeting, Coeur d'Alene, ID. 2000.
- Johnson, S. How to Eat Healthy at Fast Food Restaurants, taught five 30 minute presentations. Latah County Courthouse Employee Wellness Program, Moscow, ID. 2000.

Eat Smart Idaho (formerly Extension Nutrition Program) and Senior Extension Nutrition Program (SENP) Nutrition Advisor Trainings:

- Johnson, S. Smarter Lunchroom in the Northern District, Community Nutrition Advisor 3 State-wide Meeting, Coeur d'Alene, ID. September 25, 2019.
- Johnson, S. Healthy Food Pantry Protocol and Food Drives, Community Nutrition Advisor 3 State-wide Meeting, Coeur d'Alene, ID. September 25, 2019.
- Johnson, S. and K. Gardiner. Review of SNAP-Ed Contract, Eat Smart Idaho Staff Training, Coeur d'Alene, ID. September 2019, 2018, 2017, 2016, 2015, 2014, 2013, 2012, 2011, 2010.
- Johnson, S. Diabetes: How do we prevent it? How do we treat it?, ENP Staff Training, Coeur d'Alene, ID., June 24, 2010.
- Johnson, S., Disease Prevention, ENP Staff Training, Coeur d'Alene, ID., October 15, 2009.
- Johnson, S. Feeding Young Children, ENP/EFNEP Statewide Conference, Boise, ID. 2009.
- Johnson, S. Healthy Eating, Healthy Aging Train the Trainer, New ENP Staff Training, July 6, 2009.
- Johnson, S. Building A Healthy Me Curriculum Training, ENP New Nutrition Advisor Training, Coeur d'Alene, ID. 2009, 2008, 2007, 2005, 2004.
- Johnson, S. Nutritional Needs of Seniors. ENP Staff Training, Coeur d'Alene, ID., June 12,

- 2008.
- Johnson, S. Preventing Type 2 Diabetes. ENP Mini-Conference, Coeur d'Alene, ID., October 4, 2007.
- Johnson, S. Review of Health Eating, Healthy Aging Curriculum, ENP Staff Training, Coeur d'Alene, ID., 2007.
- Johnson, S. Preventing and Controlling High Blood Pressure, ENP Staff Training, Coeur d'Alene, ID., 2006.
- Johnson, S. Teaching the Idaho Plate Method, ENP Staff Training, Coeur d'Alene, ID., 2006.
- Johnson, S. Packing a Safe Lunch, ENP Staff Training, Coeur d'Alene, ID., 2006.
- Johnson, S. Glycemic Index: What it is, What it is not. District 1's 5th Annual Extension Nutrition Program Mini-Conference, Coeur d'Alene, ID., 2006.
- Johnson, S. Meal Time in Less Time. ENP Staff Training, Coeur d'Alene, ID. 2005.
- Johnson, S. Expectations of an Extension Nutrition Program Nutrition Advisor. ENP New Employee Training. Coeur d'Alene, ID. 2004 and 2005.
- Johnson, S. Got Calcium Lesson/Building A Healthy Me Curriculum. ENP Staff Training, Coeur d'Alene, ID. 2004.
- Johnson, S. Supermarket Tour. ENP Staff Training, Coeur d'Alene, ID. 2004.
- Kulin, E and S. Johnson. Get Moving with Fiber Lesson/Building A Healthy Me Curriculum. ENP Staff Training. Coeur d'Alene, ID. 2004.
- Johnson, S. Educating Participants with Diabetes, taught two 1.5-hour classes. ENP Staff Training, Moscow and Coeur d'Alene, ID. 2004.
- Johnson, S. 2005 Food Stamp Nutrition Plan Guidance: Highlights from A to Z taught two 1.5 hour classes. ENP Staff Training, Coeur d'Alene, ID and Moscow, ID. 2004
- Johnson, S. and J. Peutz. 2005 Food Stamp Nutrition Plan Guidance: Highlights from A to Z. ENP State Nutrition Advisor Conference, Twin Falls, ID. 2004.
- Johnson, S. The Health Benefits of Using Soy Products. District 1's 3rd Annual Extension Nutrition Program Mini-Conference, Coeur d'Alene, ID. 2004.
- Johnson, S. Building a Healthy Me, ENP Curriculum Training, Coeur d'Alene, ID. 2003.
- Johnson, S. Heart Healthy, taught two 1.5-hour trainings. ENP Staff Training, Moscow, ID and Coeur d'Alene, ID. 2003.
- Johnson, S. Expectations of an Extension Nutrition Program Nutrition Advisor, taught two 2-hour classes. ENP New Employee Training, Coeur d'Alene, ID. 2003.
- Johnson, S. Using the DASH Diet to Lower Blood Pressure, taught two 1-hour classes. ENP Staff Training, Moscow, ID and Coeur d'Alene, ID. 2003.
- Johnson, S. The Fight BAC Jeopardy Game. ENP Staff Training, Moscow, ID. 2003.
- Johnson, S. Aging Simulation. District 1's Second Annual Extension Nutrition Program Mini-Conference, Coeur d'Alene, ID. 2003.
- Johnson, S. District 1 Extension Nutrition Program. ENP State Nutrition Advisor Conference. Boise, ID. 2002.
- Johnson, S. Youth Curriculum for the Extension Nutrition Program. ENP Staff Training, Coeur d'Alene, ID. 2002.
- Johnson, S. Aging Simulation. ENP Staff Training, Coeur d'Alene, ID. 2002.
- Johnson, S. Sports Nutrition. ENP Staff Training, Sandpoint, ID. 2002.
- Johnson, S. The DASH Diet – Controlling High Blood Pressure. ENP Staff Training, Sandpoint, ID. 2001.
- Johnson, S. Team Nutrition – An Overview. ENP Staff Training, Coeur d'Alene, ID. 2001.
- Johnson, S. Healthy Eating with Diabetes – Class 1. ENP Staff Training, Sandpoint, ID. 2000.
- Johnson, S. Got Calcium. ENP Staff Training, Coeur d'Alene, ID. 2000.
- Johnson, S. Got Calcium Train the Trainer. ENP Staff Training, Sandpoint, ID. 1999.

Eat Smart Idaho (formerly Extension Nutrition Program (ENP) and Senior Extension Nutrition Program (SENP) Marketing Presentation:

- Johnson, S. Eat Smart Idaho MyPlate Tool Kits, Head Start/Early Head Start Health Advisory

- Board Meeting, (6 participants), Coeur d'Alene, ID. October 12, 2012.
- Johnson, S. Eat Smart Idaho, Our Changing Program. Coeur d'Alene Interagency Luncheon, (65 participants), Coeur d'Alene, ID. September 19, 2012.
- Johnson, S. University of Idaho's SNAP-Ed Program, Growing Healthy Communities, Second Harvest Conference, Spokane, WA., April 19, 2010. *Invited Presentation.*
- Johnson, S. Meeting the Nutritional Needs of Young Children, Mountain States Early Head Start, Sandpoint, 2009.
- Johnson, S. The Extension Nutrition Program: Developing Partnerships with SL Start. January 23, 2009.
- Johnson, S. The Extension Nutrition Program: Developing Partnerships with WIC. December 5, 2008.
- Johnson, S. The Extension Nutrition Program: Developing Partnerships with Mountain States Early Head Start. Coeur d'Alene, ID. 2008.
- Johnson, S. The Extension Nutrition Program: Meeting the Needs of Your County, presented two one-hour updates on the impact of District 1 ENP to advisory board members, two locations. Sandpoint, ID., Moscow, ID., 2006.
- Johnson, S. and P. Wright. The Senior Extension Nutrition Program for Congregate Meal Sites. Aging & Adult Services Senior Center Meeting, Coeur d'Alene, ID. 2005.
- Johnson, S. Developing New Partnerships with Area 2 Agency on Aging – The Senior Extension Nutrition Program. Lewiston, ID. 2004.
- Johnson, S. The Extension Nutrition Program: Meeting the Needs of Your County, presented seven one-hour updates on the impact of District 1 ENP to advisory board members, seven locations. Moscow, ID., Lewiston, ID., Grangeville, ID., St. Maries, ID., Sandpoint, ID., Bonners Ferry, ID., and Orofino, ID. 2003.
- Johnson, S. The Extension Nutrition Program: Developing Partnerships with Health & Welfare Mental Health & Child Protective Services. Coeur d'Alene, ID. 2003.
- Johnson, S. The Extension Nutrition Program: Developing Partnerships with ACES Mental Health. Coeur d'Alene, ID. 2003.
- Johnson, S. Expansion of the Extension Nutrition Program. Coeur d'Alene, ID. 2003.
- Johnson, S. The Extension Nutrition Program. Loving Care Home Health. Kellogg, ID. 2003.
- Johnson, S. The Senior Extension Nutrition Program. Aging & Adult Services of North Idaho Advisory Board Meeting, Post Falls, ID. 2002.
- Johnson, S. The Extension Nutrition Program: Meeting the Needs of Your County, presented four one-hour updates on the impact of District 1 ENP to advisory board members, four locations. Sandpoint, ID., Bonners Ferry, ID., St. Maries, ID., Moscow, ID., 2002.
- Johnson, S. The Senior Extension Nutrition Program. Aging & Adult Services of North Idaho Staff Meeting, Coeur d'Alene, ID. 2002.
- Johnson, S. Partnerships: The Extension Nutrition Program and the Food Stamp Office. Health & Welfare Staff Meeting, Moscow, ID. 2002.
- Johnson, S. The Extension Nutrition Program. North Idaho Partnering Conference, Coeur d'Alene, ID. 2001.

Food Safety:

- Johnson, S. Let's Get Busy...Preserving, Master Gardener's Series, February 29, 2016, March 9, 2015, Church of Jesus Christ of Latter Day Saints, Hayden, ID, July 26, 2014, Post Falls Library, October 7, 2013, Coeur d'Alene Tribal Wellness Center, August 21, 2013, Pilgrims Food Market, July 24, 2012, River City Garden Club, October 20, 2010, Master Gardeners' Series, Coeur d'Alene, ID., September 27, 2010, Post Falls Library, Post Falls, ID., August 19, 2010, Hayden Library, Hayden, ID., July 12, 2010, Master Gardeners' Series, Coeur d'Alene, ID., March 15, 2010.
- Johnson, S. Germ City, Clean Hand-Healthy People. Frederick Post Kinder Center. (9 presentations). Post Falls, ID. September 23, 2015.

- Johnson, S. Germ City, Clean Hand-Healthy People. LAM Christian Academy. Coeur d'Alene, ID. June 11, 2015.
- Johnson, S. Germ City, Clean Hand-Healthy People. Holy Family Catholic School. (8 presentations). Coeur d'Alene, ID. November 19, 2014.
- Johnson, S. Germ City, Clean Hand-Healthy People. LAM Christian Academy. (6 presentations). Coeur d'Alene, ID. November 5, 2014.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Kindergarten. (2 presentations). Coeur d'Alene, ID. September 24, 2014.
- Johnson, S. Germ City, Clean Hand-Healthy People. Borah Elementary. (12 presentations). Coeur d'Alene, ID. March 5, 2014.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Kindergarten. Coeur d'Alene, ID. October 16, 2013.
- Johnson, S. Germ City, Clean Hand-Healthy People. All-District Middle School Health Fair. Coeur d'Alene, ID. May 20, 2013.
- Johnson, S. Germ City, Clean Hand-Healthy People. Coeur d'Alene Christian School. (6 presentations). January 16, 2013.
- Johnson, S. Germ City, Clean Hand-Healthy People. Prairie View Elementary. (12 presentations). Post Falls, ID. October 24, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. Ponderosa Elementary. (6 presentations). Post Falls, ID. October 22, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. Frederick Post Kindergarten. (16 presentations). Post Falls, ID. October 10 & 12, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Kindergarten. Coeur d'Alene, ID. September 14, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. John Brown Elementary Parent Night. Rathdrum, ID. September 13, 2012.
- Johnson, S. and C. Hampton. Hands-On Canning Lab, Pilgrims Food Market, August 21, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. Borah Elementary. (10 presentations). Coeur d'Alene, ID. May 18, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. Hayden Kinder-Center. (13 presentations). Hayden, ID. February 24, 2012.
- Johnson, S. Germ City, Clean Hand-Healthy People. Hayden Meadows Elementary. (14 presentations). Hayden, ID. December 15, 2011.
- Johnson, S. Talking with a Food Safety Expert, Lakeland School District, First Lego League, Food Factor Challenge, Skype with Sandy McCurdy, October 18 and 19, 2011.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Kindergarten. Coeur d'Alene, ID., September 23, 2011.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Kindergarten. Coeur d'Alene, ID., September 17, 2010.
- Johnson, S. Germ City, Clean Hand-Healthy People. Hayden Meadows Elementary. (12 presentations). Hayden, ID. November 13, 2009.
- Johnson, S. Germ City, Clean Hand-Healthy People. Frederick Post Kinder Center. (14 presentations). Post Falls, ID. November 4, 2009.
- Johnson, S. Germ City, Clean Hand-Healthy People. Kinder-Magic. (2 presentations). Coeur d'Alene, ID. October 5, 2009.
- Johnson, S. Germ City, Clean Hand-Healthy People. Westridge Elementary. (13 presentations). Post Falls, ID. September 25, 2009.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Kindergarten. Coeur d'Alene, ID. September 24, 2009.
- Johnson, S. Let's Get Busy...Canning, Dietetic Interns, Coeur d'Alene, ID., September 17, 2009; Master Gardeners Series, June 15, 2009; LDS Church, Coeur d'Alene, ID. June 10, 2008; Athol Library, Athol, ID. April 22, 2008; Grace Bible Church, Coeur d'Alene, ID., September 16, 2006; LDS Church, Coeur d'Alene, ID., July 20, 2006.
- Johnson, S. Packing a Safe Lunch, Noxious Weed Department, Coeur d'Alene, ID., July 1, 2009;

Noxious Weed Department, Coeur d'Alene, ID., May 24, 2006.

Johnson, S. Germ City, Clean Hand-Healthy People. NIC Nursing Students. Coeur d'Alene, ID. June 1, 2009.

Johnson, S. Food Safety, Mountain State Early Head Start Employees Compressed Video Training, Coeur d'Alene, ID., April 27, 2009.

Johnson, S. Germ City, Clean Hand-Healthy People. Hayden Meadows Elementary. (20 presentations). Hayden, ID. April 10 and 13, 2009.

Johnson, S. McCurdy, S., and C. Hampton. ServSafe 16-hour Training, Coeur d'Alene, ID., March 2 and 16, 2009.

Johnson, S. Germ City, Clean Hand-Healthy People. Coeur d'Alene Christian School. (5 presentation). Coeur d'Alene, ID. November 17, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Prairie View Elementary. (12 presentations). Post Falls, ID. November 13, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Fernan Elementary. (16 presentations). Coeur d'Alene, ID. April 10-11, 2008.

Johnson, S. Coeur d'Alene School District Germ City Project, All Nurses Day, Coeur d'Alene, ID. May 23, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Winton Elementary. (12 presentations). Coeur d'Alene, ID. February 29, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Canfield Middle School. (10 presentations). Coeur d'Alene, ID. February 22, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Skyway Elementary. (17 presentations). Coeur d'Alene, ID. February 1, 7 & 8, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Atlas Elementary. (18 presentations). Coeur d'Alene, ID. January 28-29, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Hayden Meadows Elementary. (13 presentations). Coeur d'Alene, ID. January 22, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Ramsey Elementary. (22 presentations). Coeur d'Alene, ID. January 14 and 18, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Lakes Middle School. (8 presentations). Coeur d'Alene, ID. January 10-11, 2008.

Johnson, S. Germ City, Clean Hand-Healthy People. Bryan Elementary. (13 presentations). Coeur d'Alene, ID. December 20, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Dalton Elementary. (14 presentations). Coeur d'Alene, ID. December 17-18, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Sorenson Elementary. (14 presentations). Coeur d'Alene, ID. December 6-7, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Borah Elementary. (12 presentations). Coeur d'Alene, ID. November 16, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Coeur d'Alene Christian School. (6 presentations). Coeur d'Alene, ID. November 2, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Seltice GAP Program. (13 presentations). Post Falls, ID. October 25, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Frederick Post Kindercenter. (16 presentations). Post Falls, ID., October 5, 2007.

Johnson, S. Food Safety, Nutrition Play Group, Mountain States Early Headstart, Coeur d'Alene, ID., June 1, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Mullan Trail Elementary. (16 presentations). Post Falls, ID. April 20 & 27, 2007.

Johnson, S. Germ City, Clean Hand-Healthy People. Holy Family Catholic School. (5 presentations). Coeur d'Alene, ID. April 16, 2007.

McCurdy, S., Johnson, S., Hampton, C. Peutz, J. and L. Sant. Targeting Food Safety Exhibits Overview, FCS In-Service, Moscow, ID. April 13, 2007.

Hampton, C. and S. Johnson. Preserving Wild Game. LDS Church, Plummer, ID., November 4,

- 2006.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Learning Center. Coeur d'Alene, ID. October 12, 2006.
- Johnson, S. Practical Food Safety. Kootenai County Risk Management Luncheon, Coeur d'Alene, ID., September 14, 2006.
- Johnson, S. Germ City, Clean Hand-Healthy People. Challenger Day School. Post Falls, ID. March 27, 2006.
- Johnson, S. Food Preservation in 2006, Bab's Women's Group, Bayview, ID. February 28, 2006.
- Johnson, S. Food for Long-Term Storage, Friends Church, Hayden, ID. November 8, 2005.
- Johnson, S. Germ City, Clean Hand-Healthy People. Noah's Ark Learning Center. Coeur d'Alene, ID. October 13, 2005.
- Hampton, C. and S. Johnson. Putting Your Best Food Forward. St. Maries, ID. 2004.
- Johnson, S. Practical Food Safety: 101. Nutrition and Diabetes Seminar, Health & Welfare, Coeur d'Alene, ID. 2004.
- Johnson, S., and C. Hampton. Home Preserving Safely. Coeur d'Alene, ID. 2003.
- Hampton, C., and S. Johnson. Put your Best Food Forward. St. Maries, ID. 2003.
- Johnson, S. Drying Foods. St. Maries, ID. 2002.
- Johnson, S. Food Safety in Your Home. Idaho Housing, Coeur d'Alene, ID. 2002.
- Johnson, S. Causes of Foodborne Illness, taught three 2-hour presentations, 3 locations. Food Safety Advisor. Coeur d'Alene, ID, Sandpoint, ID, Bonners Ferry, ID. 2002 and 2001.
- Johnson, S. Prevention of Foodborne Illness, taught three 2-hour presentations, 3 locations. Food Safety Advisor. Coeur d'Alene, ID, Sandpoint, ID, Bonners Ferry, ID. 2002 and 2001.
- Johnson, S. Basis of Spoilage and Preservation, taught three 2-hour presentations, 3 locations. Food Safety Advisor. Coeur d'Alene, ID, Sandpoint, ID, Bonners Ferry, ID. 2002 and 2001.
- Johnson, S. Drying Foods, taught three 2-hour presentations, 3 locations. Food Safety Advisor. Coeur d'Alene, ID, Sandpoint, ID, Bonners Ferry, ID. 2002 and 2001.
- Johnson, S. Advanced Food Safety Advisor Update, taught three 2-hour presentations, 3 locations. Coeur d'Alene, ID., Sandpoint, ID, Bonners Ferry, ID. 2000.

Youth Development:

- Johnson, S. Building A Healthy Me Curriculum Overview, 3-hour training, 10 participants. Kids Club After School Program, Grangeville, ID. 2004.
- Johnson, S. Affecting Children's Eating Behavior. Super Saturday Benewah County, St. Maries, ID. 2003.
- Johnson, S. The New CCS Food Curriculum. 4H Leader Training, Coeur d'Alene, ID. 2001.
- Johnson, S. New Ideas for Foods of the Pacific Northwest. Super Saturday Benewah County, Plummer, ID. 2000.
- Johnson, S. Team Nutrition – School Plus and Kids Express After-School Program, taught 24 one-hour lessons at 4 different schools. Coeur d'Alene, ID and Worley, ID. 2000.
- Johnson, S. The New CCS Foods Curriculum. 4H Leaders Training, Coeur d'Alene, ID. 2000.
- Johnson, S. The New CCS Foods Curriculum – Leaders Training (4 participants). St. Maries, ID. 2000.
- Johnson, S. Team Nutrition Pilot - School-Plus Summer Program, taught 40 one-hour lessons at 5 participating schools. Coeur d'Alene, ID. 2000.
- Johnson, S. Foods Workshop. Benewah County 4H Camp, St. Maries, ID, 2000.
- Johnson, S. Nutrition Update. Super Saturday Bonner County, Sandpoint, ID. 2000.
- Johnson, S. You Are What You Eat. Super Saturday Kootenai County, Coeur d'Alene, ID. 2000.

University of Idaho Miscellaneous Extension Presentations:

- Johnson, S. Providing Community Nutrition Education in Extension, UI Dietetics Students. Students in Boise, Moscow and Coeur d'Alene, ID. October 14, 2019, October 17, 2018,

- October 16, 2017 & October 17, 2016.
- Johnson, S. Supplemental Nutrition Assistance Program, State Review, Coeur d'Alene, ID. September 21, 2016.
- Johnson, S. Supplemental Nutrition Assistance Program, Federal Review, Coeur d'Alene, ID. May 12, 2015.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai County. Kootenai County FCS Advisory Board, Coeur d'Alene, ID., December 8, 2014.
- Johnson, S. What is Extension and how do we help with Diabetes Management. UI Dietetics Students. Students in Boise and Coeur d'Alene. Coeur d'Alene, ID. October 1, 2014.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID., December 16, 2013.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID., December 17, 2012.
- Johnson, S. Extension Nutrition Program, Ignite Idaho, December 6, 2012.
- Johnson, S. Extension Nutrition Program in North Central Idaho, Advisory Board Meeting, March 14, 2011.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID., December 17, 2009.
- Johnson, S. FCS in District 1, Joint Meeting with District 1 Faculty and Coeur d'Alene Center, April 8, 2009.
- Johnson, S. ENP/SENP in District 1, CSREES Review, Coeur d'Alene, ID. April 24, 2008.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID., December 13, 2008.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID., December 11, 2006.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID. 2005.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID. 2004.
- Johnson, S. Nutrition Programs in Bonner County, Bonner County Commissioner Meeting, Sandpoint, ID. 2004.
- Johnson, S. Family & Consumer Sciences Programs in Kootenai County, Kootenai County Commissioner Meeting, Coeur d'Alene, ID. 2004.
- Johnson, S. Nutrition Programs in Boundary County. University of Idaho Extension Showcase, Boundary County Commissioner Meeting, Bonners Ferry, ID. 2003.
- Johnson, S. Update on FCS Programming in Kootenai and Shoshone Counties. Kootenai and Shoshone County FCS Advisory Board, Coeur d'Alene, ID. 2003.
- Johnson, S. Impact of FCS Programs in Kootenai and Shoshone Counties. FCS Kootenai /Shoshone County Advisory Board, Coeur d'Alene, ID. 2002.
- Johnson, S. Retrospective Pre-Test Methodology. CALS Evaluation Training – Satellite, Sandpoint, ID. 2002.
- Johnson, S. The Role of Extension Educators. CSREES External Review, Moscow, ID. 2001. *Invited Presentation.*

SCHOLARSHIP ACCOMPLISHMENTS:

Publications, Exhibitions, Performances, Recitals:

Refereed:

Journals:

- Roe, A. J., B. Morrisroe-Aman, L. Foist, **S. Johnson**, S. G. Lee, J. Peutz, & K. Hansen. (2021). Long Live Idaho!: Lessons Learned from a Supplemental Nutrition Assistance Program Education Social Marketing Campaign. *Journal of National Extension Association of Family and Consumer Sciences*, 16, 110–115. <https://neafcs.memberclicks.net/assets/documents/journal/2021-jneafcs/2021-JNEAFCS-Final-Web.pdf>
- Morrisroe-Aman, B., L. Sant, S. Johnson, J. Buck, J.H. Kim, G. Wittman. 2021. H2O to Go – Staying Hydrated Safely: A Reusable Water Bottle Safety Project. *Journal of Nutrition Education and Behavior*. *Journal of the National Extension Association of Family & Consumer Sciences*. 16, 56-59. <https://neafcs.memberclicks.net/assets/documents/journal/2021-jneafcs/2021-JNEAFCS-Final-Web.pdf>
- Johnson, S., Peutz, J., Branen, L., and Ramsey, S. (2013). A Qualitative Approach to Assess Barriers and Supportive Behaviors in Nutrition Education for Seniors. *Journal of the National Extension Association of Family & Consumer Sciences*. 8, 33-38.
- McCurdy, S., Johnson, S., Hampton, C., Peutz, J., Sant, L., and Wittman, G., (2010). Ready-to-Go Exhibits Expand Consumer Food Safety Knowledge and Action. *Journal of Extension* [On-line], 48(5) Article 5TOT10. Available at: <http://www.joe.org/joe/2010october/tt10.php>
- Johnson, S. Local Area Agency on Aging Supports In-Home Nutrition Education for High-Nutritional Risk Seniors. *Journal of Extension* (On-line), 48(4) Article 4IAW3. Available at: <http://www.joe.org/joe/2010august/iw3.php>
- Raidl, M., Johnson, J. Welch, K. Spain, J. Peutz, R. Lanting, M. Hawkins, J. Parr, M. Spencer, L. Sant, A. Liddil, and M. Hartman. The Healthy Diabetes Plate. *Prevention of Chronic Diseases* (serial online), January 2007.
- Raidl, M., Lanting, R., Liddil, A., Johnson, S., Spencer, M., and Spain, K. (2005). Assessing changes in children’s food choices. *The Reporter, Research Journal of Extension Family & Consumer Sciences*, 9-12.
- Johnson, S., and P. Bouchard. 2004. The Senior Extension Nutrition Program. *2004 Healthcare and Aging Awards: Recognizing Innovation and Quality, A Compendium of Model Programs*.
- Raidl, M., S. Johnson, K. Gardiner, M. Denham, K. Spain, R. Lanting, C. Jayo, A. Liddil, A., and K. Barron. 2003. Use Retrospective Surveys to Obtain Complete Data Sets and Measure Impact in Extension Programs. *Journal of Extension*. (On-line), 42(2) Article 2RIB2. Available at: <http://www.joe.org/joe/2004april/rb2.php>
- Raidl, M., S. Johnson, J. Welch, K. Spain, J. Peutz, R. Lanting, M. Hawkins, J. Parr, M. Spencer, L. Sant, A. Liddil, and M. Hartman. How the University of Idaho Extension Promotes the National Diabetes Education Initiatives. *Journal of Extension*. June 2003.

Extension Publications:

Curriculum:

- Jensen, K., M. Toomey, **S. Johnson**, J. Buck, L. Blanch, K. Tiff, S. G. Lee. August 2022. Five for Five - Five Minutes to Better Health, University of Idaho, ECS 018. University of Idaho Extension Publishing.

Bulletins:

- Roe, A. **S. Johnson**, J. Peutz, S. G. Lee, K. Hansen. Food and Your Family: A brief guide to enjoying food with young children and your family. University of Idaho Extension FastTrack, (Bulletin Proposal Accepted). Submission ID: 2022-0742.
- Roe, A., A. Agenbroad, J. Elvira, **S. Johnson**, J. Peutz, S.G. Lee, K. Hansen, and H.

Whitehead. (2023). Market Fresh in a SNAP! Delicious, no-cook recipes for in-season Idaho produce. University of Idaho Extension. UI Bulletin 1025.

Morrisroe,-Aman, B. L. Sant, S. Johnson, J. Buck, J.H. Kim, G. Wittman. 2020 H2O to Go, Staying Hydrated Safely, University of Idaho. BUL.971.

Videos/Educational Materials:

Roe, A. S. Johnson, J. Peutz, S. G. Lee, K. Hansen. Feed Your Kids a Rainbow: Banana Blueberry Bean Smoothie Recipe. University of Idaho Extension FastTrack, (Video Proposal Accepted). Submission ID: 2022-0741.

Roe, A. S. Johnson, J. Peutz, S. G. Lee, K. Hansen. Eat Smart Idaho Grocery Store Tour. University of Idaho Extension FastTrack, (Video Proposal Accepted). Submission ID: 2021-0711.

Abstracts and Proceedings:

Peutz, J. Buck, J. Johnson, S., Lanting, R., Hansen, K., & P. McCawley. The Public Value of Eat Smart Idaho. 2015 National Health Outreach Conference, Atlanta, GA. May 5-8, 2015.

Toomey, M. Whittman, G., Silkwood, G., Johnson, S., Peutz, P., Lanting, R., & S. Greenway. Connecting Internally to Build Healthy Youth. 2015 National Health Outreach Conference, Atlanta, GA. May 5-8, 2015.

Peutz, J., Johnson, S., Lanting, R., and Liddil, A. Using Focus Groups to Explore and Improve Idaho's SNAP-Ed Program. Priester National Extension Health Conference Abstract. Corvallis, OR April 16, 17, 2013.

Johnson, S., K Gardiner, and P. Bouchard. 2004. Reducing the Risk of High-Nutritional Risk Seniors. National Priester Extension Health Conference, St. Louis, Missouri.

Raidl, M., K. Spain, R. Lanting, C. Jayo, S. Johnson, M. Spencer, H. Tubbs, and S. Safaii. 2002. Team Nutrition: Increases Knowledge and Improves Eating Behaviors. National Priester Extension Health Conference: Health Across the Lifespan, Orlando, Florida.

Raidl, M., S. Johnson, J. Peutz, R. Lanting, B. Petty, L. Sant, M. Spencer, and M. Hartman. 2002. The Healthy Diabetes Plate. National Priester Extension Health Conference: Health Across the Lifespan, Orlando, Florida.

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Raidl, M., S. Johnson, J. Peutz, R. Lanting, B. Petty, L. Sant, M. Spencer, and M. Hartman. 2001. How the University of Idaho Cooperative Extension System Teaches the Diabetic Diet to their clientele. National Priester Health Conference, Dallas, Texas.

Peer Reviewed/Evaluated Publications:

Extension Publications:

Johnson, S. Ducar, E., Jones, S., Clark, D.. and T. Blasick. The Coeur d'Alene, Northern Lakes and Kootenai Fire Departments, Families in the Kitchen, Encourage Success with Healthy Recipes, Nutrition Education Calendar. University of Idaho. 2021.

Johnson, S. Ducar, E., Jones, S., Clark, D.. and T. Blasick. The Coeur d'Alene, Northern Lakes and Kootenai Fire Departments, Healthy Changes One Meal At A Time, Nutrition Education Calendar. University of Idaho. 2019-2020.

Johnson, S. Ducar, E., Jones, S., Clark, D.. and T. Blasick. The Coeur d'Alene, Northern Lakes and Kootenai Fire Departments, Fire Up Your Day with Color, Nutrition Education Calendar. University of Idaho. 2018-2019.

Johnson, S. Garrison, B., Ducar, E., Jones, S. & D. Clark. The Coeur d'Alene and Northern Lakes Families Eating Together Nutrition Education Calendar. University of Idaho. 2017-2018.

Johnson, S. Jones, S. & D. Clark. The Coeur d'Alene Fire Department Healthy Choice Recipe

- Book, The Best Recipes “fired up” by health just for you, after school or anytime. University of Idaho. 2016-2015.
- Johnson, S. Jones, S. & D. Clark. The Coeur d’Alene Fire Department Healthy Choice Calendar. University of Idaho. 2016-2015.
- Johnson, S. 2006 Fighting Hunger with Education: ENP Helps Families in Greatest Need. UI Extension Trends 2006: Family and Community, page 7.
- Johnson, S. 2004. North Idaho extension nutrition program for seniors shows results in improved eating habits. UI Extension Education Trends 2003-04: Family and Community, page 7.
- Johnson, S. 2001. Healthy Eating with Diabetes Recipe Book. University of Idaho.

Abstracts and Proceedings:

- Jensen, K., and S. Johnson. 2022. Five for Five – 5 Minutes to Better Health, for Margaret Ritchie School of Family and Consumer Sciences 120th Anniversary Symposium, Moscow, Idaho. (*1,2,3,4,5,6)
- Jensen, K., S. Johnson, M. Toomey, J. Buck, L. Blanch, S.G. Lee, and K. Tifft. 2022. Five for Five – 5 Minutes to Better Health, for University of Idaho CALS Annual Conference, Moscow, Idaho. (*1,2,3,4,5,6)
- Johnson, S. 2021. Partnering with Eat Smart Idaho. Idaho School Nutrition Association Annual Conference, Boise, Idaho, June 17-20.
- Buck, J., K. Jang, L. Sant, S. Johnson, B. Morrisroe-Aman, G. Wittman. 2020. Effect of Cleaning Education on Microbiological Quality of Reusable Water Bottles. National Extension Association of Family and Consumer Sciences Virtual Conference.
- Buck, J., K. Jang, L. Sant, S. Johnson, B. Morrisroe-Aman, G. Wittman. 2020. Effect of Cleaning Education on Microbiological Quality of Reusable Water Bottles. Idaho and Washington Academy of Nutrition and Dietetics Conference, Spokane, Washington.
- Johnson, S. & M. Wallis. Tools for Building a Healthy Food Pantry, SNAP-Ed Nutrition Education Outreach, Second Harvest Round Table Conference, September 20, 2018.
- Johnson, S., Roe, A., Gardiner, Hansen, K., Ducar, E., Jones, S., and D. Clark. Eat Smart Idaho uses Strong Partnerships as the Backbone for Smarter Lunchroom Success. Society for Nutrition Education and Behavior’s 51st Annual Conference Committee, July 21 – 24, 2018, Minneapolis, MN.
- Bricky, J., Roe, A., Johnson, S., Guan Lee, S., and Peutz, J. Eat, Smart, Plan, Shop, Save and Live; All the Best Words are already Taken: Creating an Online Nutrition Education Curriculum for Idaho. Society for Nutrition Education and Behavior’s 51st Annual Conference Committee, July 21 – 24, 2018, Minneapolis, MN.
- Roe, A. 1, Buck, J., Johnson, S., Guan Lee, S., Morrisroe- Aman, B., and J. Peutz. Eat Smart Idaho: Bridging Nutrition Education and Environmental Change for Low-Resource Idahoans, Idaho Academy of Nutrition and Dietetics Annual Meeting, Sun Valley, April 19-20, 2018.
- Johnson, S. & C. Geschke-Lagrou. Tools for Building a Healthy Food Pantry, SNAP-Ed Nutrition Education Outreach. 8th Annual Partner Agency Regional Conference, Second Harvest Spokane, Washington. September 21, 2017.
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- Johnson, S., Curb, J., R. Kline, & D. Christ. Building Community Partnerships: Building a School Based Healthy Food Pantry Together. Spokane, WA. Second Harvest 7th Annual Partner Conference, September 22, 2016.
- Toomey, M. Wittman, G., Silkwood, G., Johnson, S., Peutz, P., Lanting, R., & S. Greenway. 4H Food Smart Families Expands Extensions Reach in Idaho, 2015 NAE4-HA National Conference, Portland, OR., October 25-29, 2015.
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- Johnson, S. Gardiner, K, Peutz, J. Lanting, R. Liddil, A., and P. McCawley. How Eat Smart Idaho Nutrition Education is Improving Lives of Those Below Poverty Level. Idaho/Washington Dietetics Conference, Learning & Leading, Spotlight Showcase. Airway Heights, WA. April 6-8, 2014.
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- Johnson, S and P. Bouchard. Nutrition Impacts High Nutritional Risk Seniors. National Association of Area Agencies on Aging Annual Conference, San Francisco, CA, July 28-August 1, 2007.
- Johnson, S. The Senior Extension Nutrition Program, CALS Annual Conference, April 11, 2007.
- McCurdy, S. Johnson, S., Hampton, C. Peutz, J. and L. Sant. Targeting Food Safety with Meat Thermometers. CALS Annual Conference, April 11, 2007.
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- Bischoff, M., Healy, B. Hampton, C. and Johnson, S. 2005. Meeting the Needs of Idaho's Seniors. Legislative Poster Session. Boise, Idaho.

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- Johnson, S., L. Branen, and K. Gardiner. 2004. Barriers and Supports of High-Nutritional Risk Seniors. 2004 National Society of Nutrition Education Annual Conference: Inviting Everyone to the Table, Salt Lake City, Utah.
- Johnson, S., K. Gardiner, and P. Bouchard. 2004. Changing Lives - Idaho's Nationally Recognized Senior Extension Nutrition Program. University of Idaho Extension Annual Conference: Sharpening Your Tools in Your Tool Box, Boise, Idaho.
- Raidl, M., R. Lanting, J. Peutz, B. Petty, S. Johnson, B. Healy, M. Spencer, and A. Liddil. 2004. Effectiveness of an Osteoporosis Prevention & Treatment curriculum: Your Bones, Your Body. University of Idaho Extension Annual Conference: Sharpening Your Tools in Your Tool Box, Boise, Idaho.
- Johnson, S. and P. Bouchard. 2004. High Nutritional Risk Seniors and Nutrition Advisors Pair Up for In-Home Counseling. 2004 Joint Conference of the American Society on Aging & the National Council on the Aging, San Francisco, California.
- Johnson, S., K. Gardiner, and P. Bouchard. 2004. Food Stamp Nutrition Education Partners with Aging & Adult Services to Provide Nutrition Education to High-Nutritional Risk Seniors. National Food Stamp Nutrition Education Conference – A Vision, A Journey, A Partnership, Columbus, Ohio.
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- Raidl, M., S. Johnson, R. Lanting, J. Peutz, M. Spencer, B. Petty, L. Sant, and M. Hartman. 2003. The Healthy Diabetes Plate. Invited poster session. Diabetes Alliance of Idaho Conference, "Idaho Kids and Diabetes," Boise, Idaho.
- Raidl, M., S. Johnson, K. Gardiner, K. Spain, R. Lanting, C. Jayo, A. Liddil, K. Barron, and M.

- Denham. 2003. Be Retrospective When Evaluating Behavior Changes. Poster Presentation at the Food and Nutrition Service (FNS) National Nutrition Education Conference, Washington, D.C.
- Raidl, M., S. Johnson, J. Peutz, B. Healy, R. Lanting, B. Petty, M. Spencer, and A. Liddil. 2002. Osteoporosis, Prevention and Treatment. Society of Nutrition Education Annual Conference, Advancing Women's Health for Healthy Communities, St. Paul, Minnesota.
- Raidl, M., S. Johnson, R. Lanting, J. Peutz, B. Petty, M. Spencer, M. and Hartman. 2001. Piloting Diabetes in Idaho. Society of Nutrition Education Annual Conference, Full Circle: Agriculture Nutrition and Health, Oakland, California.
- Johnson, S. and J. Peutz. 2001. Healthy Eating with Diabetes. University of Idaho All College Annual Conference, Sun Valley, Idaho.
- Peutz, J., S. Johnson, and M. Raidl. 2001. Healthy Eating with Diabetes, National Extension Association of Family and Consumer Sciences 67th Annual Session Proceeding, Portland, Oregon.
- Peutz, J., S. Johnson, and M. Raidl. 2001. Showcase of Excellence, Healthy Eating with Diabetes, National Extension Association of Family and Consumer Sciences 67th Annual Session Proceeding, Portland, Oregon.
- Johnson, S., and J. Peutz. 2001. Healthy Eating with Diabetes. Legislative Poster Session, Boise, Idaho.

Refereed/Adjudicated:

- Raidl, M., Johnson, S., Lanting, R., Spain, K., Spencer, M., and S. Safaii. Team Nutrition Classes Can Be Used to Determine Children's Eating Habits. *Journal of Nutrition Education and Behavior*, 2004;36 (2):101-104.

Exhibit Product Peer Reviewed:

- McCurdy, S., S. Johnson, C. Hampton, J. Peutz, L. Sant, and G. Wittman, 2007. "Targeting Food Safety: Posters and Supporting Exhibit Materials on Four Consumer Food Safety Topics." Developed April 2006 to March 2007 for University of Idaho Extension.

Other:

Impact Statements:

- Johnson, S. (2022) Soccer for Success in Kootenai County. Impact Statement.
- Johnson, S. (2022) Harvest for Healthy Kids. Impact Statement.
- Johnson, S. (2022) Extension Offers Expertise to the Middle School Young Living Curricula. Impact Statement.
- Johnson, S. (2021) Reusable water bottle education results in behavior change. Impact Statement.
- Johnson, S. (2021) A little healthy competition makes for a successful healthy food drive. Impact Statement.
- Johnson, S. (2021) Changing cooking behaviors helps save money at local grocery store. Impact Statement.
- Johnson, S. (2020) The Eat Smart Award, Raising Awareness and Benefiting Families. Impact Statement.
- Johnson, S. (2019) Change for Change: Getting Paid to Eat Healthy. Impact Statement.
- Johnson, S. (2018) Eat Smart Idaho Bringing Access to Healthy Foods for Low Income Families. Impact Statement.
- Johnson, (2018) Creative Partners Make for Smarter Lunchroom Success in Kootenai County. Impact Statement.
- Johnson, S. (2017) Eat Smart Idaho Supporting our Local Food Pantries. Impact Statement.

- Johnson, S. (2017) Gold Smarter Lunchroom Status Achieved at All 10 CDA Elementary Schools. Impact Statement.
- Johnson, S. (2016) Smarter Lunchroom making an impact in the CDA School District. Impact Statement.
- Johnson, S. (2016) Access to healthy food for Kootenai County Families in Need. Impact Statement.
- Johnson, S. (2013) Ironman supports childhood obesity prevention in North Idaho. Impact Statement.
- Peutz, J., Johnson, S., Lanting, R. and Liddil, A. et. al. (2013). Eat Smart Idaho: Improving the health of Idaho's communities. Impact Statement.
- Johnson, S. and K. Gardiner. (2012). Lakeland Early Heart Start Center: From Garden to Groceries! Impact Statement.
- Johnson, S. Gardiner, K., and M. Hamilton. 2011. Second Harvest Foods for SNAP-Ed Families. Impact Statement.
- Johnson, S. 2010. Offering a Comprehensive Approach to People with Diabetes. Impact Statement.
- Johnson, S. 2009. Free Health Clinic Added to Healthy Eating with Diabetes- Blood Sugars Show Improvements. University of Idaho Extension. Impact Statement.
- Johnson, S., Gardiner, K., and P. Bouchard. 2009. The Senior Extension Nutrition Program: Improves Eating Habits Amongst Homebound Seniors. University of Idaho Extension. Impact Statement.
- Johnson, S. 2008. Germ City: Reaching Elementary Children in the Coeur d'Alene School District. University of Idaho Extension. Impact Statement.
- Johnson, S. 2008. North Idaho Extension Nutrition Program Making a Difference for Food Stamp Families. University of Idaho Extension. Impact Statement.
- Johnson, S., K. Gardiner, and P. Bouchard. 2008. The Senior Extension Nutrition Program: Proven Success in Seniors' Nutritional Status. University of Idaho Extension. Impact Statement.
- McCurdy, S. Johnson, S., Hampton, C. Peutz, J. G. Whittman, and L. Sant. 2008. Ready-to-go Exhibits Expand Consumer Food Safety Knowledge & Action. University of Idaho Extension. Impact Statement, 54-08.
- Johnson, S. 2007. Senior Extension Nutrition Program: Teaching Seniors How to Better Manage Their Health. University of Idaho Extension. Impact Statement.
- Johnson, S. 2007. Diabetes Program in North Idaho with Proven Results. University of Idaho Extension. Impact Statement.
- Johnson, S and K. Gardiner. 2006. Extension Nutrition Program Helps Food Stamp Families Plan Healthy Behavior Changes. University of Idaho Extension. Impact Statement, 35-06.
- Johnson, S. 2006. Free Diabetes Workshops Receive Overwhelming Response. University of Idaho Extension. Impact Statement. 34-06.
- Johnson, S., K. Gardiner, and P. Bouchard. 2006. Senior Extension Nutrition Program Benefits Seniors Health. University of Idaho Extension. Impact Statement, 36-06.
- Johnson, S. and K. Gardiner. 2005. The Extension Nutrition Program's New Project Impacts North Idaho's Low-Income Families. University of Idaho Extension. Impact Statement, 36-05.
- Johnson, S. K. Gardiner, and P. Bouchard. 2005. Senior Extension Nutrition Program Empowers Seniors to Control Their Health, University of Idaho Extension. Impact Statement, 37-05.
- Johnson, S. and S. McCurdy. 2005. Children at the North Idaho Fair's Petting Zoo Learn to Properly Wash Their Hands. University of Idaho Extension. Impact Statement, 38-05.
- Johnson, S., K. Gardiner, and P. Bouchard. 2004. Senior Extension Nutrition Program Addresses Nutritional Needs of Seniors. University of Idaho Extension. Impact Statement, 31-04.
- Johnson, S. 2004. Using Pedometers Increases Physical Activity for those Dealing with Diabetes. University of Idaho Extension. Impact Statement, 29-04.

- Johnson, S. and K. Gardiner. 2004. Food Stamp Nutrition Education Prepares to Serve More Low-Income Families. University of Idaho Extension. Impact Statement, 30-04.
- Johnson, S., and K. Gardiner. 2003. District 1 Extension Nutrition Program: Ensuring Families are Food Secure. University of Idaho Extension. Impact Statement, 51-03.
- Johnson, S., K. Gardiner, and P. Bouchard. 2003. Reducing the Risk of High-Nutritional Risk Seniors. University of Idaho Extension. Impact Statement, 49-03.
- Johnson, S., 2003. Weight Loss and Improved Blood Sugars: Program Shows Long term Success in Managing Diabetes. University of Idaho Extension. Impact Statement. 50-03.
- Howe, S., S. Johnson, V. Steele, and S. Traver. 2003. Internet Masters Education Program. University of Idaho Extension.
- Raidl, M., S. Johnson, R. Lanting, and A. Liddil. 2003. Extension Nutrition Program (ENP) Uses Retrospective Survey to Determine Impact on Participants. University of Idaho Extension.
- Johnson, S. 2002. UI Kootenai Extension and Aging & Adult Service partner to help high-nutritional risk seniors. University of Idaho Extension.
- Johnson, S., and K. Gardiner. 2002, District 1 ENP: Helping more families achieve self-sufficiency. University of Idaho Extension.
- Raidl, M., S. Johnson, J. Peutz, R. Lanting, M. Spencer, L. Sant, L., M. Hartman, and J. Harker. 2002. The Healthy Diabetes Plate. University of Idaho Extension.
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- Johnson, S. 2001. Healthy Eating with Diabetes Program: Changes eating habits and increases confidence. University of Idaho Extension.
- Johnson, S., and K. Gardiner. 2001, Panhandle Extension Nutrition Program (ENP): Changing behaviors long-term. University of Idaho Extension.
- Johnson, S. 2001. Team Nutrition improves children's eating habits. University of Idaho Extension.
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Research Reports:

- Johnson, S. 2002-2003. District 1 Extension Nutrition Program Nutrition Education Grant Report. 20 pp.
- Johnson, S. 2001-2002. District 1 Extension Nutrition Program Nutrition Education Grant Report. 15 pp.

Nutrition/Food Safety Education Publications:

- Johnson, S. 2005. Germ City Information for Volunteers, 11 pp.
- Johnson, S. 2005. Germ City Parent Brochure, 2 pp.
- Johnson, S., Gardiner, K. 2003. Fight BAC Jeopardy Game. The Extension Nutrition Program.
- Johnson, S. 2001. Healthy Eating with Diabetes Food Cards. 6 pp.
- Johnson, S. 2001. Healthy Eating with Diabetes Standards of Care Cards. 2 pp.

Scholarly Presentations and Other Creative Activities:

Curricula Developed:

- Kim, J., Buck, J., Dye, L., Greenway, S., Hoffman, K., Johnson, S. Peutz, J., Robertson, A., Sant, L., and G. Wittman. 2019. Ready, Set, Food Safe, 4th Edition. On-Line Version.

McCurdy, S., Abo, B., Dye, L., Jensen, K., Johnson, S., Hampton, C., Peutz, J., Sant, L., and G. Wittman. 2010. Ready, Set, Food Safe, 3rd Edition.

PowerPoint Presentations:

- Johnson, S. 2006. Let's Get Busy...Canning! (posted on web course Preserve @ Home, used by Boundary County Extension).
- Johnson, S. 2004. The Best Diabetes Care: What you need to know when seeing your physician (used by Franklin County Extension).
- Johnson, S., and J. Peutz. 2001. Heart Healthy (used by Franklin County, Home Health Agency in Boundary County.)
- Johnson, S. 2002. The Senior Extension Nutrition Program: UI Extension and Aging & Adult Services of North Idaho (used by Twin Falls County Extension.)
- Johnson, S., Traver, S. 2000. The Role of Extension Educators (used by Director of the School of Family & Consumer Sciences.)
- Johnson, S. 2000. The Extension Nutrition Program (used by Twin Falls County Extension).

Video Productions:

- Johnson, S., M. Raidl, M. Denham, K. Gardiner, B. Beckman, and B. Troka. 2000. The Extension Nutrition Program State Recruitment Video. University of Idaho. (7 minute video).

Displays and Posters:

- Buck, J., K. Jang, L. Sant, S. Johnson, B. Morrisroe-Aman, G. Wittman. 2020. Effect of Cleaning Education on Microbiological Quality of Reusable Water Bottles. National Extension Association of Family and Consumer Sciences Virtual Conference.
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- Johnson, S., Gardiner, K. and B. Garrison, Creating Healthier Food Banks. Spokane, WA. Second Harvest 8th Annual Partner Conference, September 21, 2017.
- Johnson, S., Creating Healthier Food Banks, Asking for Healthier Food Donations. Spokane, WA. Second Harvest 7th Annual Partner Conference, September 22, 2016.
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- Peutz, J., Johnson, S., Lanting, R., and Liddil, A. Using Focus Groups to Explore and Improve Idaho's SNAP-Ed Program. Priester National Extension Health Conference Abstract. Corvallis, OR April 16, 17, 2013.
- Johnson, S. K. Herron, M. Hartman-Cunningham, M. Raidl and P Bouchard. Partnerships Enhance Positive Behavior Changes in People with Type 2 Diabetes, Society for Nutrition Education and Behavior, 45th Annual Conference Nutrition Education: Energy from Synergy, Washington, DC, July 14 - 17, 2012.
- Johnson, S., L. Kolenda. M. Hartman-Cunningham, M. Raidl and P Bouchard Effective Partnerships Enhance Positive Behavior Changes in People with Type 2 Diabetes, Eating Well with Diabetes, Diabetes Coalition, National Diabetes Month Seminars, November 9, 2011, CALS Annual Conference, April 14, 2010.
- McCurdy, S. Johnson, S., Hampton, C. Peutz, J. G. Whittman, and L. Sant. Interactive Food Safety Exhibits for Consumer Venues. JCEP Galaxy III Conference, Indianapolis, Indiana, September 15-19, 2008.
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- Johnson, S. and K. Gardiner. 2005. The Extension Nutrition Program. Governor's Roundtable to Children and Families. Coeur d'Alene, Idaho.
- Bischoff, M., Healy, B. Hampton, C. and Johnson, S. 2005. Meeting the Needs of Idaho's Seniors. Legislative Poster Session. Boise, Idaho.
- McCurdy, S., Hampton, C., Johnson, S., Peutz, J., Healy, B., Gossett, L., Lanting, R., and A. Liddil. 2005. Food Safety Education of Idaho Consumers—Disseminating Information about Safe Cooking of Ground Beef to Avoid *E. coli* O157:H7. Legislative Poster Session. Boise, Idaho.
- Johnson, S., L. Branen, and K. Gardiner. 2004. Barriers and Supports of High-Nutritional Risk Seniors. 2004 National Society of Nutrition Education Annual Conference: Inviting Everyone to the Table, Salt Lake City, Utah.
- Johnson, S., K. Gardiner, and Bouchard. 2004. Reducing the Risk of High-Nutritional Risk Seniors. National Priester Extension Health Conference, St. Louis, Missouri.
- Johnson, S., K. Gardiner, and P. Bouchard. 2004. Changing Lives~Idaho's Nationally Recognized

- Senior Extension Nutrition Program. University of Idaho Extension Annual Conference: Sharpening Your Tools in Your Tool Box, Boise, Idaho.
- Raidl, M., R. Lanting, J. Peutz, B. Petty, S. Johnson, B. Healy, M. Spencer, and A. Liddil. 2004. Effectiveness of an Osteoporosis Prevention & Treatment curriculum: Your Bones, Your Body. University of Idaho Extension Annual Conference: Sharpening Your Tools in Your Tool Box, Boise, Idaho.
- Raidl, M., S. Johnson, K. Gardiner, K. Spain, R. Lanting, C. Jayo, A. Liddil, K. Barron, and M. Denham. 2004. Be Retrospective When Evaluating Behavior Changes. National Food Stamp Nutrition Education Conference – A Vision, A Journey, A Partnership, Columbus, Ohio.
- Johnson, S., K. Gardiner, and P. Bouchard. 2004. Changing Lives~Idaho's Nationally Recognized Senior Extension Nutrition Program. Legislative Poster Session. Boise, Idaho.
- Raidl M, S. Johnson, K. Gardiner, K. Spain, R. Lanting, C. Jayo, A. Liddil, K. Barron, and M. Denham. 2003. Be Retrospective When Evaluating Behavior Changes. Galaxy II: Exceeding Expectations Through Teamwork National Conference for Extension Professionals, Salt Lake City, Utah.
- Raidl M, S. Johnson, R. Lanting, J. Peutz, M. Spencer, B. Petty, L. Sant, and M. Hartman. 2003. Learn About The Healthy Diabetes Plate. Galaxy II Conference: Exceeding Expectations Through Teamwork National Conference for Extension Professionals Salt Lake City, Utah.
- Johnson, S., K. Gardiner, and P. Bouchard. 2003. The Senior Extension Nutrition Program. Legislative Poster Session. Boise, Idaho.
- Raidl M, S. Johnson, K. Gardiner, K. Spain, R. Lanting, C. Jayo, A. Liddil, K. Barron, and M. Denham. 2003. Extension Nutrition Program (ENP) Increases Collaboration with Community Partners. Legislative Poster Session. Boise, Idaho.
- Raidl, M., S. Johnson, J. Peutz, R. Lanting, B. Petty, L. Sant, M. Spencer, and M. Hartman. 2003. Use Your Plate to Learn About Healthy Eating with Diabetes. Center for Disease Control, Diabetes Translation Conference, Boston, Massachusetts.
- Raidl M., Johnson, S., Peutz, J., Lanting, R., Petty, B., Sant, L., Spencer, M., and M. Hartman. 2003. The Healthy Diabetes Plate. Hawaii International Conference on Education. Honolulu, Hawaii.
- Raidl M, S. Johnson, R. Lanting, J. Peutz, M. Spencer, B. Petty, L. Sant, and M. Hartman. 2003. The Healthy Diabetes Plate. Invited poster session. Diabetes Alliance of Idaho Conference, "Idaho Kids and Diabetes," Boise, Idaho.
- Raidl, M., S. Johnson, K. Gardiner, K. Spain, R. Lanting, C. Jayo, A. Liddil, K. Barron K, and M. Denham. 2003. Be Retrospective When Evaluating Behavior Changes. Poster Presentation at the Food and Nutrition Service (FNS) National Nutrition Education Conference, Washington, D.C.
- Raidl, M., K. Spain, R. Lanting, C. Jayo, S. Johnson, M. Spencer, H. Tubbs, and S. Safaii. 2002. Team Nutrition: Increases Knowledge and Improves Eating Behaviors. National Priester Extension Health Conference: Health Across the Lifespan, Orlando, Florida.
- Raidl, M., S. Johnson, J. Peutz, R. Lanting, B. Petty, L. Sant, M. Spencer, and M. Hartman. 2002. The Healthy Diabetes Plate. National Priester Extension Health Conference: Health Across the Lifespan, Orlando, Florida.
- Peutz, J., S. Johnson, and M. Raidl. 2001. Showcase of Excellence, Healthy Eating with Diabetes, National Extension Association of Family and Consumer Sciences 67th Annual Session Proceeding, Portland, Oregon.
- Raidl, M., S. Johnson, R. Lanting, J. Peutz, B. Petty, M. Spencer, and M. Hartman. 2001. Piloting Diabetes in Idaho. Society of Nutrition Education Annual Conference, Full Circle: Agriculture Nutrition and Health, Oakland, California.
- Raidl, M., S. Johnson, J. Peutz, R. Lanting, M. Spencer, B. Petty, A. Liddil, and B. Dahl. 2001. How the University of Idaho Cooperative Extension System Teaches the Diabetic Diet to their Clientele. National Priester Extension Health Conference: Partnering in communities to Reduce Health Disparities, Dallas, Texas.

- Peutz, J., S. Johnson, and M. Raidl. 2001. Healthy Eating with Diabetes. University of Idaho All College Annual Conference, Sun Valley, Idaho.
- Raidl, M., S. Johnson, J. Peutz, R. Lanting, B. Petty, L. Sant, M. Spencer, and M. Hartman. 2001. How the University of Idaho Cooperative Extension System Teaches the Diabetic Diet to Their Clientele. University of Idaho All College Conference, Sun Valley, Idaho.
- Johnson, S., J. Peutz, and M. Raidl. 2001. Healthy Eating with Diabetes. Legislative Poster Session, Boise, Idaho.

Evaluation Tools or Instruments for Data Collection:

- Johnson, S. Roe, A., Woodhouse, B., and K. Gardiner. 2021. Eat Smart Idaho Questionnaire About Your Recent Food Drive. IRB Approved. 2 pp.
- Roe, A., Johnson, S., Peutz, J., Guan Lee, S. 2021. Qualitative Interview Questions Smarter Lunchrooms Movement, IRB Approved. 2 pp.
- Johnson, S. Roe, A., Peutz, J., Guan Lee, S. and Foist, L. Pantry Director Interview. IRB Approved. 3pp.
- Johnson, S. Peutz, J., Aman, B. and K. Gardiner, 2011. Focus group questions to assess barriers of low-income families to attending nutrition education classes and discover better ways to serve SNAP-Ed families and grow participation: methodology and instrument. 6 pp.
- Johnson, S. Peutz, J., Aman, B. and K. Gardiner, 2011. Food-Behavior Checklist: methodology and instrument. 2 pp.
- Johnson, S. and K. Gardiner, 2005. Evaluation tool design for Building A Healthy Me State-wide FSNE Project: methodology and instrument. 14 pp.
- Johnson, S. and K. Gardiner. 2004. Evaluation tool design for the One-Time-Lesson FSNE State-wide Project: methodology and instrument. 16 pp.
- Johnson, S., L. Branen, and K. Gardiner. 2004. Interview questions to assess the supports and barriers of high-nutritional risk and non-high-nutritional risk seniors: methodology, instrument, data collection, analysis, and report. 4 pp.
- Johnson, S., P. Bouchard, and K. Gardiner. 2002. Senior Extension Nutrition Retrospective Pre-Test: methodology, instrument, data collection, analysis, and report. 2pp.
- Johnson, S. 2002. Healthy Eating with Diabetes – Retrospective pre-test survey: methodology, instrument, data collection, analysis, and report. 2pp.
- Raidl, M., S. Johnson, M. Denham, R. Lanting, K. Spain, and A. Liddil, 2002. Extension Nutrition Program Retrospective pre-test Survey: methodology, instrument, data collection, analysis, and report. 2pp.
- Johnson, S., and J. Peutz. 2001. Healthy Eating with Diabetes Mail Survey: methodology, instrument, data collection, analysis, and report. 4pp.
- Johnson, S. 2000. Extension Nutrition Program Behavior Mail Survey: initiated, data collection, analysis, and report.
- Johnson, S. 2000. Extension Nutrition Program Needs Assessment: methodology, instrument, data collection, analysis, and report.
- Johnson, S. 2000. Team Nutrition Post-Survey: methodology, instrument, data collection, analysis, and report. 4pp.

Professional Meeting Papers, Workshops:

- Johnson, S. & C. Geschke-Lagrou. Tools for Building a Healthy Food Pantry, SNAP-Ed Nutrition Education Outreach. 8th Annual Partner Agency Regional Conference, Second Harvest Spokane, Washington. September 21, 2017.
- Johnson, S. Ducar, E., Jones, S., & D. Clark. The Smarter Lunchroom Movement and the CDA School District Wellness Campaign, Success Stories, Healthy Eating, Active Living Regional Conference, Coeur d'Alene, ID., October 4, 2016.
- Johnson, S., Curb, J., R. Kline, & D. Christ. Building Community Partnerships: Building a School Based

- Healthy Food Pantry Together. Spokane, WA. Second Harvest 7th Annual Partner Conference, September 22, 2016.
- Toomey, M. Whittman, G., Silkwood, G., Johnson, S., Peutz, P., Lanting, R., & S. Greenway. 4H Food Smart Families Expands Extensions Reach in Idaho, 2015 NAE4-HA National Conference, Portland, OR., October 25-29, 2015.
- Toomey, M. Whittman, G., Silkwood, G., Johnson, S., Peutz, P., Lanting, R., & S. Greenway. Connecting Internally to Build Healthy Youth. 2015 National Health Outreach Conference, Atlanta, GA. May 5-8, 2015.
- McCurdy, S., Jensen, K., Johnson, S., and J. Peutz. Ready Set Food Safe, Professional Technical Education Conference, Boise, ID., June 15, 2010.
- Johnson, S and K. Gardiner. Healthy Eating, Healthy Aging, 2010 Area Agency Aging Well Conference, Coeur d'Alene, ID, May 27, 2010.
- Johnson, S. Coeur d'Alene School District Germ City Project, Statewide School Nurses Conference, Worley, ID., October 2, 2009. (*Invited Presentation.*)
- McCurdy, S. Johnson, S., Hampton, C. Peutz, J. G. Wittman, and L. Sant. Interactive Food Safety Exhibits for Consumer Venues, 2009 Food Safety Award, National Association of Family and Consumer Sciences National Conference, Birmingham, AL, September 14-18, 2009.
- Johnson, S. M. Hartman-Cunningham, M. Raidl and P. Bouchard. Effective Partnerships Enhance Positive Behavior Changes in People with Type 2 Diabetes, 2008 CDC Diabetes Translation Conference, Orlando, FL, May 5-8, 2008.
- Johnson, S. An Innovative Partnership Impacting High Nutritional Risk Seniors. National Association of Family and Consumer Sciences National Conference, St. Paul, MN, September 17-20, 2007.
- Johnson, S and P. Bouchard. Nutrition Impacts High Nutritional Risk Seniors. National Association of Area Agencies on Aging Annual Conference, San Francisco, CA, July 28-August 1, 2007.
- Raidl M, Lanting R, Johnson S, Lockard M, Welch J, Spencer M, Sant L, and M. Hartman. The Healthy Diabetes Plate Increases Knowledge and Changes Eating Behaviors. 2005 National Nutrition, Food Safety and Health Conference, Baltimore, MD, March 29-April 1, 2005.
- Raidl, M., Lanting, R., and S. Johnson. 2005. Effectiveness of a Diabetes Pedometer Program in Two Rural Counties in Idaho. 2005 Northwest Regional Rural Health Conference, Spokane, WA, March 24-25, 2005.
- Johnson, S. and P. Bouchard. 2004. High Nutritional Risk Seniors and Nutrition Advisors Pair Up for In-Home Counseling. 2004 Joint Conference of the American Society on Aging & the National Council on the Aging, San Francisco, California.
- Johnson, S., and P. Bouchard. 2004. Food Stamp Nutrition Education Partners with Aging & Adult Services to Provide Nutrition Education to High-Nutritional Risk Seniors. National Food Stamp Nutrition Education Conference – A Vision, A Journey, A Partnership, Columbus, Ohio.
- Raidl M, M. Hartman, K. Spain, R. Lanting, S. Johnson, J. Welch, M. Hawkins, J. Parr, M. Spencer, L. Sant, A. Liddil. 2004. How the University of Idaho Extension Partners with Communities to Promote Diabetes Education. 2004 CDC Diabetes Translation Conference, Chicago, Illinois.
- Raidl, M., R. Lanting, S. Johnson, J. Peutz, B. Healy, B. Petty, M. Spencer, and A. Liddil. 2002. Prevention and Treatment of Osteoporosis. Society of Nutrition Education Annual Conference, Advancing Women's Health for Healthy Communities, St. Paul, Minnesota.
- Peutz, J., S. Johnson, and M. Raidl. 2001. Healthy Eating with Diabetes, National Extension Association of Family and Consumer Sciences 67th Annual Session Proceeding, Portland, Oregon.
- Johnson, S., J. Peutz, and M. Raidl. 2001. Healthy Eating with Diabetes. National Priester Extension Health Conference: Partnering in Communities to Reduce Health Disparities. Dallas, Texas.
- Raidl, M., S. Johnson, R. Lanting, and J. Peutz. 2001. Diabetes in Idaho. University of Idaho All College Annual Conference, Sun Valley, Idaho.
- Raidl, M., S. Johnson, R. Lanting, and J. Peutz. Diabetes in Oregon. Participated in an 8 hour training session that showed how the diabetes curriculum could be adapted to Oregon, Portland, Oregon. 2001. *Invited Presentation.*
- Johnson, S. 2001. District 1 Extension Nutrition Program. University of Idaho All College Annual

- Conference, Sun Valley, Idaho.
- Raidl, M., and S. Johnson, 2000. Diabetes Education. FSNEP/EFNEP Tri State Conference – Sharing our Strengths in Idaho, Oregon, and Washington. Boise, Idaho.
- Johnson, S. 2000. Marketing the Extension Nutrition Program In Idaho – District 1. FSNEP/EFNEP Tri-State Conference – Sharing our Strengths in Idaho, Oregon, and Washington. Boise, Idaho.

Grants and Contracts Awarded:

- Johnson, S., and A. Roe. USDA Food & Nutrition Services Supplemental Nutrition Assistance Program Education Grant. FY2022-2023. (\$1,132,348) \$260,209 spending authority.**
- Johnson, S., and A. Roe. USDA National Institute of Food and Agriculture Expanded Food and Nutrition Education Grant. FY2022-2023. (\$481,146) \$35,522 spending authority.**
- Lindstrom, J., T. Ewers, N. Shelstad, C. Sponseller, M. Toomey, R. Baumgartner, and S. Johnson. Engaging and Supporting Youth: Blaine County Outreach and Summer Enrichment Programs. Idaho Department of Health and Welfare, 2021-2022, \$2,000,000 (\$30,896 spending authority for Soccer for Success and \$13,580 for 4-H Healthy Habits).**
- Roe, A., J. Peutz, S. Johnson, S.G. Lee, K. Hansen, K. Gardiner, H. Whitehead, C. Jayo, B. Woodhouse, and C. Roe. Long Live Idaho! Let's get healthy together. 3.0. University of Idaho Extension Innovative project (Internal) funding, FY2022. \$10,000.**
- Jensen, K., S. Johnson, M. Toomey, J. Buck, L. Blanch, S.G. Lee, and K. Tiff. Five for Five. University of Idaho Innovative Project funding, FY2022, \$10,000.**
- Roe, A. Johnson, S., Peutz, J., Guan Lee, S., & K. Hansen. Eat Smart Idaho – Targeting the Hidden Hungry, Innovative Project Funding, **\$10,000.**
- Young, K, S. Johnson, & K. Gardiner. Cooking Matters Pilot, Public Health Community Nutrition Practice Group & Cooking Matters, June 2020-July 2021, **\$10,000**, July 2019-May 2020, **\$25,000.**
- Toomey, M., A. Roe, S. Johnson, J. Peutz, S. Guan Lee and L. Foist. 4-H Healthy Habits. National 4-H Council and Walmart Foundation, September 2020-October 2021, **\$37,420**, September 2019-August 2020, **\$52,000**, September 2018-August 2019, **\$46,000.**
- Johnson, S. USDA Food & Nutrition Services, Food Stamp Nutrition Education, Idaho Department of Health and Welfare, District 1 Extension Nutrition Program, FY 2021 **\$212,023.75**. FY 2020 **\$166,754**. FY 2019 **\$162,227.40** FY2018 **\$156,768.69** FY2017 **\$21,715.20**, FY2016 **\$136, 479.43**, FY2015 **\$116,940**, FY 2014 **\$130,038.14**, FY2013 **\$194,373**, FY2012 **\$251,369**, FY2011 **\$247,910**, FY2010 **\$245,777**, FY2009 **\$257,066**. FY2008 **\$235,078**, FY2007 **\$201, 872**, FY2006 **\$203,561**, FY2005 **\$203,309**, FY2004 **\$212,659**, FY2003 **\$222,101**, FY2002 **\$142,396**, FY2001 **\$126,740**, FY2000 **\$109,820**.
- Johnson, S. Expanded Food and Nutrition Education Programs, National Institute of Food and Agriculture FY 2021 **50,282.44** FY2019 **\$38,314**. FY2018 **\$32,036.00** FY2017 **\$44,892.95**. FY2016, **\$36,694**. FY2015, **\$46,578**.
- Johnson, S. Hayden Meadows PTO, 2019 **\$1000**, 2018 **\$1000**, 2017 **\$1000**, 2016 **\$1000**, 2015 **\$1000**, 2014 **\$898**, 2013 **\$462**.
- Roe, A. Johnson, S., Peutz, J., Guan Lee, S., & L. Foist. Cost Efficiency and Benefit Analysis of Eat Smart Idaho's SNAP-Ed Program, Innovative Project Funding, **\$7500**.
- Buck, J. Kim, J., Johnson, S., Sant, L., and B. Morrisroe-Aman. Effect of Cleaning Education on Microbiological Quality of Reusable Water Bottles, Innovative Project Funding, **\$5239**.
- Johnson, S. Safaii-Waite, S. & K. Gardiner. Share Our Strength's, No Kid Hungry - Cooking Matters, September-October, **\$1200**
- Johnson, S. Ironman Community Fund, 2018, **\$200**, 2017 **\$200**, 2016 **\$250**, 2013 **\$250**, 2012 **\$600**.
- Johnson, S. K. Gardiner. Share Our Strength's, No Kid Hungry - Cooking Matters, May 2014, **\$500**. Shopping Matters Flip Card Pilot, January 2013. **\$500**. Cooking Matters for Childcare Providers, January 2011. **\$1,500**. Shopping Matters, November 2011. **\$500**. Shopping Matters for WIC Parents Pilot, December 2010. **\$300**.
- Roe, A., Johnson, S., Agenbroad, A., Peutz, J., & J. Werlin. Supplemental Nutrition Assistance Program Participants Increase Fruit and Vegetable Consumption through Idaho Double Up Food Bucks Expansion, 2017 Food Insecurity Nutrition Incentive Program, **\$24,000 (unfunded)**.

- Toomey, M., J. Peutz, G. Wittman, S. Johnson, R. Lanting, and J. Buck. 4-H Food Smart Families, National 4-H Council and ConAgra Foundation, March 2015-May 2016, **\$140,000.**
- Johnson, S. Coeur d'Alene Fire Department, Healthy Choice Recipe Booklet, **\$300.**
- Johnson, S. & K. Gardiner, Idaho Dairy Council Funds, Mullan Trail Project, January 2015. **\$200.**
- Toomey, M., S. Johnson, J. Peutz, G. Wittman, R. Lanting, and J. Buck. 4-H Food Smart Families, National 4-H Council and ConAgra Foundation, Feb. 2014-Nov. 2014, \$166,000.
- Johnson, S. North Idaho College Head Start, Nutrition Component Services Contract, FY2012, FY2011, FY2010, FY2009, FY2008. **\$4,500.**
- Johnson, S, Gee, C. and K. Gardiner. Preschool Initiative Nutrition Grant, USDA Team Nutrition, Idaho State Board of Education, 2012, **\$1,987.**
- Johnson, S. Mountain States Early Head Start, Nutrition Component Services Contract, FY2012 **\$2,000**, FY2011 **\$1,900**, FY 2010 **\$1,536**, FY 2009 **\$1,200**, FY2008, **\$1,200.**
- Johnson, S. Aging & Adult Services of North Idaho, Senior Extension Nutrition Program, FY2012 **\$4,625**, FY 2011 **\$9,000**, FY 2010 **\$12,000**, FY 2009 **\$13,125**, FY 2008 **\$11,628**, FY2007 **\$9,799**, FY2006 **\$12,453**, FY2005 **\$13,981**, FY2004 **\$16,586**, FY2003 **\$15,500**, FY2002 **\$10,668.**
- Johnson, S. and J. Peutz, Program Evaluation Grant: Idaho's Supplemental Nutrition Assistance Program-Education, 2010 **\$9,925.**
- Johnson, S. Aging & Adult Services of North Idaho, Dietary Consultant Contract, FY 2008 **\$500.**
- Shaklee, H. B. Petty, C. Hampton, K. Tifft, S. Traver, S. Johnson, R. Lanting, and J. Peutz, Extending Our Reach: Testing a self-funding model for family life programs, Topic Team grant from University of Idaho CALS. April 1, 2008-June 30, 2009, **\$4500.**
- McCurdy, S., Kronenberg, J. and S. Johnson. University of Idaho. College of Agriculture and Life Sciences Critical Issue Funds. Hand Hygiene Programs for Idaho's Food Industry , 2007. **\$3000.**
- Johnson, S. Aging & Adult Services of North Idaho, Healthy Eating with Diabetes Program, 2006. **\$2,500.**
- McCurdy and S. Johnson. University of Idaho. College of Agriculture and Life Sciences Critical Issue Funds. Food Safety Exhibits, 2006. **\$3000.**
- Johnson, S. University of Idaho. College of Agriculture and Life Sciences Critical Issue Funds. The Senior Extension Nutrition Program Curriculum Development, 2005. **\$2400.**
- McCurdy, S., and S. Johnson. Food Safety Topic Team, Support for Travel to Attend November 2005 Food Safety Topic Team, 2005. **\$2,347.**
- McCurdy, S., and S. Johnson. Food Safety Topic Team, Project 1: Develop New Educational Materials for Food Safety Education, Project: Improve On-going Programs for Food Safety Education, 2003, **\$5,000.**
- Raidl, M., M. Spencer, L. Sant, J. Stimpson, A. Liddil, R. Lanting, J. Peutz, J. Welch, and S. Johnson. Curriculum development, Meal Time in Less Time, Priority Programs. College of Agriculture and Life Sciences. Topic Team Funding. 2002. **\$5,035.**
- McCurdy, S., and S. Johnson. Food Safety Topic Team, Project 1: Entrepreneur Food Safety Education Training, Project 2: Pesticide Program Development. 2002, **\$5,000.**
- Johnson, S. and J. Peutz. University of Idaho, College of Agriculture and Life Sciences Critical Issue Funds. Sports Nutrition Program Development, 2000. **\$1,109.**
- Peutz, J., and S. Johnson. College of Agriculture and Life Sciences Critical Issue Funds. Diabetes Educational Training, 2000. **\$1,575.**

Honors and Awards:

- Johnson, S. GEM Award: recognizes nonmembers of the Idaho Academy of Nutrition and Dietetics that have promoted and/or encouraged good health with an emphasis on sound nutrition habits through efforts to educate the public. Idaho Academy of Nutrition & Dietetics, 2021.
- Johnson, S. Boys and Girls Club of Kootenai County, Volunteer of the Year. Post Falls Chamber of Commerce. 2021.
- Buck, J. H. K. Jang, L. Sant, S. Johnson, B. Morrisroe-Aman. G. Wittman. 2020. Effect of Cleaning Education on Microbiological Quality of Reusable Water Bottles. Program of Excellence Through Research Award, National Extension Association of Family and Consumer Sciences., 3rd Place Western Regional Winner, 2020.
- Peutz, J., Morrisroe-Aman, B., Roe, A. Johnson, S. 2nd Place National Award Winner, Marketing Package Award,

- National Extension Association of Family and Consumer Sciences (NEAFCS) 2018.
- Peutz, J., Morrisroe-Aman, B., Roe, A. Johnson, S. 1st Place Western Region Award Winner, Marketing Package Award, National Extension Association of Family and Consumer Sciences (NEAFCS) 2018.
- Toomey, M., Wittman, G., Johnson, S., Peutz, J., Buck, J., Gillespie, D., Greenway, S., Vega, L., Morrisroe-Aman, B., and A. Roe. *Excellence in Healthy Living Programming Award*, Idaho 4-H Food Smart Families, National Award Winner, NAE4-HA Annual Conference, Indianapolis, IN, November 12-17, 2017.
- Toomey, M., Wittman, G., Johnson, S., Peutz, J., Buck, J., Gillespie, D., Greenway, S., Vega, L., Morrisroe-Aman, B., and A. Roe. *Excellence in Healthy Living Programming Award, Idaho 4-H Food Smart Families*, Regional Award Winner, NAE4-HA Annual Conference, Indianapolis, IN, November 12-17, 2017.
- Wittman, G., M. Toomey, S. Johnson, J. Peutz, R. Lanting, J. Buck, D. Gillespie, S. Greenway, L. Vega, B. Morrison-Aman, A. Roe. 4-H Food Smart Families. Florence Hall Award Western Region first place winner. National Extension Association of Family and Consumer Sciences (NEAFCS) 2017.
- Toomey, M., G. Wittman, S. Johnson, J. Peutz, R. Lanting, J. Buck, D. Gillespie, S. Greenway, L. Vega, B. Morrison-Aman, A. Roe. 4-H Food Smart Families. Excellence in Healthy Living Programming Award. Western Region and National Award. National Association of Extension 4-H Agents (NAE4HA) 2017.
- Johnson, S. Coeur d'Alene Rotary Service Award. June 2016. **\$1,000.**
- Toomey, M., Johnson, S. Peutz, J. Lanting, R., Vega, L., Gillespie, D., Buck, J., & G. Whitman. University of Idaho Extension Diversity Award, 4-H Food Smart Families Team, April 2016.
- Johnson, S., & E. Ducar, Let's Move Coeur d'Alene, Smart Servings for Students, Gold Medal Recognition. July, 2016.
- Johnson, S. Kootenai County Farmers' Market, Double Up Food Bucks Auction, **\$950.**
- Johnson, S. Lakeside Pediatrics, Double Up Food Bucks Program, Kootenai County Farmers' Market, **\$500.**
- Johnson, S. Coeur d'Alene Pediatrics, Double Up Food Bucks Program, Kootenai County Farmers' Market, **\$500.**
- Johnson, S. Idaho Dairy Council, Healthy School Based Pantry, Borah Elementary, **\$3,400.**
- Johnson, S. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Run/Walk for Fun Pedometer Fitness Challenge Project, 2015. **\$2,000.**
- Peutz, J. Johnson, S., Lanting, R., Liddil A, McCawley, P. Excellence in Extension – Eat Smart Idaho Team Award. **\$1,000.**
- Johnson, S. Funding to Attend Society of Nutrition Education and Behavior Conference, Washington, DC. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, 2012. **\$2,279.**
- McCurdy, S. Johnson, S., Hampton, C. Peutz, J. G. Wittman, and L. Sant. Interactive Food Safety Exhibits for Consumer Venues, **2009 Food Safety Award**, National Association of Family and Consumer Sciences. 2009. **\$500.**
- McCurdy, S. Johnson, S., Hampton, C. Peutz, J. G. Wittman, and L. Sant. Interactive Food Safety Exhibits for Consumer Venues, Western Regional Award, National Association of Family and Consumer Sciences. 2009.
- Peutz, J. and S. Johnson. Poverty Simulation, Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, 2009. **\$1,575.**
- McCurdy, S. S. Johnson, J. Peutz, A. Liddell, G. and Whitman. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Germ City Refurbishment Project, 2008. **\$3,000.**
- Johnson, S. Idaho's Diabetes Prevention and Control Program, Attend the Centers for Disease Control Diabetes Translation Conference, Orlando, FL, 2008. **\$1,102.**
- Johnson, S. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Attend and present at the National Area Agency on Aging Conference, San Francisco, CA, 2007. **\$1,802.**
- Raidl M, Lanting R, Johnson S, Spain K, Lockard M, Spencer M, Sant L, Liddil A, Hartman M. Jeanne M. Priester National Award, 2007 State Category for The Healthy Diabetes Plate, 2007 Priester Extension Conference, Kansas, MO, April 9-12, 2007.
- Johnson, S. Awarded Eastern Star Funds to be used for Diabetes Education, 2006. **\$3,856.**
- Johnson, S. "The Senior Extension Nutrition Program," 2006 Florence Hall Award, Idaho Association of Family & Consumer Sciences, 2006.
- Raidl, M. Johnson, S. Lanting, R., Lockard, M., Spencer, M., Sant, L., Liddil, A., and K. Spain. "The Healthy Diabetes Plate," 2006 Program Excellence through Research Award, National Association of Family & Consumer Sciences National Winner and Western Region Finalist, 2006.
- Raidl, M. Johnson, S. Lanting, R., Lockard, M., Spencer, M., Sant, L., Liddil, A., and K. Spain. "The Healthy

- Diabetes Plate,” 2006 Program Excellence through Research Award, Idaho Association of Family & Consumer Sciences, 2006.
- McCurdy and S. Johnson. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Food Safety Exhibits. 2006. **\$1,000.**
- Raidl, M., Johnson, S., Lanting, R., Liddil, A., Lockard, M., Sant., L., Spencer., M., and J. Welch. “The Healthy Diabetes Plate,” Western Region Finalist-3rd Place 2005 Educational Curriculum Package, National Extension Association of Family and Consumer Sciences, Philadelphia, PA. 2005.
- Johnson, S., L. Branen, and K. Gardiner. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Curriculum development for high-nutritional risk homebound seniors. 2004. **\$3000.**
- Johnson, S., and P. Bouchard. American Society on Aging, Healthcare and Aging Award, 2004. “Recognizing Innovation and Quality”. The Senior Extension Nutrition Program, **\$2500.** (Pfizer advertisement in USA Today April 16, 2004 honoring award winners).
- Johnson, S. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Professional development funding for attending the National Extension Association Family & Consumer Sciences Conference, 2002. **\$300.**
- Johnson, S. Mildred Haberly Extension Professional Endowment, School of Family and Consumer Sciences, Curriculum development of Idaho’s Poverty Simulation. 2001. **\$3,015.**
- Johnson, S. R.W. Schermerhorn Extension Faculty Award, In recognition of excellent leadership and creativity through programming by Extension faculty, Healthy Eating with Diabetes, 2001.
- Johnson, S. Joint Council of Extension Professional Scholarship Award, Professional development funds for attending the National Priester Extension Conference in Dallas, TX. 2001. **\$300.**
- Johnson, S., Mildred Haberly Extension Professional Endowment, University of Idaho, School of Family and Consumer Sciences, 2000. **\$757.**
- Johnson, S., and Video Committee. Epsilon Sigma Phi, Third Place Award, Extension Nutrition Program Recruitment Video, 2000.

SERVICE:

Major Committee Assignments:

National:

- NEAFCS Award Review Committee, 2008.
- National Strategic Planning Committee for the Elderly, 2002-2006.

Regional:

- Outside Reviewer, Traci Armstrong Florian, University of Arizona Extension, 2022.
- Outside Reviewer, Patricia, Case, Oregon State University, 2019.
- Outside Reviewer, Amanda Hatfield, Oregon State University, 2018.
- Outside Reviewer, West Virginian University, David Roberts, 2016.
- Washington State University Health and Nutrition Educator Position Hiring Committee, 2008.
- FSNEP/EFNEP Tri-State Conference Planning Committee, Idaho/Oregon/Washington, 2002.
- FSNEP/EFNEP Tri State Conference Planning Committee– Sharing our Strengths in Idaho, Oregon, and Washington, 2000.

State:

- Idaho Family & Consumer Sciences Physical Activity Collaborative, 2020-present.
- HEAL Youth Subcommittee Member, Eat Smart Idaho State Representative, 2017-present.
- Eat Smart Idaho State-Wide Planning Committee, 1999-present.
- Health & Nutrition PET Member and Topic Team Member, 2007-present.
- Food Safety PET Member and Topic Team, 2007-present.
- FCS In-Service Planning Committee, 2014.
- Diabetes 5-Year Plan of Work, Diabetes State Plan, Diabetes Control and Prevention Trial, 2007.

Extension Nutrition Program State Planning Committee, 1999-present.
Plan of Work Committee, National Goal 3: To Achieve a Healthy, Well-Nourished Population, 2000.

Idaho Panhandle:

Venture High School Food Pantry, 2008-present.
Fernan Stem Elementary School, Coeur d'Alene School District, 2016-present.
CDA4Kids Advisory Board Member, 2015-present.
North Idaho Diabetes Coalition Workgroup, 2003-present.
Health GPS, Core Group, 2014-2018.
Let's Move Coeur d'Alene, 2014 - 2018.
Head Start/Early Head Start Health Advisory Board, 2010-present.
Kootenai County Interagency Workgroup, 1999-present.
North Idaho Diabetes Coalition Workgroup, 2003-2013.
Head Start Policy Council Member, 2005-2007.
Bonner County Interagency Workgroup, 2001.

University of Idaho:

University:

Fast Track Manuscript Review, 1 Strategies for a Successful Implementation of the National Diabetes Prevention Program in Extension, 2021.
Faculty Review Committee, Sharla Wilson. 2021.
Mentoring Committee, Siew Guan Lee, 2017-present.
Mentoring Committee, Jackie Amende, 2016-present.
Third Year Review Committee, Jackie Amende, 2019.
Mentoring Committee, Annie Roe, 2016-2018.
Tim Ewers' Promotion & Tenure Committee, 2017.
Search Committee, Eat Smart Idaho Director, 2015.
Sandy McCurdy's Promotion & Tenure Committee, 2004.
University-Wide Conference on Extension and Outreach, 2002.

College:

Family & Consumer Sciences In-Service Planning Committee, 2020.
Food Safety Topic Team, Co-Chair, 2000-2012.
Eastern District Promotion and Tenure Committee, 2010.
Family & Consumer Sciences In-Service Planning Committee, 2004.
Annual Conference Planning Committee, 2004. CALS Poster Session – Chair.
Legislative Poster Session – Chair, 2003.
Healthy People...Healthy Communities Task Force, 1999-present.
Diabetes Curriculum Development Committee, 2000-01.
4H Foods Curriculum Committee, 2000.

District:

Search Committee, Northern District Director, 2022.
Eat Smart Idaho/Extension Nutrition Program Nutrition Advisor Position, Hiring Committee, 72 Hiring Committees, 1999-2022. (1 committee in 2022).
Eat Smart Idaho, Summer Internships, CALS, Hiring Committee, 2022.
Eat Smart Idaho, Summer Internships, CALS, Hiring Committee, 2021.
Eat Smart Idaho, Summer Internships, CALS, Hiring Committee, 2020.
Eat Smart Idaho, Summer Internships, CALS, Hiring Committee, 2019.
Third Year Review Committee, Amy Robertson, 2018.
Eat Smart Idaho, Summer Internships, CALS, Hiring Committee, 2018.
Northern District Administrative Assistant Position, 2017.
4H Food Smart Families Internship Positions, Lead Member, 2016, 2015, 2014.
Eat Smart Idaho/Extension Nutrition Program Nutrition Advisor Position, Hiring Committee, 65 Hiring Committees, 1999-2017. (8 committees in 2017).

Search Committee, Kootenai County 4H Educator, 2015.
Third Year Review Committee, 2011.
Assistant Forester Hiring Committee, 2008.
Search Committee, Latah County Family & Consumer Sciences Educator, 2007.
Promotion & Tenure Committee, 2007.
Promotion & Tenure Committee, 2006.
Third Year Review Committee, Carol Hampton, 2005.
Promotion & Tenure Committee, 2003.
District 1 Retreat Committee, 2003.
District 1 Extension Nutrition Program Annual Conference Committee, 2003, 2001.
Direct Marketing Committee Conference, 2001.
Search Committee, Latah County Family & Consumer Sciences Educator, 2001.
Search Committee, District 1 Director, 2001.
Search Committee, Boundary County Family & Consumer Sciences Educator, 2000.
Search Committee, Bonner County Family & Consumer Sciences Educator, 2000.

County:

Horticulture/Eat Smart Idaho/4H Internship Hiring Committee, 2017.
Kootenai County Administrative Assistant Hiring Committee, 2017.
Kootenai County Administrative Assistant Hiring Committee, 2016.
Kootenai County Administrative Assistant Hiring Committee, 2010.
Kootenai County Administrative Assistant Hiring Committee, 2009.
Kootenai County Administrative Assistant Hiring Committee, 2008.
Kootenai County Master Food Preserver Planning Committee, 2001.

Professional and Scholarly Organizations:

National:

National Extension Association of Family & Consumer Sciences, 1999-2022.
Society of Nutrition Education & Behavior, 2003-2013, 2018-2020.
Annual Session Planning Committee, First Timers/Life Members Event, 2000-01.
American Society on Aging, 2004-2006.
American Association of Family and Consumer Sciences, 1999-2002.
National Association of Extension 4-H Agents, 1999-2001.

State:

Idaho Extension Association of Family & Consumer Sciences, 1999-2022.
Past-President 2012, President 2010-2011, President Elect, 2009, Secretary, 2001-2003.
Idaho Extension Association of 4-H Agents, 1999-2001.

Outreach Service:

Classes, Workshops, Seminars, and Tours Organized:

Johnson, S. and K. Gardiner. 2021-2022. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Post Falls, ID.

Clean Hands, Healthy Homes webinar by Partnership for Food Safety Education,
Best Practices in Teaching Middle School Students live Zoom presentation by Lynnette Gannon, University of Idaho Dietetic Student,
Eating Smart Moving More Video Training Videos by North Carolina Extension,

Shop Simple with MyPlate webinar by USDA SNAP-Ed,
Have A Plant® at School: Secrets, Strategies & Success Stories webinar by Produce for Better Health Foundation,
A Review of Key Changes to the New USDA Pediatric Feeding Guidelines webinar by Today's Dietitian; Wendy Sue Swanson, MD, MBE, FAAP, SpoonfulONE, David Jeong, MD, Virginia Mason Medical Center, Carina Venter, PhD, RD University of Colorado School of Medicine, Edith Bracho-Sanchez, MD, Columbia University,
Going Beyond Basic Nutrition with Functional Foods webinar by Dairy West; Molly Tevis, RDN, LD, Albertsons Retail Dietitian; Heather Lieber, RDN, CD, Harmons Retail Dietitian,
PLANT-ENTIONS: Using Behavioral Science Principles to Increase Fruit and Vegetable Consumption webinar by Dr. Jason Riis, Produce for Better Health Chief Behavioral Scientist,
Affordability & Nutrition in the American Diet: Strategies to Close Crucial Nutrient Gaps webinar by PepsiCo Health & Nutrition Sciences; Clancy Harrison, MS, RDN, FAND, Founder @Food Dignity Project; Taylor C. Wallace, PhD, CFS, FACN, Principal and CEO @Think Healthy Group, Inc.; Colin Rehm, PhD, MPH, Senior Principal Scientist, @PepsiCo, Health & Nutrition Sciences,
Food Safety for the Reel World™ webinar by Partnership for Food Safety Education; Presenters: Dr. Ellen Shumaker, North Carolina State University; Katie Weston, Partnership for Food Safety Education; and Chef Leslie Owens,
Partnership for Food Safety Education, Teaching Tips for Virtual Cooking Demos and Nutrition Lesson™ webinar by Pennsylvania Nutrition Education Network,
Rural Child Hunger Summit,
BAC(k) to Basics™ webinar by Partnership for Food Safety Education – Presenters: Harold Chase of NSF International and Vice-Chair of PFSE Board of Directors; Amy Lando of U.S. Food and Drug Administration; and Brittany Saunier of the Partnership for Food Safety Education,
Power Pairings: Upgrading Snacks with California Strawberries and California Walnuts™ Webinar by Produce for Better Health Foundation – Presenter: Jackie Newgent, RDN, CDN, trained chef and Registered Dietitian,
A Fresh Take on Food Processing: Empowering Your Audience to Make Informed Choices Webinar by Produce for Better Health Foundation – Presenter: Eric A. Decker, PhD University of Massachusetts, Amherst; Melissa Joy Dobbins, MS, RDN, CDCES, CEO Sound Bites® Inc,
Myth or Fact? Debunking Common Food Safety Myths!™ webinar by Partnership for Food Safety Education, Dr. Jennifer Quinlan of Drexel University and Melissa Wyatt, MS, MA, family and consumer sciences expert,
Transforming Your Tastebuds: How to Make Whole Grains the Food You Crave™ webinar by Dr. Keith Williams, Director, Feeding Program, Penn State Hershey Medical Center, presents this webinar with the Whole Grains Council,
From Starting Solids to Mealtime Meltdowns: Strategies to Promote Happy and Healthy Eating with Kids Eat in Color webinar by National Dairy Council presented by Jennifer Anderson, MSPH, RDN, Kids Eat in Color Founder & CEO,
Affordable Nutrition: Strategies for Shopping on a Budget webinar by Pennsylvania Nutrition Education Network (PANEN) presented by PA Beef Council's Beth Stark.

Johnson, S. and K. Gardiner. 2020-2021. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Post Falls, ID.

The New Nutrition Facts Label: What's Changed and What's Been Updated, Office of Nutrition and Food Labeling at the FDA Center for Food Safety and Applied Nutrition.

Tips on Filming Recipe Videos, University of Idaho Dietetic Students.

- Navigating Language in Nutrition Education, University of Idaho Dietetic Students.
Navigating Food trends to Engage Followers During the Pandemic, Academy of Nutrition and Dietetics
Understanding Whole Grain Processing and Impacts on Nutrition, Department of Food Science
University of Massachusetts, Amherst; Nutrition Epidemiology Friedman School of Nutrition Science and Policy, Tufts University
Healthy Holiday Eating: How Perfect Pairings With Grains & Plant Proteins Can Drive Consumption Of Fruits & Veggies, U.S. Departments of Agriculture and Health and Human Services
An In-Depth Look at the 2020-2025 Dietary Guidelines for Americans, Today's Dietitian
The Top 10 Benefits of Pulses: From Lentils and Chickpeas to Dry Peas and Beans, Today's Dietitian
COVID Can't Stop Us: How to Deliver Live Virtual Cooking Classes and Demos on Zoom, Today's Dietitian
No Kid Hungry Rural Hunger Summit, various agencies, 2 day summit
USDA Nutrition Resources for Every Life Stage: Then and Now, USDA National Agricultural Library
PHA and Medical Professionals: Teaming Up To Raise a Generation of Veggie Lovers, Partnership for a Healthy America
Growing Up Strong: Prioritizing Critical Nutrients from Birth to Adolescence, National Beef Council
Snack Smart: Making Every Bite Count with Plant-Packed Pairings, Produce for Better Health Foundation
Personalized Nutrition: Where Emerging Science Meets Consumers' Health Needs, Academy of Nutrition and Dietetics Foundation
Taste Vs. Waste: Fruit & Vegetable Innovations to Maximize Taste & Mitigate Waste, Produce for Better Health
Juice Up Your Content, TSM Nutrition Consultants LLC
Food Safety Delivered: New Resources You Need National Food Safety Education Month, Partnership for Food Safety Education
Managing Stress, University of Idaho
Health Professionals' Role in Fighting Hunger: Connecting People to Programs, Dairy West.
- Johnson, S. Gardiner, K., and M. Ginis. Cooking Matters 6 part Series Garden Focus, Zoom Series, May 11, 18, 25, June 1, 8, 14, 2021.
- Johnson, S. and H. Becker. 2020 UI Dietetics Community Nutrition Education, 9 Dietetic Students. Coeur d'Alene, ID.
Choose Health, Food, Fun and Fitness, Youth, Boys & Girls Club CDA and Post Falls, 12 1-hour classes, September-October 2020.
Eating Smart, Moving More, Adults, Venture High School, 6 1-hour classes, September-October 2020.
Mindful Eating, Woodland Middle School, 6 1-hour presentations, November 19, 2020.
Think your Drink, Coeur d'Alene High School, 12 1-hour presentations, November 17 and 20, 2020.
Mindful Eating, Canfield Middle School, 6 1 hour presentations, November 12, 2020.
- Johnson, S., Young, K., and H. Becker. 2019 UI Dietetics Community Nutrition Education, 8 Dietetic Students. Coeur d'Alene, ID.
Choose Health, Food, Fun and Fitness, Youth, Boys & Girls Club CDA and Post Falls, 12 1-hour classes, September-November 2019.
Eating Smart, Moving More, Adults, Post Falls Food Bank, 6 1-hour classes, September-November 2019.
Mindful Eating, Careers in Dietetics, Eat to Compete, Lake City High School, 12 1.5-hour presentations, November 18-21, 2019.

Mindful Eating, Woodland Middle School, 6 1-hour presentations, November 13, 2019.
Think your Drink, Coeur d'Alene High School, 6 1-hour presentations, November 15, 2019.

Think your Drink, Fernan Elementary School, 16 1-hour presentations to all students, November 4-7, 2019.

Venture Alternative High School, 3 1.5-hour presentations, November 13, 2019.

Mindful Eating, Canfield Middle School, 6 1 hour presentations, November 19, 2019.

Mesopotamia Day, 18 1 hour presentation, Lakes, Woodland and Canfield, November 5, 7 & 12, 2019.

Johnson, S. and K. Gardiner. 2019-2020. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d'Alene, ID.

Food Demonstrations to Encourage Healthy Choices web training from Washington State

University SNAP-Ed

From You to Yum! Become Relevant with Today's Consumers webinar by Leslie J. Bonci, MPH, RD, CSSD, LDN, Owner @ Active Eating Advice

Cooking with Style — Create Safe Recipes! webinar by Partnership for Food Safety Education

Lessons from the Pandemic: Staying Strong with Family Meals! webinar by Krystal Register, MS, RDN, LDN Director of Health and Well-being FMI Foundation; David Fikes Executive Director, FMI Foundation

Drink Your Fruits & Veggies: Telling the Truth About 100% Juice webinar by Produce for Better Health Foundation

Leveraging Partnerships & Planning for Virtual Classes webinar by Pennsylvania Nutrition Education Network

Marketing Virtual Classes webinar by Pennsylvania Nutrition Education Network

Implementing High-Impact Virtual Classes webinar by Pennsylvania Nutrition Education Network

Victory Gardens web training by University of Idaho Extension Ariel Agenbroad, Extension Educator

A Retail Dietitian's Insight During COVID-19 webinar by Ashley Quadros, MS, RDN, CD – Harmon's Grocery

Going Global: A Recipe for Sustainable Nutrition webinar by Janice Giddens, MS, RDN – National Dairy Council

Plant-Based Flexibility: A Non-Diet Approach webinar by Erin Green, MS, RDN, LD – Erin Green Racing & Nutrition

Understanding the Opportunities and Challenges in a Post COVID-19 World webinar by Maeve Webster – President at Menu Matters

Protein Power Hour: Home Grilling #AloneTogether webinar by Partnership for Food Safety Education; Dr. Mindy Brashears, U.S. Department of Agriculture, Dr. Ashley Peterson, The National Chicken Council, Dr. Katie McCullough, North American Meat Institute and Shelley Feist, Partnership for Food Safety Education.

Strength in Numbers: Exploring Emotional, Cognitive, & Physical Strength as Markers for Health webinar by Dairy West – Jim White, RD, ACSM, Ex-P

Food Matrix: More Than the Sum of Nutrients webinar by Chris Cifelli, PhD – National Dairy Council

Power Snacking: Emerging Research and Top Trends webinar by Mary Ellen Phipps, MPH, RDN, LD, is the founder and registered dietitian behind Milk and Honey Nutrition

Serving the Whole Household through Community Partnerships" by Cooking Matters

Dairy DYK: Your Top Questions Answered webinar by Abigail Andrew Copenhaver,

MS, RDN, CDN - Owner and Founder, Farmstead Nutrition & Consulting, LLC,
Amy Boileau, PhD, RDN - Vice President, Regulatory Affairs, NDC, Moises Torres
Gonzalez, PhD - Director, Nutrition Research, NDC

Eating Smart Moving More Online Pilot Classes from North Carolina

Civil Rights Training from Idaho Department of Health & Welfare

Supporting Healthy Behaviors When the Budget is Tight Presenters: Holly Doan, RDN,
LDN, Regional Nutritionist for Giant Food Stores and Amanda Frankeny, RDN,
LDN, Community Nutritionist and the Pennsylvania Nutrition Education
Network

Exploring the Research on Fad Diets Presenter: Laura Andromalos, MS, RD, CSOWM,
CDE, Nutrition Program Manager at Northwest Weight and Wellness Center

Working with Older Youth webinar by Washington State University Extension SNAP-Ed
Virtual Rural Child Hunger Summit – by Cooking Matters

Quarter 1:

What's New in the World of Carbohydrates webinar by Dr. Joanne Slavin, BS, MS, PhD,
professor in the Department of Food Science and Nutrition at the University of
Minnesota

First We Wash Our Hands webinar by fightbac.org; Dr. Mindy Brashears, U.S.
Department of Agriculture's Food Safety Control and Prevention; Glenda Hyde,
Oregon State University Extension; Jolly Elementary School in Clarkston, GA;
and Bruce-Munroe at Park View Elementary School in Washington, DC

Getting To Know The Tastes and Preferences of Produce Consumers webinar by Kathy
Smith, MA, Director, Strategic Accounts Bayer Crop Science and Dr. Chow-Ming
Lee, Consumer Sensory Lead, Bayer Crop Science

Dairy fat: The Cream of the Crop webinar by Dr. Jim Painter PhD, RDN University of
Texas – Houston, School of Public Health

Holiday Baking for BAC Fighters: Promoting Home Safe Handling of Ingredients by
Donald Kautter, Senior Advisor/Consumer Safety Officer with the FDA, Sharon
Davis, family and consumer sciences educator with the Home Baking
Association.

Johnson, S. Boys and Girls Club Giving Back Project, December 17, 2019, December 21,
2018, December 21, 2017, December 22, 2016.

Johnson, S. Lakesgiving Event, Lakes Middle School, November 25, 2019. November 19, 2018,
November 20, 2017, November 21, 2016.

Johnson, S. and K. Gardiner. 2018-2019. Monthly Eat Smart Idaho Trainings for
Paraprofessionals. Coeur d'Alene, ID.

Connect & Explore: The Healthy Communities Study: How Community Programs and
Policies Are Related to Children's Health webinar by National Collaborative on
Childhood Obesity Research (NCCOR), October 4

Turkey Time: Your Thanksgiving Food Safety Overview webinar by Partnership for
Food Safety Education, October 30

What Do We Say When a Participant Asks...? webinar by Jim Painter, PhD, RDN,
Pennsylvania Nutrition Education Network, November 6.

Let's Talk: Evidence-Informed Methods for Effectively Introducing New Foods webinar
by Dina Rose, PhD, November 15.

Have a Sweet Holiday Season webinar by Pennsylvania Nutrition Education Network,
December 18.

Eat Your Vegetables: Bringing New Light to This Age Old Dinner Battle webinar by
Pennsylvania Nutrition Education Network, January 29.

Become a Whole Grain Guru: Learn the Latest Science and How to Help Your Clients
webinar by Nicola McKeown, PhD, Scientist, Jean Mayer USDA Human
Nutrition Research Center on Aging, Tufts University, February 7.

Is Pet Love Risky? webinar by fightback.org, February 26.

Dietary Guidelines for Americans: a behind the scenes perspective webinar by Joanne

- Slavin, PhD, RDN, Professor in the Department of Food Science and Nutrition at the University of Minnesota, April 15.
- Behind the Label: A Look at Added Sugar webinar by Rachel Johnson, PhD, MPH, RD, FAHA, Professor of Nutrition & Pediatrics, The University of Vermont and Jenna Amos, RDN, Nutrition Communications Lead, siggi's dairy, April 15.
- CLEAN SUMMIT Part 1: Handwashing, Dish Towels, & Sponges webinar by Dr. David Berendes, U.S. Centers for Disease Control and Prevention, May 15.
- CLEAN SUMMIT Part 2: Surface Cleaning & Sanitizing webinar by Mindy Costello, RS, MS, Consumer Information, NSF International, June 15.
- Student Engagement in the SNAP-Ed Classroom web training by Terry Perry, RD, Washington State University Extension SNAP-Ed, June 25.
- Curriculum Fidelity web training by Mattie Sobotka, MS, RDN, CEP, Washington State University Extension SNAP-Ed, August 8.
- Plant Powerhouses for Happier, Healthier Lives" webinar by Produce for Better Health Foundation, August 21.
- Obesity Prevention from the Lens of the Food Insecure webinar by Amanda Dolan, MS, RDN, LDN, Amanda D. Nutrition and Amanda Frankeny, RDN, LDN, Community Nutritionist at the Pennsylvania Nutrition Education Network, September 15.
- Johnson, S. Safaii-Waite, S., and C. Grubb. 2018 UI Dietetics Community Nutrition Education, 10 Dietetic Students. Coeur d'Alene, ID.
- Cooking Matters, Youth, Boys & Girls Club CDA and Post Falls, 12 2-hour classes, September-November 2018.
- Cooking Matters, Youth, CDA4Kids Fernan and Borah Elementaries, 12 2-hour classes, September-November 2018.
- Cooking Matters, Adults, Heritage Health, 6 2-hour classes, September-November 2018.
- Mindful Eating, Careers in Dietetics, Eat to Compete, Lake City High School, 5 1.5-hour presentations, November 13-16, 2018.
- Mindful Eating, Lakes Middle School, 4 1-hour presentations, November 9, 2018.
- Think your Drink and Fast Food Eating, Coeur d'Alene High School, 6 1-hour presentations, November 13, 2018.
- Think your Drink and Fast Food Eating, Fernan Elementary School, 16 1-hour presentations to all students, November 5-8, 2018.
- Venture Alternative High School, 2 1-hour presentations, November 15, 2018.
- Mindful Eating, Canfield Middle School, 6 1 hour presentations, November 9, 2018.
- Eat to Compete for the College Athlete, North Idaho College Women's Basketball Team, 1 1-hour presentations, November 12, 2018.
- Mindful Eating, Woodland Middle School, 6 1-hour presentations, November 13, 2018.
- Johnson, S. and K. Gardiner. 2017-2018. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d'Alene, ID.
- Let's Talk: Evidence-informed Methods for Effectively Introducing New Foods" WEBINAR, PA Nutrition Education Network, November 2018
- Nutrition Environment Food Pantry Assessment Tool (NEFPAT): Development and Evaluation, JNEB, November 2018
- Turkey Time: Your Thanksgiving Food Safety Overview, Partnership for Food Safety Education, October 2018.
- Abundance of Content for Food Safety Education Month Outreach, Partnership for Food Safety Education, September 2018.
- Zero Waste Lunchrooms: The How and Why of Reducing Waste in Your School Lunchroom, Cornell University, September 2018
- The Healthy Communities Study: How Community Programs and Policies are Related to Children's Health, National Collaborative on Childhood Obesity Research, September 2018.
- Creating Smarter Lunchrooms, Cornell University, 2018
- It Takes More than Food: Promoting Health and Self-Sufficiency in Food Pantry

- Settings, Villanova University, April 2018.
- Shaped but not Defined: Developing Emotional Resources for those in Poverty, PA Nutrition Education Network, August 2018.
- Key Trends in Food, Nutrition, & Health, Bell Institute, September 2018.
- Cutting Back on Sugar, Laura Hoover, MPH, RD podcast, February 2018.
- Exploring the Evidence on Dietary Patterns: The Interplay of What We Eat and Health, Conagra Nutrition, March 2018.
- Not All Carbs Are Created Equal, Dr. Carolyn Dunn, Professor and Nutrition Specialist at NC State University, March 2018.
- What's New in Obesity, James O. Hill, Ph.D., Professor, Depts of Pediatrics & Medicine, University of Colorado School of Medicine, Conagra Nutrition, March 2018.
- Johnson, S. and S. Safai-Waite. 2017 UI Dietetics Community Nutrition Education, 9 Dietetic Students. Coeur d'Alene, ID.
- Mindful Eating, Careers in Dietetics, Eat to Compete, Lake City High School, 3 1.5-hour presentations, November 17, 2017.
- Mindful Eating, Careers in Dietetics, Eat to Compete, Lake City High School, 2 1.5-hour presentations, November 16, 2017.
- MyPlate Lesson, Hayden Meadows Elementary, 4 1-hour presentations, November 16, 2017.
- Mindful Eating, Lakes Middle School, 4 1-hour presentations, November 14, 2017.
- Mindful Eating, Careers in Dietetics, Eat to Compete, Lake City High School, 3 1.5-minute presentations, November 14, 2017.
- Think your Drink and Fast Food Eating, Coeur d'Alene High School, 6 1-hour presentations, November 14, 2017.
- Think your Drink and Fast Food Eating, Fernan Elementary School, 16 1-hour presentations to all students, November 13-16, 2017.
- Venture Alternative High School, 4 1-hour presentations, November 9, 2017.
- Mindful Eating, Canfield Middle School, 6 1 hour presentations, November 9, 2017.
- Eat to Compete for the College Athlete, North Idaho College Men's Basketball Team, North Idaho College Women's Basketball Team, 2 1-hour presentations, November 8, 2017.
- Mindful Eating, Woodland Middle School, 5 1-hour presentations, November 8, 2017.
- Eat to Compete, Sting Timbers FC, 1 hour presentation, November 6, 7, and 9, 2017.
- Johnson, S. and K. Gardiner. 2016-2017. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d'Alene, ID.
- Strong is the New Healthy recorded webinar by Dr. Carolyn Dunn, Professor and Nutrition Specialist at NC State University
- Interpreting Nutrition Claims: Fact or Fiction recorded webinar by Dr. Carolyn Dunn, Professor and Nutrition Specialist at NC State University
- Statewide training on Eating Smart Moving More – new adult curriculum by Lorelei Jones, North Carolina State Extension
- Civil Rights Training using University of Idaho recorded training and the supplemental presentation slides from California Department of Health – by Kali Gardiner, Eat Smart Idaho Coordinator
- Diets: Fad or Fact webinar by Dr. Carolyn Dunn, Professor and Nutrition Specialist at NC State University
- High Impact Grocery Store Tours webinar by Maribel Alchin, MBA, RD, LDN Nutrition, Culinary Art, Heart Health Dietitian and Healthy Living Advisor Meijer
- Knowing Your Target Audience by Kristin Matthews, Idaho Department of Health & Welfare
- Social Media Tutorial & Challenge by Liz Comer, Eat Smart Idaho Media Specialist

- Pulses Education and Recipe Demo” by American Pulse Association
- Handwashing 2.0” web based information session by Partnership for Food Safety Education – Don Schaffner, Extension Specialist in Food Science Rutgers University
- Organic vs Conventional” webinar by Dr. Carolyn Dunn, Professor and Head for the Department of Youth, Family, and Community Sciences, North Carolina State University
- The Role of Responsive Parenting in Pediatric Obesity Prevention” webinar by Jennifer Savage Williams, Ph.D., Interim Director for Childhood Obesity Research and Assistant Professor in the Department of Nutritional Sciences at The Pennsylvania State University
- Tossed Treasures: America’s Wasted Food Problem, and How Dietetic Professionals Can Help” webinar by Chris Vogliano, MS, RD, LD, Sustainability Consultant, Speaker, Faculty, and Researcher - University of Washington and Alice Henneman, MS, RD, Extension Educator with University of Nebraska-Lincoln Extension. Food. Nutrition. Food Safety.
- What’s In Our Food? The Science and Safety of Food Additives webinar by Roger Clemens, DrPH, CFS, CNS, FACN, FIFT, FIAFST and Amy Myrdal Miller, MS, RDN, FAND
- Overview of Idaho Beef Council nutrition materials, healthy beef cooking on a budget, and beef-focused Myth Busters” by Pohley Richey, RD, LD, Idaho Beef Council
- The Nutrition Professional’s Guide to GMOs webinar by Janet Collins, PhD, RD, CFS and Mary Lee Chin, MS, RDN
- Low Calorie Sweeteners and Healthy Lifestyle: Do they fit together? webinar by Berna Magnuson, PhD, ATS Fellow, internationally recognized food toxicologist
- Creating Smarter Lunchrooms Training by Cornell University by Dr. Brian Wansink and Dr. David Just, Cornell Center for Behavioral Economics in Child Nutrition Programs
- Probiotics: Understanding The Microbiome And The Role Of Probiotics In Long Term Health webinar by Jaime Capizzi RD, LD, CLC, Sigma Tau Health Science
- Johnson, S. and K. Gardiner. 2015-2016. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d’Alene, ID.
- Eating right when eating out: How calories on the menu can guide healthy choices, Cheryl Dolven, MS, RDN
- Fitness for Busy Families, Stacy Molander, VP of Strategic Initiatives at The Partnership for a Healthier America
- Understanding Protein in a Healthy Diet, Donald K. Layman, PhD, University of Illinois at Urbana-Champaign
- Food for Thought: Nutrition Tips and Strategies for Growing a Healthy Eater, Bright Horizons Foundation for Children and the Partnership for a Healthier America
- Eating Smart Being Active in Action training videos from New Mexico State Extension
- Zzzz’s and lbs.: The impact of sleep on weight, Devon Golem, PhD, RD, LD, New Mexico State University, Director, Didactic Program in Dietetics, Assistant Professor, Human Nutrition and Dietetics
- Cooking Up Nutrition Education, Lori Carlson, MS, RDN, LDN, Weight Management Program Coordinator - VA Illiana Health Care System in Danville, IL.
- Hand Hygiene: Efficacy Update and Educator Tools” webinar by Dr. Laura

Brown, US Centers for Disease Control and Prevention, Dr. Don Schaffner, Rutgers University, Dave Shumaker, Microbiology Scientist, GOJO Industries, and Shelley Feist, Partnership for Food Safety Education

Trans Fat Update, Kristie Crowe-White, PhD., RD Assistant Professor University of Alabama “Dietary Guidelines for Americans 2015-2020 Training” by Martha Raidl, University of Idaho Extension Nutrition Specialist

2016 Healthy Retail Webinar Series: Grocery Store Nudges and Food Formulations, Dr. Michael F. Jacobson, CSPI President, and Dr. Collin Payne, Co-Director of the Consumer Behavior Lab at New Mexico State University

The Happy Healthy Kitchen: Creating Delicious Meals to Support Dietary Advice, Carolyn O’Neil, MS, RDN, LD, is a noted nutrition expert, award winning food writer, nutrition communications consultant, television personality

Changing the Way We Look at Agriculture, Abigail Copenhaver, RDN, CDN & Amy Myrdal Miller, MS, RDN, FAND through the Academy for Nutrition & Dietetics

The New Nutrition Facts Label” webinar by the U.S. Food & Drug Administration

What About Produce Washes?” Knowledge Exchange, Robert J. Whitaker, PhD, chief science and technology officer at Produce Marketing Association

Incorporating Physical Activity Into the Classroom, Theresa Shaffer, University of Idaho Administrative Coordinator & Adjunct Faculty

Civil Rights Update, Kali Gardiner, RDN, LD, Eat Smart Idaho Coordinator

Recipe Re-Do: Supporting Consumers with Food Safe Recipes, Food Safety Expert Dr. Sandria L. Godwin, RD, LDN, Tennessee State University

Finding SNAP-Ed Materials the Easy Way, SNAP-Ed Connection staff USDA and Food & Nutrition Services

Changing Food-Related Behavior: Insights from Behavioral Science, Beth Vallen, PhD, Associate Professor of Marketing at Villanova University’s Department of Marketing and Business Law

Johnson, S. and M. Helland. Day of Hope, Sunnyside Elementary, Kellogg, ID. October 1, 2016.

Johnson, S., Rosales, J., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed Summer Feeding Site, Ramsey Elementary, 10 1-hour sessions, 90 youth. Summer, 2016.

Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, Summer Feeding Site, Borah Elementary, 10 1-hour sessions, 90 youth. Summer, 2016.

Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, Kroc Summer Youth Program, Food Art and Sports Nutrition, 2 1-hour sessions, 100 youth. Summer, 2016.

Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, Children’s Village, 10 1-hour sessions, 5 youth. Summer, 2016.

Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, Boys & Girls Club of Post Falls, 10 1-hour sessions, 35 youth. Summer, 2016.

Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, CDA4Kids Summer Program, 10 1-hour sessions, 45 youth. Summer, 2016.

Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program,

- National 4-H Council and SNAP-Ed, LAMB Christian Academy, Germ City, 1-hour sessions, 30 youth. Summer, 2016.
- Johnson, S., Johnson, C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, CDA Assembly Day Camp, two 10 hours camps offered over 2 days, Summer, 2016.
- Johnson, S., Johnson C., Helland, M., and L. Bumstead. 4H Food Smart Families Program, National 4-H Council and SNAP-Ed, BASE Summer Program, Lakeland School District 10 1-hour sessions, 40 youth. Summer, 2016.
- Johnson, S., Johnson, C., Helland, M., and L. Bumstead. Nutrition Day in the Park, Hayden Meadows Elementary, 1st Grade Classrooms, four 20 minute rotations offered 4 times, 90 youth. Summer, 2016.
- Johnson, S., Borah Elementary Spring Fling, Hope on the Homefront Event, May 18, 2016.
- Johnson, S. Lakesgiving, Lakes Middle School, Hope on the Homefront Event, November 23, 2015.
- Johnson, S. Ducar, E., and K. Gardiner. Smarter Lunchroom Evaluations, Pre and Post Evaluations at 10 elementary sites in the Coeur d'Alene School District, 20 total evaluations. June 2016-October 2015.
- Johnson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Borah Elementary, Coeur d'Alene School District, 10 1-hour sessions, 90 youth. Fall, 2015.
- Johnson, S., and Carson, S. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, John Brown Elementary, Lakeland School District, 10 1-hour sessions, 105 youth. Fall, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Mullan Trail Elementary, Post Falls School District, 10 1-hour sessions, 125 youth. Fall, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Fernan Elementary, Coeur d'Alene School District, 10 1-hour sessions, 110 youth. Fall, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Summer Feeding Site, Fernan Elementary, 10 1-hour sessions, 30 youth. Summer, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Summer Feeding Site, Ramsey Elementary, 10 1-hour sessions, 90 youth. Summer, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Children's Village, 10 1-hour sessions, 5 youth. Summer, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Boys & Girls Club, 10 1-hour sessions, 35 youth. Summer, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, CDA4Kids Summer Program, 10 1-hour sessions, 45 youth. Summer, 2015.
- Johnson, S., Carson, S., and C. Johnson. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, CDA Assembly Day Camp, 10 hours offered over 2 days, Summer, 2015.
- Johnson, S. and K. Gardiner. 2014-2015. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d'Alene, ID.
- Dairy's Role in Lactose Intolerance webinar – Toby Amidor, MS, RDE, CDN, Author, Nutrition Expert, FoodNetwork.com, Columnist, October 1.
- Making Healthful Eating Behaviors Stick: Using Consumer Insights to Identify What Works webinar – International Food Information Council, October 28.

- The Science Behind Breakfast: An Up-to-Date Review webinar – Carol Byrd-Bredbenner, PhD, RD, FAND, Professor of Nutrition/Extension Specialist in Nutritional Sciences at Rutgers, The State University of New Jersey and Holley Grainger, MS, RD, Nutrition & Lifestyle Expert, October 30.
- Healthy Holiday Eating – University of Idaho Dietetic Student, November 5.
- Holiday Meal Makeover – University of Idaho Dietetic Student, November 19.
- A Closer Look at Dairy: Alternative Beverages, Antibiotics & GMOs, December 3.
- Kids Food Reboot webinar – Lynn Fredericks, Campaign Creator and Founder of Family Cook Productions, January 14.
- Food Matters for Families! Strategies to foster eating for health and cancer prevention webinar – Melissa Halas-Liang, MA RDN CDE. February 26.
- Civil Rights Training: Building Inclusive Programs – Carmen Suarez, PhD, Chief Diversity Officer University of Idaho. February 27.
- In the Eye of the Beholder: Critical Evaluation of Nutrition Research webinar – Andrew W. Brown, PhD – Office of Energetics and Nutrition Obesity Research Center at the University of Alabama at Birmingham. March 26.
- From Potato Chips to Mini Meals: Optimizing Nutrient Quality of Snacks webinar – Dr. Keith Ayoob, EdD, RD, Associate Professor, Albert Einstein College of Medicine & Kathryn Hoy, MFN, RD, CDN, Manager, Cornell Center for Behavioral Economics in Child Nutrition Programs/CEO Food for Fuel LLC. May 5.
- What's Your Health Worth? Webinar on 2015 IFIC Food and Health Survey by the International Food Information Council. June 4.
- Encouraging Parents to Increase Fruit & Vegetable Intake and Overall Healthy Eating by Ashlee Eskelsen, MS, RDN, University of Idaho Instructor in Nutrition & Washington State University Sports Dietitian. June 18.
- Tift, K. Hidden Rules of Economic Class. July 6.
- Amende, J. Choose Health: Food, Fun & Fitness Curriculum Hands-on Activities. August 4.
- Richel, K. Time Management. August 14.
- Johnson, S. and C. Johnson, Coeur d'Alene Marathon Kids Expo, May 24, 2015.
- Johnson, S. and K. Gardiner. 2013-2014. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d'Alene, ID.
- McCawley, Hansen, Byington, Eat Smart Idaho Data Collection Procedures. October 29
- Disruption of the Usual – Rethinking Behavior Change and Communication in Nutrition Education. Webinar & Discussion. November 13
- Is Lactose Intolerance Stopping Your Dairy Intake. Webinar & Discussion. December 5
- Kids Are Drinking What? Webinar & Discussion. December 5
- Using Consumer Tested Nutrition Messages to Design Motivational Resources for Your Target Audience. Webinar & Discussion. January 16
- Jensen, Incorporating Physical Activity into Lessons. February 3
- Blended, Flipped: Webinar on New Ways to Offer Nutrition Classes. Webinar & Discussion. February 14
- Selling Health to Shoppers. Webinar & Discussion. February 19
- Culinary Competency to Enhance Dietetic Practice. Webinar & Discussion. May 13
- Making an Impact with Food Insecure Populations. Webinar & Discussion. March 24

- Successful Synergies – to connect with local organizations to help fight hunger and improved access to healthy foods. Webinar & Discussion. April 29
- Ramsay, What You Say Matters...Supporting a Healthy Weight in Young Children. May 5
- Richel, Responsible Couponing. May 22
- Building a Culture of Health for Our Nation's Children. Webinar & Discussion. June 25
- Oats + Dairy: A Powerful Combination Any Time of Day. Webinar & Discussion. June 26
- Johnson, S., Amende, J., and A. Eachon. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, CDA4Kids Summer Program, Community Event, June 24, 2014.
- Johnson, S., Amende, J., and A. Eachon. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Boys & Girls Club, Community Event, Day for Kids, June 21, 2014.
- Johnson, S., Amende, J., and A. Eachon. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Boys & Girls Club, Elementary Age Group, 10-hours, 47 youth. June 17, 19, 24, 26, July 1, 3, 8, 10, 15, 17, 2014.
- Johnson, S., Amende, J., and A. Eachon. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Boys & Girls Club, Teen Group, 10-hours, 47 youth. June 16, 18, 23, 25, 30, July 2, 7, 9, 14, 16, 2014.
- Johnson, S., Amende, J., and A. Eachon. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, CDA4Kids Summer Program, 10-hours, 47 youth. June 16, 18, 23, 25, 30, July 2, 7, 9, 14, 16, 2014.
- Johnson, S. Gardiner, K., Holten, T., and J. Rosales. 4H Food Smart Families Program Post-Evaluation, National 4-H Council and ConAgra Foods Foundation, Borah Elementary, June 2, 2014.
- Johnson, S. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Canfield Middle School, 10 hours, 4 youth. April 10, 17, 24, May 1, 8, 15, 22, 29, 2014.
- Johnson, S. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Woodland Middle School, 10 hours, 25 youth. April 9, 16, 23, April 30, 23, 16, 9, 2014.
- Johnson, S. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Venture High School, 10 hours, 4 youth. April 8, 15, 22, 29, May 6, 13, 20, 27, 2014.
- Johnson, S. 4H Food Smart Families Program, National 4-H Council and ConAgra Foods Foundation, Borah Elementary School, 10-hours, 367 youth. March 5, 21, April 11, 18, 25, May 2, 9, 16, 30, 2014.
- Johnson, S. Gardiner, K., Holten, T., and J. Rosales. 4H Food Smart Families Program Pre-Evaluation, National 4-H Council and ConAgra Foods Foundation, Borah Elementary, March 12, 2014.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Ironman Day. May 28, 2014.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Family Week. May 19-23, 2014.
- Johnson, S., Kline, R., Lemburg, M. and E. Ducar. 4H Food Smart Families Program, National 4H Council and ConAgra Foods Foundation, Borah Elementary Community Event, May 22, 2014.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Principal Day. May 16, 2014.
- Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Teacher Week. May 12-16, 2014.
- Johnson, S. Healthy Eating for 6th Grade, Girls Night Out, Hayden Meadows Elementary, April 8, 2014.
- Johnson, S. and K. Gardiner. 2012-2013. Monthly Eat Smart Idaho Trainings for Paraprofessionals. Coeur d'Alene, ID.
- Intern, How to Live Healthy on \$3 a Day. October 25

Grant Guidelines. November 7
Eating Smart Being Active Curriculum Overview. November 7
Motivating Consumers with Messages that Make Sense to Them: Key Findings from the Latest Research. Webinar & Discussion. November 15
Help Your Clients Reach their Health Potential with a Plant-Based Diet. Webinar & Discussion, December 6
Kids Are Drinking What?! Webinar & Discussion. December 12
Helping Clients Set and Achieve Financial Goals. Webinar & Discussion. January 9
Low-Calorie Sweeteners & Weight Management Help or Hindrance? Webinar & Discussion. January 22
Hungry & Overweight. Webinar & Discussion. February 26
Heart Healthy Lifestyle Counseling. Webinar & Discussion. February 27
Which Weigh to Go? Behavioral and Dietary Strategies for Weight Management. Webinar & Discussion. March 7
Pesticide Residues: Are We Scaring Mom's Away From Healthy, Affordable Fruits & Veggies. Webinar & Discussion. March 28
Farm to School: Cooking with Children in the Classroom & Farm to School Parents: How to get involved. Webinar & Discussion. Webinar & Discussion. April 25
Hunger Task Force: Food Stamp Train the Trainer Curriculum. May 23
A Flavorful Pairing: Nutrition Education in Food Banks . Webinar & Discussion. June 26
Power of Protein: Combining Protein & Exercise for Effective Results. Webinar & Discussion. June 26
The Obesity Paradox: Is it all about Cardiovascular Fitness? Webinar & Discussion. July 17
Civil Rights Update. July 18
Ready, Set Go – Preparing and Delivering Effective Nutrition Education for Audiences Facing Food Insecurity. Webinar & Discussion. July 31
Build Strong Bones. Webinar & Discussion. August 22
Balancing Sodium and Potassium Intake for Disease Prevention and Optimal Health. Webinar & Discussion. September 24
Johnson, S. Ironman Coeur d'Alene Youth Fun Run for Run/Walk for Fun Pedometer Fitness Challenge Winners, June 20, 2013.
Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Principal Week. May 27-31, 2013.
Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Ironman Day. May 24, 2013.
Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Family Week. May 13-17, 2013.
Johnson, S. Run/Walk for Fun Pedometer Fitness Challenge, Teacher Week. May 6-10, 2013.
Johnson, S. and K. Gardiner. 2011-2012. Monthly Extension Nutrition Program (ENP) Trainings for Paraprofessionals. Coeur d'Alene, ID.
Hampton, Ages & Stages. October 13
Kolva, Nutrition Related Phone Apps. October 13
A Nutritional Odyssey: From Famine to Feast, The Role of Science and Technology in a Healthy Diet. Webinar & Discussion. October 18
Food Stamps Grow Gardens! Leveraging SNAP to Grow Gardens Across America. Webinar & Discussion. October 26
Food Demo Techniques. Webinar & Discussion. November 10
Addressing Questions About Aspartame and Stevia Sweeteners: Facts Health Professionals Need to Know. Webinar & Discussion. November 17
Nutrition Education & Counseling Skills. Webinar & Discussion. January 5
Mini Talks About Mini Folks: Frequently Asked Questions on Child Nutrition. Webinar & Discussion. January 19
Cardiovascular Health: What Does Stress Have to Do With It. Webinar &

- Discussion. February 22
- Playing, Learning, and Growing: Fun Food Activities that Reinforce Health Messages. Webinar & Discussion. March 15
- Whole Grains & Basic Sauces: Hands on Cooking Demo. Webinar & Discussion. May 10
- Archibald, Field to Plate Workshop. May 18
- 2012 IFIC Foundation Food & Health Survey. Webinar & Discussion. June 7
- Using Children's Storybooks as a Basis for Nutrition Education. Webinar & Discussion. June 21
- Ramsay, Fad Diets. July 19
- Mock, Food Stamp Update. July 19
- Civil Rights Update. July 19
- Safe Summer Barbecuing. July 19
- Advances in Successful Aging Strategies: Smart Nutrition, Effective Exercise. Webinar & Discussion. August 1
- Kresser, Microwave Cooking. August 30
- Seven Secrets of Successful Couponing. Webinar & Discussion. August 30
- Managing Lactose Intolerance: Understanding the Latest Research and Implementing Practical Solutions for Maintaining a Healthy Diet. Webinar & Discussion. September 13
- Ramsay, Understanding Obscure Ingredients Found on Ingredient Lists on Food Packages. September 30
- Ferhinger, W. and Johnson, S. Diabetes Month Seminars. Diabetes Coalition. Panhandle Health District. November 2012.
- Johnson, S. and Gardiner, K. Extension Nutrition Program Evaluation Data Collection-Interviews. Coeur d'Alene & Post Falls, ID. 2012.
- Coeur d'Alene Head Start, ENP Participant Post Intervention Interviews. March 14 & 15
- Lakeland Head Start, ENP Participant Post Intervention Interviews. March 12 & 13
- Coeur d'Alene Head Start, ENP Participant Base Line Interviews. February 9
- Lakeland Head Start, ENP Participant Base Line Interviews. February 7
- Johnson, S., Gardiner, K., and L. Stolley. Preschool Initiative Nutrition Grant, Garden to Groceries, 3 Early Head Classrooms, 5-week session, Rathdrum & Coeur d'Alene, ID. July 10-August 7, 2012.
- Johnson, S. and K. Gardiner. 2010-2011. Monthly Extension Nutrition Program (ENP) Trainings for Paraprofessionals. Coeur d'Alene, ID.
- Jensen, Fitness & Health. October 14
- Family Recipes on a Budget. Webinar & Discussion. October 28
- Branen & Fletcher, Feeding Young Children. November 12
- Hampton, Strong Women/Physical Activity. November 13
- Children's Dietary Recommendations: When Urban Myths, Opinions, Parental Perceptions & Scientific Evidence Collide. Webinar & Discussion. December 9
- Make Your Calories Count – Use the Nutrition Facts Label for Healthy Weight Management: Resources Interactive Training Module. Webinar & Discussion. January 6
- America On the Move. Webinar & Discussion. January 20
- Energy, Diet and Weight. Webinar & Discussion. February 3
- Loving Your Family Feeding Their Future. Webinar & Discussion. February 17
- Food Friends. Webinar & Discussion. March 3
- 2010 Dietary Guidelines for Americans. Webinar & Discussion. March 17
- Growing Healthy Communities – 2nd Harvest Partner Agency Conference.

- April 7
Brown, Sustainable Food Systems. Webinar & Discussion. April 17
Hydration & Physical Activity: Risks, Challenges and Exercise. Webinar & Discussion. April 21
Sit Less, Move More! Understanding Inactivity Physiology and Strategies to Help Patients Adopt Healthier Behaviors. Webinar & Discussion. April 28
Jensen, Preventing High Cholesterol. May 12
Ramsay, Nutrition Related to Breastfeeding. May 26
Choose MyPlate: Putting the 2010 Dietary Guidelines to Work in Your Practice. Webinar & Discussion. June 23
Ramsay, Basics of Metabolism. July 21
Civil Rights Update. July 21
Richel, Organizing Your Paperwork. August 18
Branen, Obesity Prevention Policies for Young Children. September 15
McCurdy, Plastic Packaging & Food Contact. September 29
Raidl, Gluten free products, Food Labels & Choose MyPlate. September 29
Johnson, S. and P. Schwartz. Caring for the Type 1 Diabetic Child in the Head Start Program, Kathleen Thomas, RD, November 9, 2011.
Johnson, S. and K. Herron. Eating Well with Diabetes, Kathleen Thomas, RD, Key Note Speaker, November 8, 2011.
Fehinger, W. and Johnson, S. 2011 Diabetes Month Conference, Panhandle Health District and Ray and Joan Kroc Center, November 8 & 1, 2011.
Johnson, S. Wyoming Menu Project, Kathleen Thomas, RD, Area Agency on Aging Contracted Senior Meal Sites, November 8, 2011.
Johnson, S., and Gardiner, K. 2009-2010. Bi-monthly ENP Trainings for Paraprofessionals. Coeur d'Alene, ID.
Low Cost, Easy Bean Ideas (Wishful Kneads). Webinar & Discussion. October 15
Hampton, Low Cost Gifts. November 12
Walnuts: Whole Food with Whole Body Benefits. Webinar & Discussion. December 10
MyPyramid Breakfast and Health Communications Program: The Science of Breakfast and Consumer Insights Regarding the Morning Meal. Webinar & Discussion. January 21
From Science to Communication: Understanding Fructose, HFCS, and Sugars. Webinar & Discussion. February 4
All About Caffeine: Clarifying the Controversies. Webinar & Discussion. February 18
Understanding Food Allergies. Webinar & Discussion. March 4
Getting Everyone Connected: Polycom & Skype. March 18
Food Biotechnology 101: A Primer on the Science & the Public Debate. Webinar & Discussion. April 1
Overview of Food Resource Management Activities & Collaborating Opportunities. Webinar & Discussion. April 15
Food Producing Seeds and Plants. May 13
Summer Breads & Spreads. June 10
Health Promotion/Disease Prevention: Promoting Physical Activity & Healthy Eating Habits with the Eating Right is Basic Curriculum. Webinar & Discussion. June 24
Healthy Meal Planning. July 8
Johnson, S. Feeding Young Children. NIC Head Start All Day Staff Training. Coeur d'Alene, ID. November 12, 2010.
Raidl, M., Johnson, S., Gardiner, K., Peutz, J., Lanting, R., and A. Liddil. 2009 ENP/EFNEP State

- Training. Boise, ID. 2009.
- Johnson, S., and Gardiner, K. 2008-2009. Bi-monthly ENP Trainings for Paraprofessionals. Coeur d'Alene, ID.
- Tifft, How Are We Connected to Our Community and to Poverty? October 16
 - Hampton, Strong Women/Physical Activity. November 13
 - Bone Health for Children and Adolescents: Implications for Client Counseling. Webinar & Discussion. February 5
 - Childhood Food Insecurity: Health Impacts, Screening, and Intervention. Webinar & Discussion. March 5
 - MyPyramid Tutorial. Webinar & Discussion. March 19
 - Reaching Moms of Preschoolers with Messages that Matter. Webinar & Discussion. March 26
 - Helping Elementary-School Age Kids and Moms Make Healthier Food Choices. Webinar & Discussion. April 2
 - Simply Good Eating, Share Session. Webinar & Discussion. April 16
- Johnson, S. District 8th Annual Extension Nutrition Program Mini-Conference, one day conference. Coeur d'Alene, ID. 2009.
- Johnson, S. District 6th Annual Extension Nutrition Program Mini-Conference, one day conference. Coeur d'Alene, ID. 2008.
- Hampton, Food Safety Display Debut
 - Traver, Dealing with Difficult People" "Tools for Effectively Dealing with Families Living in Poverty
- Johnson, S. District 5th Annual Extension Nutrition Program Mini-Conference, two day conference. Coeur d'Alene, ID. 2006.
- Hampton, Effective Teaching Techniques for Children
 - Howe, Intro To Microsoft Publisher
 - Traver, Poverty Jeopardy – Playing the Game
- Raidl, M., Johnson, S., Gardiner, K., Peutz, J., Lanting, R., and A. Liddil. 2006 ENP/EFNEP State Training. Boise, ID. 2006.
- Johnson, S., and K. Gardiner. District 4th Annual Extension Nutrition Program Mini-Conference, two day conference. Coeur d'Alene, ID. April 25 & 26, 2005.
- Branen, The Benefits of Children Serving Themselves
 - Traver, Providing Quality Customer Service
 - Hampton, What's for Dinner? The benefits of eating together"
 - Tifft, Home Visitation: The Basics
 - Parker-Clark, Diversity & Communication Styles
 - Welch, Credit Sense
- Raidl, M, Johnson, S. Lanting, R., Liddil, A., Gardiner, K., & C. Jayo. Statewide ENP/EFNEP Training, Boise, ID. 2004.
- Safaii, Power of Choice Curriculum
 - WIC presentations/panel discussions
 - Branen, Childhood Obesity
 - Gillespie, Youth Development Ages and Stages
 - Kinder, Mad Cow Disease update
 - Salisbury, Container Gardening
- Johnson, S. District 3rd Annual Extension Nutrition Program Mini-Conference, Poverty Simulation, Coeur d'Alene, ID. 2004.
- Johnson, S. Real Life Stories of Food-Borne Illness, Food Safety Advisor Update, Coeur d'Alene, ID. 2003.
- Johnson, S., and K. Gardiner. District 1's Second Annual Extension Nutrition Program Mini-Conference, two day conference. Feeding Young Children presented by Laurel Branen and Janice Fletcher. Coeur d'Alene, ID. January 29 & 30, 2003.
- Johnson, S., and S. Traver. Idaho's Poverty Simulation. Making a Difference, Sandpoint, ID. 2002.

- McCurdy, S, and S. Johnson. Farmer to Consumer – Enhancing the Connection. Post Falls, ID. 2002.
- Johnson, S. Poverty Simulation – Oregon State University’s Corinne Corson. Coeur d’Alene, ID. 2001.
- Johnson, S., and K. Gardiner. District 1’s First Annual Extension Nutrition Program Mini-Conference, Poverty Simulation, two-day conference. Coeur d’Alene, ID. November 6, 2001.
- Johnson, S. Food Safety Advisor, 30-hour workshop offered weekly for 6 weeks. Kootenai/Stevens County. Coeur d’Alene, ID. 2001.
- Johnson, S. Advanced Master Food Preserver Update. Coeur d’Alene, ID. 2001.
- Johnson, S. Feeding Young Children Satellite Series. Coeur d’Alene, ID. 2000.

Youth Development:

- Johnson, S. and J. Fortier. 4H Interview Judging. Coeur d’Alene, ID. 2002, 2001, 2000.
- Johnson, S. and S. Wilson. 4H Style Show and Dress Review. Coeur d’Alene, ID. 2002.
- Johnson, S., and L. Telecky. 4H Style Show and Dress Review. Coeur d’Alene, ID. 2001 and 2000.
- Johnson, S. Designing Flowers - Cake Decorating Leaders/Youth Training (organized). Coeur d’Alene, ID. 2001.
- Johnson, S. Cake Decorating Leaders Training. Super Saturday Kootenai County. Coeur d’Alene, ID. 2001 and 2000.

Miscellaneous:

- Johnson, S. Internet Masters (6 participants), 10 sessions for a total of 30-hours. Coeur d’Alene, ID. 2001.

Miscellaneous Extension Publications:

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| 2019 | Wellness Newsletter, Published monthly. Murray Group Employees. |
| 2005-2007 | Kootenai County Health Notes, Published monthly. Circulation: emailed to all County employees. |
| 2002-present | Senior Nutrition News, Published monthly. Circulation: 300 distributed through SENP Nutrition Advisors. District 1 Counties. 2 pages. |
| 2001-2008 | North Idaho Health Notes, Published 4 times a year. Circulation: 1,800 households in Benewah, Bonner, Boundary, Kootenai, Latah, and Shoshone counties. 8 pages. |
| 2001-present | Gardiner, K., and S. Johnson. Extension Nutrition Program Handbook for Nutrition Advisors. 72 pages. |

Popular Press:

- Johnson, S. Extension Nutrition Program Promotes Good Nutrition for Good Health, Bridging the Gap to a Healthy Community, Kootenai Medical Center Newsletter, Fall 2005.

Coeur d’Alene Press, Circulation: 30,000:

- Johnson, S. Frequently asked food questions answered, March 22, 2001.
- Johnson, S. 2001. Save trip to grocery store with substitute ingredients, March 15, 2001.
- Johnson, S. L. Warm weather exercise requires much preparation, March 8, 2001.
- Johnson, S. How to figure your daily caloric needs, January 18 2000.
- Johnson, S. L. Preparing juicy turkey safely for the holidays, November 23, 2001.
- Johnson, S. Home economist gives tips on safely preparing jerky at home, October 19,

2000.

- Johnson, S. Home canning requires close attention to safety, October 12, 2000.
Johnson, S. Easy lunch ideas for the school season, September 21, 2000.
Johnson, S. Preventing, removing molds, mildews beneficial to health, August 10, 2000.
Johnson, S. Gardening Can Be A Great Physical Activity, July 27, 2000.
Johnson, S. Americans eating too much sugar, July 20, 2000.
Johnson, S. Food Safety Tips for Summer, June 22, 2000.
Johnson, S. Johnson Explains Muscle Soreness, May 4, 2000.
Johnson, S.. How Safe is Your Kitchen, April 20, 2000.
Johnson, S. Nutrition Program Helps Families Budget, March 23, 2000.
Johnson, S. Take Diabetes Test to Know Your Risk, March 16, 2000.
Johnson, S. Cholesterol Information Can Save Your Life, March 9, 2000.
Johnson, S. Regular Cleaning Defends Family Against Germs, February 24, 2000.

Interview Articles:

Web Article:

- Johnson, S. Why 500 elementary school youth in Coeur d'Alene didn't stop running, University of Idaho Extension Website.
<http://www.uidaho.edu/extension/news/features/2014/Fitness-challenge-boosts-students-activity>. April 2014.

Spokesman Review:

- Johnson, S. Second Harvest teams up with Coeur d'Alene church, school to feed families. April 6, 2016.
Johnson, S. Here's to a Healthy Lifestyle. July 12, 2005.

Coeur d'Alene News Press:

- Johnson, S. Soccer for Success, August 5, 2022.
Johnson, S. Christmas presents arrive early for the kids in the Coeur d'Alene and Post Falls school District, December 21, 2020.
Johnson, S. CD'A Fire Hosts Healthy Food Drive on December 2. November 28, 2017.
Johnson, S. Food for the Soul. November 2, 2017.
Johnson, S. CD'A Fire Hosts Healthy Food Drive, November 29, 2016.
Johnson, S. Eat to learn, CHS Food Pantry offers basic need to students. October 22, 2016.
Johnson, S. Kids learn about healthy eating. July 29, 2016.
Johnson, S. Learning, living, growing, Boys and Girls Club visits community garden, learns about growing food. July 27, 2016.
Johnson, S. New points system at PF Food Bank allows client choices. May 5, 2016.
Johnson, S. Borah food pantry to provide healthier foods to families in need. April 7, 2016.
Johnson, S. Second Harvest to open food pantry. April 2, 2016.
Johnson, S. Students learn about healthier choices, Firefighters, UI, school district educate students on food and health. March 1, 2016.
Johnson, S. Kids keeping it healthy 'Let's Move! CDA' achieves gold-medal status, sets new goals, January 25, 2016.
Johnson, S. Firefighters Nutrition. November 11, 2016.
Johnson, S. Aw, Shucks. September 24, 2015.
Johnson, S. 4-H Food Smart Families Serves Cd'A Community. July 25, 2015.
Johnson, S. Bye, Bye Germs. November 4, 2014.
Johnson, S. Golden Years Tarnished, Population boom among seniors adds up to

problems, September 19, 2004.
Johnson, S. Eating right: District 1 program honored by American Society on Aging. April 30, 2004.
Johnson, S. Feeding and financing, UI program teaches Cd'A families proper nutrition, grocery budgeting. August 11, 2003.
Johnson, S. All Fired Up. July 30, 2003.
Johnson, S. Asparagus Breakdown. June 11, 2003.
Johnson, S. Class teaches diabetics how to eat healthy. June 19, 2002.
Johnson, S. Weight Watchers: Experts give tips on keeping a healthy diet. May 13, 2002.
Johnson, S. Healthy Lifestyles: Extension office offers diabetes classes. January 16, 2002.
Johnson, S. Garden Preserves – Local women give tips on proper techniques for canning and drying. August 29, 2001.
Johnson, S. Post-Easter Blues – Scramble to dispose of leftover eggs. April 18, 2001.
Johnson, S. Team Nutrition – UI pilot program teaches good eating. July 26, 2000.
Johnson, S. Cutting Costs. April 12, 2000.
Johnson, S. Dream Job – Extension office educator looks forward to working with local community. February 17, 2000.

District III, Focus:

Johnson, S. What do you do when it's Mom who won't eat her vegetables? February/March, 2007.

Programs and People:

Johnson, S. The Senior Extension Nutrition Program, B. Loftus, Programs and People, Winter 2004.
Johnson, S. New-Triton for a Healthy Future. M. Fritz, Programs and People, Centennial, 2001.

Media Presentations:

Johnson, S. KVNI Radio Station. Food Safety for Seniors. 2010.
Johnson, S. Branen, L. J., and L. Branen. KNLV Radio Station. Getting Ready for the Holidays. 2006.
Johnson, S. Branen, L. J., and L. Branen. KNLV Radio Station. The Senior Extension Nutrition Program, 2006.

Review articles:

Steps to a Healthier You, USDA Publication, October 2007.
Curriculum review of *Seniors Taking Charge of Diabetes*, University of Georgia, October, 2006.
Curriculum review of *MyPyramid and the Dietary Guidelines for Women*, University of NE - Lincoln Extension, June, 2006.
Fact sheet review of *Nutrition for Mature Adults*, Utah State University Extension, June, 2006.

PROFESSIONAL DEVELOPMENT:

Scholarship:

Snack Smart: Making Every Bite Count with Plant-Packed Pairings webinar by Produce for Better Health Foundation, May 25, 2021.
PHA and Medical Professionals: Teaming Up To Raise a Generation of Veggie Lovers" webinar by

- Partnership for a Healthy America, April 22, 2021.
- COVID Can't Stop Us: How to Deliver Live Virtual Cooking Classes and Demos on Zoom, Today's Dietitian, February 10, 2021.
- The Top 10 Benefits of Pulses: From Lentils and Chickpeas to Dry Peas and Beans, Today's Dietitian, January 27, 2021.
- The State of Obesity 2020: Better Policies for a Healthier America, on November 19, 2020.
- Using Changing Food Trends to Engage Followers, Academy of Nutrition and Dietetics, November 18, 2020.
- Navigating Language in Nutrition Education, University of Idaho. October 29, 2020.
- SNAP-Ed in a Virtual Environment, Leah's Pantry, September 2020.
- National Extension Family and Consumer Sciences National Conference, Virtual. September 2020.
- Family and Consumer Sciences In-Service, Virtual, 2020.
- Back-to-School Meal Service: How Out-of-School Time Providers are Supporting Schools & Communities, No Kid Hungry, September 24, 2020.
- Drink your Fruits and Veggies, Produce for Better Health Foundation, August 28, 2020.
- Lessons from the Pandemic: Staying Strong with Family Meals! webinar by Krystal Register, MS, RDN, LDN Director of Health and Well-being FMI Foundation; David Fikes Executive Director, FMI Foundation
- A Retail Dietitian's Insight During COVID-19 webinar by Ashley Quadros, MS, RDN, CD – Harmon's Grocery
- Going Global: A Recipe for Sustainable Nutrition webinar by Janice Giddens, MS, RDN – National Dairy Council
- Strength in Numbers: Exploring Emotional, Cognitive, & Physical Strength as Markers for Health webinar by Dairy West – Jim White, RD, ACSM, Ex-P
- Have a Sweet Holiday Season webinar by Pennsylvania Nutrition Education Network, December 18.
- Eat Your Vegetables: Bringing New Light to This Age Old Dinner Battle webinar by Pennsylvania Nutrition Education Network, January 29.
- Become a Whole Grain Guru: Learn the Latest Science and How to Help Your Clients webinar by Nicola McKeown, PhD, Scientist, Jean Mayer USDA Human Nutrition Research Center on Aging, Tufts University, February 7.
- Dietary Guidelines for Americans: a behind the scenes perspective webinar by Joanne Slavin, PhD, RDN, Professor in the Department of Food Science and Nutrition at the University of Minnesota, April 15.
- Second Harvest Roundtable Conference, September 20, 2018.
- Let's Talk: Evidence-informed Methods for Effectively Introducing New Foods" WEBINAR, PA Nutrition Education Network, November 2018.
- Nutrition Environment Food Pantry Assessment Tool (NEFPAT): Development and Evaluation, JNEB, November 2018.
- Zero Waste Lunchrooms: The How and Why of Reducing Waste in Your School Lunchroom, Cornell University, September 2018.
- Creating Smarter Lunchrooms, Cornell University, September 2018.
- Society for Nutrition Education and Behavior's 51st Annual Conference Committee, Minneapolis, MN, July 21 – 24, 2018.
- It Takes More than Food: Promoting Health and Self-Sufficiency in Food Pantry Settings, Villanova University, April 2018.
- Second Harvest 8th Annual Partner Conference, Spokane, WA. September 21, 2017.
- The Nutrition Professional's Guide to GMOs webinar by Janet Collins, PhD, RD, CFS and Mary Lee Chin, MS, RDN
- Low Calorie Sweeteners and Healthy Lifestyle: Do they fit together? webinar by Berna Magnuson, PhD, ATS Fellow, internationally recognized food toxicologist
- Creating Smarter Lunchrooms Training by Cornell University by Dr. Brian Wansink and Dr. David Just, Cornell Center for Behavioral Economics in Child Nutrition Programs
- Probiotics: Understanding The Microbiome And The Role Of Probiotics In Long Term Health webinar by Jaime Capizzi RD, LD, CLC, Sigma Tau Health Science

Healthy Eating, Active Living Regional Conference, Coeur d'Alene, ID., October 4, 2016.
Second Harvest 7th Annual Partner Conference, Spokane, WA. September 22, 2016.
Diabetes Prevention Program, Lifestyle Coach Training, February 25 & 26, 2016.
Second Harvest 6th Annual Partnership Conference, Spokane, WA. September 10, 2015.
Making Healthful Eating Behaviors Stick: Using Consumer Insights to Identify What Works webinar – International Food Information Council, October 28.
From Potato Chips to Mini Meals: Optimizing Nutrient Quality of Snacks webinar – Dr. Keith Ayoob, EdD, RD, Associate Professor, Albert Einstein College of Medicine & Kathryn Hoy, MFN, RD, CDN, Manager, Cornell Center for Behavioral Economics in Child Nutrition Programs/CEO Food for Fuel LLC. May 5.
In the Eye of the Beholder: Critical Evaluation of Nutrition Research webinar – Andrew W. Brown, PhD – Office of Energetics and Nutrition Obesity Research Center at the University of Alabama at Birmingham. March 26.
Oats + Dairy: A Powerful Combination Any Time of Day. Webinar & Discussion. June 26, 2014.
Successful Synergies – to connect with local organizations to help fight hunger and improved access to healthy foods. Webinar & Discussion. April 29, 2014.
Making an Impact with Food Insecure Populations. Webinar & Discussion. March 24, 2014.
Blended, Flipped: Webinar on New Ways to Offer Nutrition Classes. Webinar & Discussion. February 14, 2014.
Using Consumer Tested Nutrition Messages to Design Motivational Resources for Your Target Audience. Webinar & Discussion. January 16. 2014.
Is Lactose Intolerance Stopping Your Dairy Intake. Webinar & Discussion. December 5, 2013.
Kids Are Drinking What? Webinar & Discussion. December 5, 2013.
Disruption of the Usual – Rethinking Behavior Change and Communication in Nutrition Education. Webinar & Discussion. November 13, 2013.
Society of Nutrition Education and Behavior, 46th Annual Conference Nutrition Education: From Good to Great, Portland, OR. August 9-13, 2013.
Society for Nutrition Education and Behavior, 45th Annual Conference Nutrition Education: Energy from Synergy, Washington, DC, July 14 - 17, 2012.
Second Harvest Hunger Summit, Spokane, WA. 2012, 2011.
Field to Plate, Coeur d'Alene. 2012.
Nourish the Nation, Bellevue, WA. 2011.
Diabetes Day, Rockwood Clinic, Spokane, WA. 2011.
National Extension Association of Family & Consumer Sciences Annual Session - National Conference, Portland, MN. 2010.
Idaho Dietetics Association's State Conference, Post Falls, ID. 2010.
Rockwood Clinic: Diabetes Day, Spokane, WA. 2009.
Diabetes Update, Novo Nordisk, Coeur d'Alene, ID, February 12, 2009.
CDC Diabetes Translation Conference, Orlando, FL, May 5-8, 2008.
Rockwood Clinic: Diabetes Day, Spokane, WA. 2008.
New Trends in Diabetes Management, Coeur d'Alene, ID. 2008.
Fit and Fall Proof Training and Certification, 2007.
National Association of Family and Consumer Sciences National Conference, St. Paul, MN, September 17-20, 2007.
National Association of Area Agencies on Aging Annual Conference, San Francisco, CA, July 28-August 1, 2007.
Strong Women Certification, 2007.
Heart Health Seminar, Spokane, WA. 2007.
Idaho Dietetics Association's State Conference, Coeur d'Alene, ID. 2007.
Rockwood Clinic: Diabetes Day, Spokane, WA. 2007.
New Trends in Diabetes Management, Coeur d'Alene, ID. 2007.
National Society of Nutrition Education Annual Conference: Global Issues, Local Impact, San Francisco, CA. 2006.
New Diabetes Trends, Coeur d'Alene, ID. 2006.

Nutrition and Muscle Loss in the Elderly, Beyond Calcium to Optimal Bone Health, Nutrition Update on Women's Health Topics, Idaho Dairy Council, Kristin Ritzenthaler, Coeur d'Alene, ID. 2006.
Children, The Feeding Relationship, and Weight, Elyn Satter, Seattle, WA, 2005.
Pre-Diabetes and Diabetes Seminar, Spokane, WA. 2004.
Margaret Ritchie School of Family & Consumer Sciences Distinguished Speaker Series – Joanne Ikeda – National expert in weight realities. Moscow, ID. 2004.
Governor's Conference on Aging, Osteoporosis and Physical Activity, Coeur d'Alene, ID. 2004.
National Society of Nutrition Education Annual Conference: Inviting Everyone to the Table, Salt Lake City, Utah. 2004.
Fall Prevention Workshop, Boise, ID. 2004.
Joint Conference of the American Society on Aging & the National Council on the Aging, San Francisco, California. 2004.
National Food Stamp Nutrition Education Conference – A Vision, A Journey, A Partnership, Columbus, Ohio. 2004.
The Healthy Kids Summit, Boise, ID. 2003.
Obesity Summit, Boise, ID. 2003.
Galaxy II: Exceeding Expectations Through Teamwork national conference for Extension Professionals, Salt Lake City, UT. 2003.
Emerging Epidemic of Bone & Joint Diseases, Spokane, WA. 2003.
DASH Diet Update, Idaho Dairy Council, Laura Thomas, Coeur d'Alene, ID. 2003.
Food Safety Farm to Table Conference, Moscow, ID. 2003.
Governor's Conference on Aging, Coeur d'Alene, ID. 2003.
FSNE/EFNEP Tri-State Conference, Sharing Our Strengths II, Portland, OR. 2003.
The Food and Nutrition Service (FNS) National Nutrition Education Conference, Washington, D.C. 2003.
Society of Nutrition Education Annual Conference: Advancing Women's Health for Healthy Communities, St. Paul, MN. 2002.
Farmer to Consumer Conference: Enhancing the Connection, Post Falls, ID. 2002.
Poverty Simulation, Coeur d'Alene, ID. 2001.
Margaret Ritchie School of Family & Consumer Sciences Distinguished Speaker Series - Dr. Susan Johnson – National expert in children's eating and childhood obesity, Moscow, ID. 2001.
National Extension Association of Family & Consumer Sciences Annual Session - National Conference, Portland, OR. 2001.
National Priester Extension Health Conference, Dallas, TX. 2001.
The Winning Edge Sports Nutrition Training, Tucson, AZ. 2000.
National Extension Association of Family & Consumer Sciences Annual Session - National Conference, Baltimore, MD. 2000.
FSENP/EFNEP Tri-State Conference – Sharing our Strengths in Idaho, Oregon, and Washington, Boise, ID. 2000.
Portland – Pacific Northwest 4H/FCS Conference, Portland, OR. 2000.
Diabetes Education Training, Pocatello, ID. 2000.
Idaho Dietetics Association State Conference, Change Behavior in Individuals with Diabetes, Pre-conference Workshop, Pocatello, ID. 2000.
Humphrey's Diabetes Center Diabetes Education. Boise, ID. 2000.

Outreach:

University of Idaho Margaret Ritchie School of Family & Consumer Sciences 120th Anniversary Symposium, September 16, 2022.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2022.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Virtual. 2021.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Virtual. 2020.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2018.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2016
University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2014.

University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2013.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2011.
ENP State Meeting, Boise, ID. 2010.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Burley, ID. 2010.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Boise, ID. 2008.
District 1 Extension Nutrition Program 6th Annual Mini-Conference, Coeur d'Alene, ID. 2007.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Moscow, ID. 2007.
District 1 Extension Nutrition Program Fifth Annual Mini-Conference, Coeur d'Alene, ID. 2006.
District 1 Extension Nutrition Program Fourth Annual Mini-Conference, Coeur d'Alene, ID. 2005.
ENP State Conference for Nutrition Advisors, Twin Falls, ID. 2004.
University of Idaho College of Agriculture and Life Sciences Annual Conference, Boise, ID. 2004.
District 1 Extension Nutrition Program Third Annual Mini-Conference, Coeur d'Alene, ID. 2004.
4th Annual Governor's Roundtable for Families and Children, Coeur d'Alene, ID. 2003.
District 1 Extension Nutrition Program Second Annual Mini-Conference, Coeur d'Alene, ID. 2003.
University of Idaho All College Annual Conference, Moscow, ID. 2002.
ENP State Conference for Nutrition Advisors, Boise, ID. 2002.
District 2 Extension Nutrition Program Mini-Conference, Boise, ID. 2002.
UI Evaluation Training, Sandpoint, ID. 2002.
Logic Model Training, Coeur d'Alene, ID. 2001.
District 1 Extension Nutrition Program First Annual Mini-Conference, Coeur d'Alene, ID. 2001
ENP State Meeting, Boise, ID. 2001.
ENP District I and II Planning Meeting, Boise, ID. 2001.
University of Idaho All College Annual Conference, Sun Valley, ID. 2001.
ENP State Meeting, Boise, ID. 2000.
ENP State Meeting, Boise, ID. 2000.
Team Nutrition Training, Boise, ID. 2000.
University of Idaho All College Annual Conference, Moscow, ID. 2000.
Master Food Preserver Train the Trainer, Burley, ID. 2000.
Team Nutrition Training, Boise, ID. 2000.
4H Curriculum Meeting, Boise, ID. 2000.
District 1 Faculty Meeting - Strategic Planning Session, Boise, ID. 1999.
New Extension Faculty - Staff Orientation - Moscow, ID. 1999.
District 1 4H Training - Moscow, ID. 1999.
Healthy People...Healthy Communities Task Force Meeting, Boise, ID. 1999.

In-Service Education:

Family & Consumer Sciences In-Service Training, Moscow, ID. 2011.
Family & Consumer Sciences In-Service Training, Burley, ID. 2010.
Family & Consumer Sciences In-Service Training, Moscow, ID. 2008.
Family & Consumer Sciences In-Service Training, Moscow, ID. 2007.
Family & Consumer Sciences In-Service Training, Coeur d'Alene, ID. 2006.
Family & Consumer Sciences In-Service Training, Moscow, ID. 2004.
Extension Faculty In-Service, Boise, ID. 2000.
Family & Consumer Sciences In-Service Training, Boise, ID. 2000.
Extension Faculty In-Service, Boise, ID. 1999.
Family & Consumer Sciences In-Service Training, Boise, ID. 1999.

Administration/Management:

Hiring and Firing, North Idaho College Workforce Training Center, Post Falls, ID. 2004.
Interviewing Techniques, North Idaho College Workforce Training Center, Post Falls, ID. 2004.