# **COMPOSTING GUIDE**

Composting keeps food waste out of landfills and turns it into a fertile soil additive that helps plants thrive.

#### WHY THIS MATTERS









## **HOW TO COMPOST**

### COMPOST

FRUITS & VEGETABLES

**MEAT** 

**DAIRY** 

**BREAD & BAKED GOODS** 

**COFFEE GROUNDS** 

**EGG SHELLS** 

PAPER GOODS

**BIOPLASTICS** 

### **TRASH**

**PLASTIC** 

**METAL** 

LIQUID

FATS & OILS

**BONES > 2 INCHES** 

**STICKERS** 

**RUBBER BANDS** 

**WAX PAPER** 



